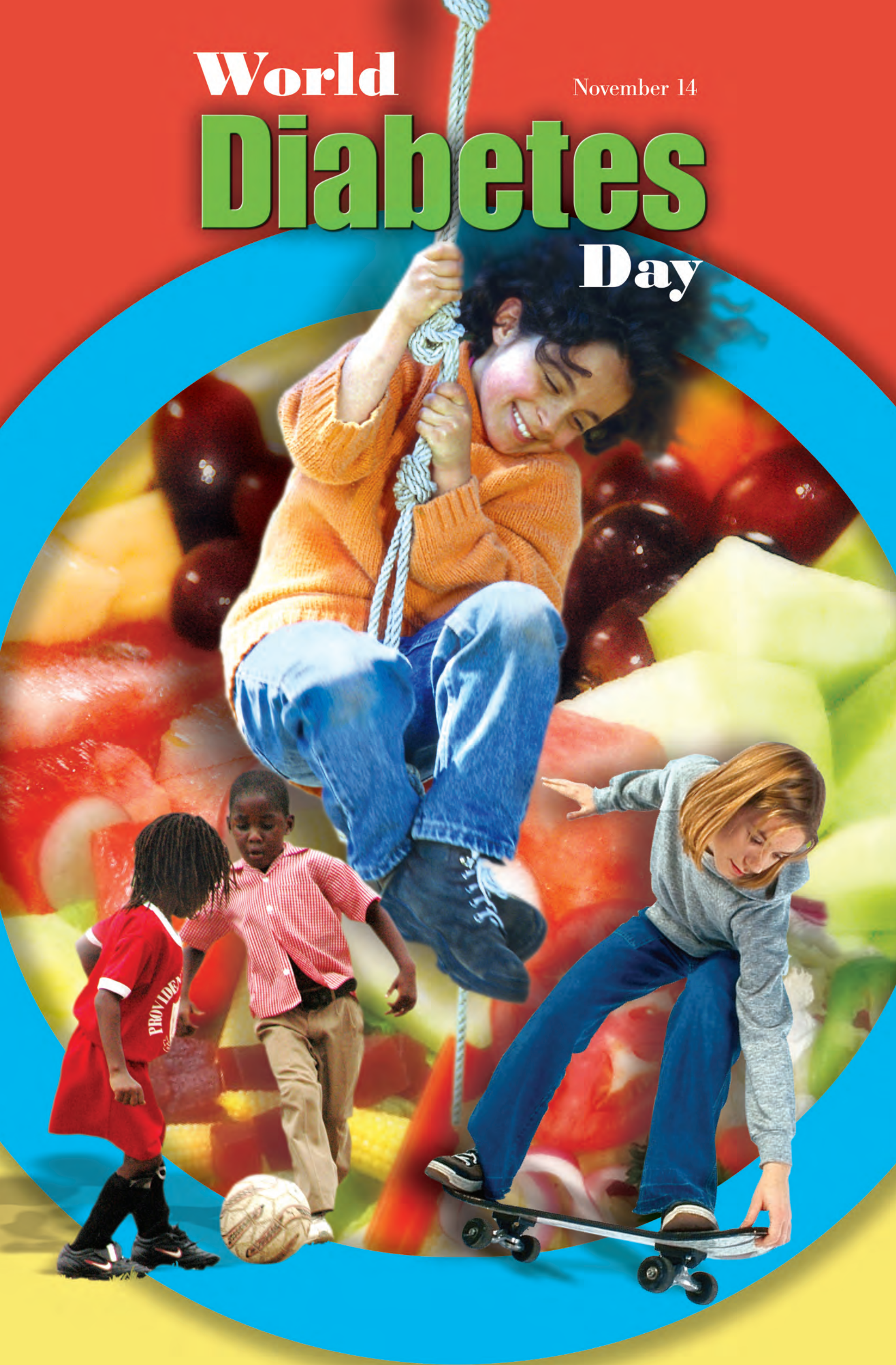


World

November 14

Diabetes Day



Diabetes affects children & adolescents

**Type 1 diabetes
can be controlled by:**

- Education
- Following medical advice
- Insulin use

**Type 2 diabetes
can be prevented through:**

- Weight control

Be active, eat healthy

<http://www.paho.org>



**Pan American
Health
Organization**



Regional Office of the
World Health Organization



world diabetes day