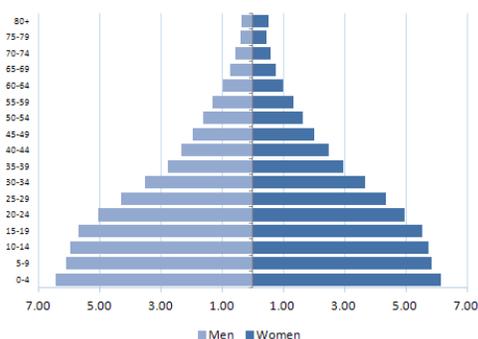


HONDURAS

SOCIODEMOGRAPHIC INDICATORS¹



- **Total population:** 7,754,100
- **Average annual deaths:** 37,500
- **Life expectancy at birth (years):**
Total: 73 Male: 71 Female: 76
- **Adult literacy rate:** 83.6%
- **Gross national income US\$ per capita:** 1,800

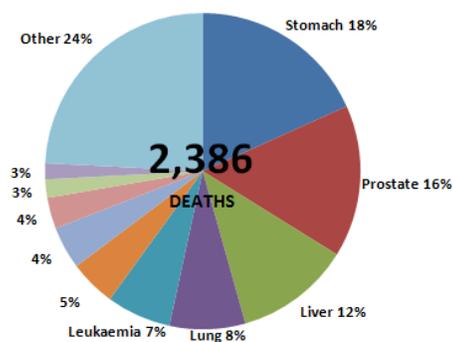
RISK FACTORS

Prevalence of:	Total (%)	Male (%)	Female (%)
Current tobacco smokers among adults ²
Current use of any tobacco product among youth ^{2,a}	20.4	22.8	18.2
Fruit and vegetable intake in adults ^{1,b}
Alcohol consumers, past 12 months ³
Low physical activity in adults ^{1,c}
Obesity among adults (BMI ≥ 30) ¹	19.3	15.5	24.5
HPV prevalence (women with normal cytology) ⁴	36.8

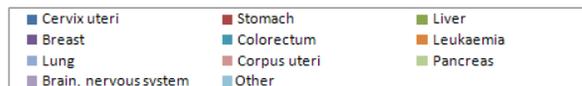
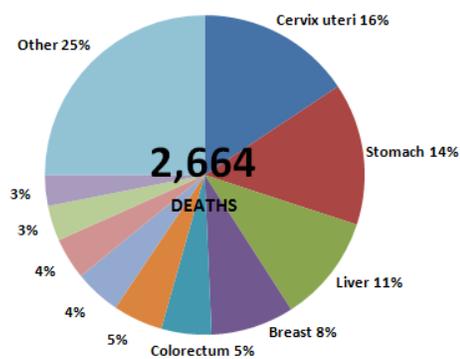
Notes: a: Subnational data from Global Youth Survey, Tegucigalpa, 2003; b: % who eat 5 or more servings of fruit and vegetables per day; c: % who are physically active for <600 met minutes; BMI: Body Mass Index; HPV: Human Papillomavirus.

CANCER MORTALITY PROFILE (2012)⁵

MEN



WOMEN



*Note: Mortality data for Honduras are not available to PAHO, thus a mortality trend analysis was not possible.

CANCER PLANS AND CANCER REGISTRATION⁶

National integrated NCD policy, strategy or action plan	
Is there a national integrated NCD policy, strategy or action plan?	No
Is cancer included in the overall NCD plan?	N/A
First year of implementation	N/A
Cancer policy, strategy or action plan	
Is there a cancer policy, strategy or action plan?	Yes
First year of implementation	2010
Cancer registry	
Is there a cancer registry?	Yes
Scope (national vs. subnational)?	National
Type of registry (population vs. hospital based)?	Hospital based
Last year with available data	2004

CANCER PRIMARY PREVENTION POLICIES

Tobacco control²	
Smoke free environments?	All public spaces are completely smoke free
Raised taxes on tobacco?	Taxes are 34% of the final price
Health warning labels about the dangers of tobacco?	Large warning with all appropriate features
Bans on tobacco advertising, promotion and sponsorship?	Ban on national television, radio and print media and on some but not all forms of direct and/or indirect advertising
Overweight and obesity prevention and control⁶	
Is there a policy, strategy or action plan for reducing overweight/obesity? (First year of implementation)	No
Harmful use of alcohol prevention and control⁶	
Is there a policy, strategy or action plan for reducing harmful use of alcohol? (First year of implementation)	No
HPV vaccination in national immunization program?⁷	
Year of introduction/target age group/delivery strategy	N/A
Estimated 3-dose coverage (calendar year)	N/A
HBV vaccination in national immunization program?⁷	
Year of introduction/target age group	1999/newborn-2m-4m-6m; risk groups
Estimated 3-dose coverage (2012)	88%

CANCER SCREENING

Cervical cancer	
Guidelines	
Are there cervical cancer screening guidelines available? ⁸	Yes (1998)
Guideline recommendations (tests/age groups/frequency) ⁹	Pap test/30-59 years of age/every 3 years following 2 consecutive normal annual Pap tests
Availability and coverage of screening services	
Cervical cytology⁶	Generally available in the public and the private sectors
Visual inspection with acetic acid⁶	Generally not available in the public and the private sectors
Screening coverage⁹	41.84% of target population

CANCER SCREENING	
Breast cancer	
Guidelines	
Are there breast cancer screening guidelines available?	...
Guideline recommendations (tests/age groups/frequency)	...
Availability and coverage of screening services	
Clinical breast examination⁶	Generally available in the public and the private sectors
Mammography⁶	Generally not available in the public sector and generally available in the private sector
Screening coverage	...
Colorectal cancer	
Guidelines	
Are there colorectal cancer screening guidelines available?	...
Guideline recommendations (tests/age groups/frequency)	...
Availability and coverage of screening services	
Fecal occult blood test or fecal immunological test⁶	Generally not available in the public sector and generally available in the private sector
Exam or colonoscopy⁶	Generally not available in the public sector and generally available in the private sector
Screening coverage	...

CANCER TREATMENT AND PALLIATIVE CARE			
Radiotherapy¹⁰		Oral morphine⁶	
Availability of services in the public health sector? ⁶	Generally available	Availability in the public health sector?	Generally not available
Total energy teletherapy units/million inhabitants	1.0	Covered by health insurance or publically funded?	No
Total radiotherapy centers	5	Appears in the national list of essential medicines?	No
Radiation oncologists	4	Opioid consumption¹¹	
Medical physicists	3	Total morphine equivalence, per capita	0.63
Chemotherapy⁶		Community/home care⁶	
Availability of services in the public health sector?	Generally available	Are community/home care services available in the public sector for people with advanced stages of NCDs?	Generally not available

Notes: ...: Information not available; N/A: Not applicable; m: months.

Sources:

- (1) PAHO/WHO. Non communicable Diseases in the Americas: Basic Health Indicators 2011. Washington D.C, USA, 2011.
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- (8) Ministry of Health of Honduras. Manual de Normas y Procedimientos para la Prevención y Control de Cáncer Cervico Uterino. 1997.
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- (10) WHO/IAEA Directory of Radiotherapy Centers (DIRAC) Database, retrieved August 28, 2013 from <http://www.naweb.iaea.org/nahu/dirac/>.
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