

Messages Developed for Hurricane Iris Health Education Intervention

Message #1

THIS IS A PUBLIC HEALTH ADVISORY:

ATTENTION: Everyone affected by hurricane IRIS, and those going out to the communities to assist in the Southern Districts. Kindly take note that it is highly possible that you may get affected by diarrhoea during this time. To protect you, your family and your community it is important that you take the following precautions.

ALWAYS PRACTICE GOOD HYGIENE.

- ❖ Use only bottled, treated or boiled water for drinking and cooking
- ❖ Store uncooked food safely and avoid eating raw foods;
- ❖ Dispose of stool and other wastes properly;
- ❖ Wash hands before eating, after using the toilet and before handling food;
- ❖ Should you or anyone in your family get diarrhea, go to your community nurses Aide or the nearest health Center Immediately.
- ❖ Remember, **ALWAYS PRACTICE GOOD HYGIENE.**

Message from the Ministry of Health, The Pan American Health Organization (PAHO) and this station

Message # 2

THIS IS A PUBLIC HEALTH ADVISORY:

ATTENTION: Everyone affected by hurricane IRIS and those going out to the communities to assist in the Southern Districts. Kindly take special note that it is highly possible that you may be affected by diarrhoea at this time. To protect you, your family and your community it is important that you take the following precautions.

ALWAYS PRACTICE GOOD HYGIENE and should you or anyone in your family get diarrhoea, Use the packets of Oral Rehydration Salts (ORS) provided at your health post, health Center or hospital. Please make sure to use treated water.

You can get instructions for the preparation of ORS from a health educator, community nurses aide or nurse stationed at the Health Center or health Post.

Remember to prevent Diarrhea, **ALWAYS PRACTICE GOOD HYGIENE.**

Message from the Ministry of Health, The Pan American Health Organization (PAHO) and this station

Message # 3

THIS IS A PUBLIC HEALTH ADVISORY:

ATTENTION- Everyone affected by hurricane IRIS and those going out to the communities to assist in the Southern Districts. Kindly take special note that it is highly possible that water and food could easily become contaminated and cause you to get sick during this time. To protect you, your family and your community it is important that you take the following precautions.

ALWAYS PRACTICE GOOD HYGIENE

- ❖ Dispose of wastes properly.
- ❖ Use a latrine; avoid using the “bush”.
- ❖ Wash hands properly with soap and water after using the latrine, after changing baby’s diaper and before handling food.

- ❖ Burn or bury garbage daily or as often as possible
- ❖ Community Leaders, Alcaldes, community nurses Aides and other kindly assist in making sure that these practices are carried out.

Remember **ALWAYS PRACTICE GOOD HYGIENE**

Message from the Ministry of Health, The Pan American Health Organization (PAHO) and this station

Message # 4

THIS IS A PUBLIC HEALTH ADVISORY:

ATTENTION- Everyone affected by Hurricane Iris, and those going out to assist in the Southern Districts. Kindly take special note that it is highly possible that water sources may be contaminated at this time. To protect you, your family and your community it is important that you take the following precautions.

ALWAYS PRACTICE GOOD HYGIENE:

- ❖ If you do not have bottled water, treat all drinking and cooking water by adding ½ tsp Clorox to 5 gallons or 1 pigtail bucket of water
- ❖ For storage wash water container with soap and water.
- ❖ Should anyone in your family becomes ill, contact your nearest Community Nurses Aide or Health Center for help.
- ❖ Remember, **ALWAYS PRACTICE GOOD HYGIENE.**

Message from the Ministry of Health , The Pan American Health Organization (PAHO) and this station

Message # 5

THIS IS A PUBLIC HEALTH ADVISORY:

ATTENTION- Everyone affected by hurricane IRIS and those going out to assist in the Southern Districts. Kindly take special note that there is increased risk of suffering from injuries from flying or fallen objects like trees, boards with nails, zinc, cable and wires, poison ivy (poison bush). To protect you, your family and your community it is important that you take the following precautions.

- ❖ Everyone should wear shoes and slippers at all times;
- ❖ Clear fallen debris as soon as possible;
- ❖ Wear shirts with sleeves and long pants when going to the bush;
- ❖ Report the need for clearing big fallen objects to your community leaders.
- ❖ Should you become injured in any way go to your nearest health post, health center or visiting medical team immediately for treatment.

Message from the Ministry of Health, the Pan American Health Organization (PAHO) and this station