



PAN AMERICAN HEALTH ORGANIZATION- www.paho.org/news
Regional Office of the World Health Organization
U.S.-Mexico Border Office

News and Public Information
Press Release

Community health workers are trained in mental health promotion and prevention in Ciudad Juarez

Cd. Juarez, Mex., July 20. 2011 (PAHO/WHO) – Since 2001, through the *World Health Report*, the World Health Organization (WHO) has increased its efforts to create awareness about the importance of mental health care in the field of public health. Daily, these efforts strengthen worldwide programs, health policy and health practices. In this context, the increasing violence and insecurity that now – resides in Ciudad Juarez, demands specific actions and programs for victim assistance, prevention of risk factors and strengthening community capacity to achieve their development prospects. To this end, community health workers are a useful tool for their ability to impact specific populations whom often lack access to other mental health services.

Therefore it is important that community health workers increase their knowledge of mental health problems most commonly that affect people in their communities, the causes and care facilities and resources available to address this population. Consequently, the Pan American Health Organization / World Health Organization (PAHO / WHO) U.S.-Mexico Border Office (PAHO / WHO) in collaboration with the Center for Development and Therapeutic Care, AC (CEDAT) will conduct a training workshop on promotion and prevention in mental health with a component of early detection of mental disorders for the pipeline and reference to the centers, for: community workers, social workers, health workers who are currently working on prevention and promotion of mental health and psycho-emotional, to be held on:

Monday 25th, Tuesday 26th and Wednesday 27th of July 2011

TENDA DI CRISTO

(Centro Caritativo para Atención de Enfermos de SIDA, A.C.)

9:00 AM - 5:00 PM

C. Fray Antonio de Arteaga 1140

Col. Fray García de San Francisco, C.P. 32606

Cd. Juárez, Chihuahua. Mex.

ABOUT THE WORKSHOP:

PURPOSE: Provide community health workers with the necessary tools for early detection of common mental disorders in the community in order to refer patients to mental health professionals

METHODOLOGY AND EXPECTED RESULTS: The completion of the training process is done through a manual that consists of 9 modules. The contents of the modules are linked together in order to allow the flexibility to deepen into the topics of greatest interest.

At the end of this workshop, the participants will be able to:

1. Define the meaning of diseases or mental health problems in the community from the cultural, social, economic and political community perspective.
2. Identify the most common mental health problems.
3. Identify the mental health problems faced by populations in situations of violence and traumatic events.
4. Identify and describe treatments and therapists whom people seek in search of mental health services.
5. Identify and describe the mental health services' alternatives in the community, based on both clinical and cultural traditions.
6. Identify the stereotypes that exist in the community about people with mental health problems and identify ways to deal with negative stereotypes in our communities.

RELATED LINKS

- **World Health Organization – Mental Health**
http://www.who.int/topics/mental_health/en/index.html
- **Pan American Health Organization – Mental Health**
http://new.paho.org/hq/index.php?option=com_content&task=view&id=192&Itemid=259&lang=en

The Pan American Health Organization, founded in 1902, works with all the countries of the Americas to improve the health and quality of life of their peoples. It serves as the Regional Office of the World Health Organization (WHO). PAHO/WHO United States-Mexico Border Office was established in 1942, it continues to facilitate and promote border collaboration with public and private binational institutions and entities involved in improving the health of the population at the Border.

CEDAT is a Civil Association, nonprofit, formed ten years ago by mental health specialists concerned with community development. Since then, the organization implements community intervention programs, training and institutional strength aimed at developing capacities for prevention and therapy care.

For more information please contact:

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