

URUGUAY

Uruguay also uses the CENEXA Education Program, which is PEDNID-LA with adaptations for local conditions. The program is geared to people with type 2 diabetes and their families. The educational team consists of medical professionals, nutritionists, nurses, foot specialists, and psychologists.

The program is offered in an organized form on an outpatient basis, 3 days per month, at the Diabetics Association of Uruguay. The First Spanish Association Socorro Mutual, the House of Galicia, the Assistance Center of the Medical Union of Uruguay, and other entities in the interior of the country, whose method of applying the program is not known, also offer it.

The Technical Advisory Commission of the Diabetics Association of Uruguay has evaluated this program and this evaluation has reached optimal levels. No information

is available about the publication of this evaluation.

For more information, contact:

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