# Disability considerations during the COVID-19 outbreak

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#### Disability in the Americas

• **12-15%** of population

• 33/35 countries have ratified the UN Convention on the Rights of Persons with Disabilities (+UK, Netherlands, France).

- Article 11 Situations of risk and humanitarian emergencies:
  - "all necessary measures to ensure the protection and safety of persons with disabilities in situations of risk"
- Article 25 Health:
  - "right to the enjoyment of the highest attainable standard of health without discrimination"



#### Disability and COVID response

- Emerging concern over people with disability
- Recommendations and statements from organizations, agencies
- WHO considerations document (version 1) launched – 23<sup>rd</sup> March
- Translated to Spanish and Portuguese - 25<sup>th</sup> March



#### Disability considerations during the COVID-19 outbreak

In March 2020 the World Health Organization (WHO) declared the outbreak of a novel coronavirus disease, COVID-19, to be a pandemic, due to the speed and scale of transmission.

WHO and public health authorities around the world are taking action to contain the COVID-19 outbreak. Certain populations, such as those with disability, may be impacted more significantly by COVID-19. This impact can be mitigated if simple actions and protective measures are taken by key stakeholders.



### People with disability and COVID-19

## May be at greater risk of contracting COVID-19:

- Barriers to accessing public health information.
- Barriers to implementing basic hygiene measures, such as handwashing
- Difficulty in enacting social distancing
- The need to touch things to obtain information from the environment or for physical support;

# May be at greater risk of developing more severe cases

- exacerbating existing health conditions, particularly those related to:
  - respiratory function,
  - immune system function,
  - heart disease or diabetes;

Barriers to accessing health care.



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"This impact can be mitigated if simple actions and protective measures are taken by key stakeholders".



#### Actors Targeted in the Document

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People with disability and their household

Governments

Health-care workers

Disability service providers

**5.** 

Community

## People with disability and their household

1. Reduce your potential exposure to COVID-19

- 2. Put a plan in place to ensure continuation of the care and support you need
- 3. Prepare your household for the instance you should contract COVID-19
- 4. The mental and physical health of household members and caregivers



#### Governments

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- 1. Ensure public health information and communication is accessible
- 2. Undertake targeted measures for people with disability and their support networks
- 3. Undertake targeted measures for disability service providers



#### Health care workers

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1. Ensure COVID-19 health care is Accessible, Affordable and Inclusive

2. Deliver telehealth for people with disability



#### **Disability Service Providers**

- 1. Develop and implement service continuity plans
- 2. Communicate frequently with people with disability and their support networks
- 3. Reduce potential exposure to COVID-19 during provision of disability services
- 4. Provide sufficient support for people with disability who have complex needs



#### Community

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- 1. Basic protection measures to be adopted by the general public
- 2. Flexible work arrangements and infection control measures to be supported by employers
- 3. Increased access to stores to be provided by store owners for vulnerable populations
- 4. Extra support to be provided by family, friends and neighbors for a person with disability

**Organization** 

#### 5 practical messages for health community:

- 1. Coordinate actions with Disabled People's Organisations and disability leaders.
- 2. Plan now and prepare engage sign language interpreters, closed captioning providers and other disability expert providers for inclusive messaging.
- 3. Ensure facilities are accessible, staff are trained and will not discriminate against people with disability.
- 4. Ensure COVID-19 testing for people with disability, household and caregivers.
- 5. Where possible, collect data on people with disability within surveillance.

