

Glossary

Ammonia

A colourless gas with a strong pungent smell which allows it to be noticed at low concentrations. At higher concentrations it irritates the eyes and nose and at very high concentrations, it causes difficulty in breathing

Breeding

Laying eggs or bearing young

Combustible material

Any substance that will burn easily such as wood, paper, cloth, etc.

Contaminate

To make a clean source like food or water dirty with pathogens, sewage, rubbish, etc.

Decompose

To decay or rot

Dehydration

Loss of water and other essential liquids from the body

Dispose

To throw away

Extinguish

To put out or quench e.g. a fire

Infect

To introduce pathogens or germs into the body.

Landfill

A large area onto which garbage is dumped

Methanol

A clear colourless flammable liquid. Harmful effects arise from breathing excessive quantities of the vapours from methanol

Offspring

The young of any plant or animal.

Organic waste

Any waste that comes from living things, that is animals and plants. Organic waste is a good source of carbon

Pathogens

Bacteria, viruses or protozoa which cause diseases. Pathogens are also loosely called germs

Saffir-Simpson Scale

The system developed by Saffir and Simpson used for classifying hurricanes according to the wind speed.

Class 1 : 74 - 95 miles per hour (mph)

Class 2 : 96 - 110 mph

Class 3 : 111 - 130 mph

Class 4 : 131 - 155 mph

Class 5 : over 155 mph

Classes 3 - 5 are classified as intense hurricanes

Sanitary landfill

A large area onto which garbage is dumped and covered up

Sewage

Urine and faeces from the toilet plus sullage

Sullage

Dirty waster that remains after bathing, washing clothes, preparing food, washing dishes and cleaning up

Vectors

Animals such as mosquitoes, flies, cockroaches and rats which can carry pathogens (germs) to humans and cause illness

References

Water

“A manual for the management of Cholera”. Prepared by the Ministry of Health - Trinidad Public Health Laboratory, National Surveillance Unit in collaboration with the Pan American Health Organization. November 1992

Sanitation

“Human health and sewage contaminated water”. CEHI News , Vol. 5 June 1998

“Package Sewage Treatment Plants in Trinidad and Tobago”. Prepared by Planning Associates Ltd. and Stanley Associates Engineering Ltd. for the Trinidad and Tobago Solid Waste Management Company Ltd. November 1982

“Sewage”. Prepared by the Disposal Services Department of the Trinidad and Tobago Solid Waste Management Company Ltd. 1995

“Existing and proposed pit latrine designs for Trinidad and Tobago”. Prepared by Planning Associates Ltd. and Stanley Associates Engineering Ltd. for the Trinidad and Tobago Solid Waste Management Company Ltd. July 1982

“The design of ventilated improved pit latrines”. D. Duncan Mara, Technology Advisory Group, TAG Technical Note No. 13; United Nations Development Programme/World Bank

Vector Control

“Insect and rodent control through environmental management – a community action programme”. Published by the World Health organization in collaboration with the United Nations Environment Programme. 1991

“Dengue Fever” Prepared by the Insect Vector Control and Health Education Division of the Ministry of Health, Trinidad and Tobago

“*Aedes Aegypti* Booklet”. Prepared by the Insect Vector Control and Health Education Division of the Ministry of Health, Trinidad and Tobago

“Vector Control - methods for use by individuals and communities”. Prepared by Jan A. Rozendaal for the World Health Organization, 1997

“Rodent control made simple”. Prepared by the Health Education Division of the Ministry of Health, Trinidad and Tobago

Food Safety

“Food safety bulletins”. Prepared by the Arima Borough Council, Public Health Department

“How to guard against diseases spread by food and water”. Prepared by the Health Education Division of the Ministry of Health, Trinidad and Tobago

“Stop Cholera – be street wise”. Prepared by the Ministry of Health Trinidad and Tobago and the Pan American Health Organization

“Cholera”. Prepared by the Public Health Department of San Fernando, The Trinidad and Tobago Medical Association and the Lions Club of San Fernando

“Your health is in your hands – stop Cholera”. Prepared by the Ministry of Health Trinidad and Tobago and the Pan American Health Organization/World Health Organization

Solid Waste

“Disposal Services Info – Sanitary Landfill Site”. Prepared by the Trinidad and Tobago Solid Waste Management Company Limited (SWMCOL)

“SWMCOL’s operations at Forres Park, Beetham and Guanapo Landfill Sites”. Prepared by the Trinidad and Tobago Solid Waste Management Company Limited (SWMCOL)

“ Wasting less – a consumer’s guide”. Prepared by the Trinidad and Tobago Solid Waste Management Company Limited (SWMCOL)

“Glass recycling and composting”. Prepared by the Trinidad and Tobago Solid Waste Management Company Limited (SWMCOL)

“Recycling”. Prepared by the Trinidad and Tobago Solid Waste Management Company Limited (SWMCOL)

“Household Hazardous waste”. Prepared by John Crowell, City of Davis Garbage Guide, Public Works Department. 1995

“Handling wastes – household cleaning and maintenance”. Prepared by Shirley Niemeyer, extension specialist of the home environment and Kathleen Heiden, graduate student, UN-L. NF94-191

“On-site composting – a do-it-yourself backyard composting application”. Prepared by Joth Singh PhD; CEHI News, Vol. 4, July 1997

Natural Disasters

“Floods – how prepared are you?” Prepared by the National Emergency Management Agency of Trinidad and Tobago

“How prepared are you for a hurricane?” Prepared by the National Emergency Management Agency of Trinidad and Tobago

“Earthquakes”. Prepared by the National Emergency Management Agency of Trinidad and Tobago

“The role and function of the National Emergency Management Agency”. Prepared by the National Emergency Management Agency of Trinidad and Tobago

“Community disaster preparedness and response”. Prepared by the National Emergency Management Agency of Trinidad and Tobago

“Shelters and shelter management”. National Emergency Plan and Instructions for Disaster Situations 1998-1999

“Your family disaster plan”. Prepared by the National Emergency Management Agency of Trinidad and Tobago

Emergencies

“Evacuation procedure for homes and schools”. Prepared by the Trinidad and Tobago Fire and Ambulance Service.

“Classes of fire”. Prepared by the Trinidad and Tobago Fire and Ambulance Service.

“Fire prevention practices”. Prepared by the Trinidad and Tobago Fire and Ambulance Service.

“Emergency guide – personal action guide for community emergencies”. Prepared by Peter Hoyle – Safety Consultant, Hydro Agri Trinidad Limited, Kenneth Noel, Chief Fire and Safety Officer, Trinidad and Tobago Methanol Company Limited and Roger Bolai, PLIPDECO.

Important telephone numbers

National Emergency Management Agency (NEMA)

Emergency 623-8004
Administration 623-1943

Red Cross Ambulance

Port-of-Spain 627-8215/8218/8214
San Fernando 652-2024

St. John Ambulance

Port-of-Spain 627-7792
San Fernando 652-4989

Solid Waste Management Company Limited

Administration 625-6678-80

Service	Red Hill	La Fillette	Lisas Gardens
Fire Ambulance	667-3148/2909 Arima 662-4707 Tunapuna	625-3223/3223 POS	636-2255/2864
Hospitals	667-3503 Casualty Arima	623-2951-2 623-2954 POS	636-3604 Casualty
Health Centres	667-4715 Arima 642-1065 Arouca	669-4118 Blanchisseuse	636-2300 Couva
Regional Corps	667-7160/7181 Arima Borough Corp.	662-226/1617 Tunapuna/Piarco	636-3875 636-1717

AIDS Hotline 625-0646
Domestic Violence Hotline 880-7283
Drugs Hotline 627-3527

This manual belongs to

We live at

Telephone

Emergency Numbers

Police: 999
Fire: 990
Ambulance: 990

Other Important Numbers

School: _____

Doctor: _____

Health Centre: _____

Ambulance Service: _____

