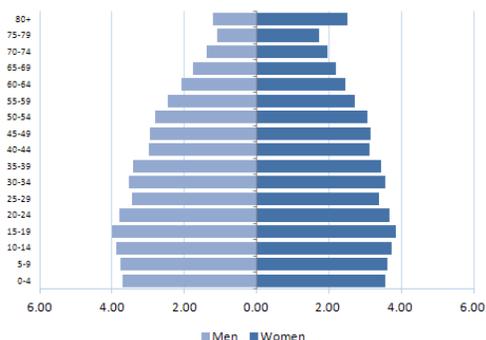


URUGUAY

SOCIODEMOGRAPHIC INDICATORS¹



- **Total population:** 3,380,000
- **Average annual deaths:** 31,300
- **Life expectancy at birth (years):**
Total: 77 Male: 74 Female: 81
- **Adult literacy rate:** 98.3%
- **Gross national income US\$ per capita:** 9,010

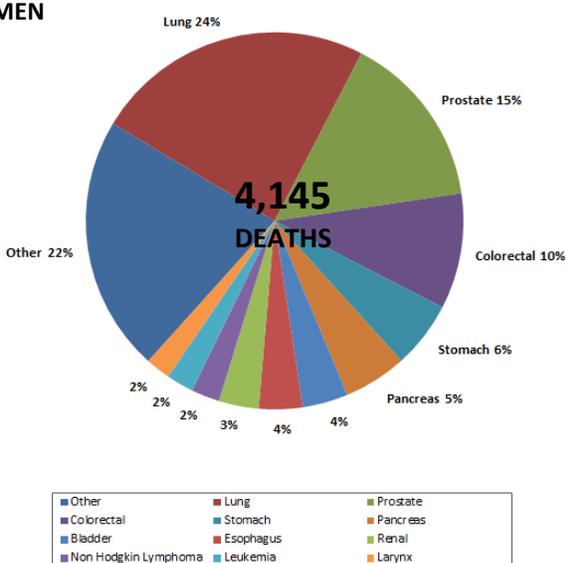
RISK FACTORS

Prevalence of:	Total (%)	Male (%)	Female (%)
Current tobacco smokers among adults ^{2,a}	25.0	29.0	21.0
Current use of any tobacco product among youth ²	23.2	21.4	24.5
Fruit and vegetable intake in adults ^{1,b}	15.1	14.9	15.1
Alcohol consumers, past 12 months ³	47.0	59.2	36.3
Low physical activity in adults ^{1,c}	35.1	29.0	40.7
Obesity among adults (BMI ≥ 30) ¹	19.9	19.4	20.5
HPV prevalence (women with normal cytology) ⁴

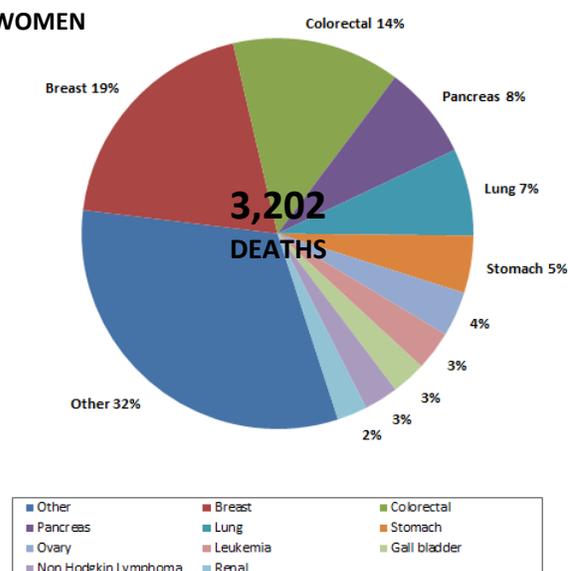
Notes: a: age-standardized prevalence of tobacco smoking in adults (15 years+), 2011; b: % who eat 5 or more servings of fruit and vegetables per day; c: % who are physically active for <600 met minutes; BMI: Body Mass Index; HPV: Human Papillomavirus.

CANCER MORTALITY PROFILE (2009)⁵

MEN



WOMEN



*Note: Cancer mortality data for Uruguay are only available to PAHO for 2000-2001, 2003-2004 and 2009, thus a mortality trend analysis was not possible.

CANCER PLANS AND CANCER REGISTRATION⁶

National integrated NCD policy, strategy or action plan	
Is there a national integrated NCD policy, strategy or action plan?	Yes
Is cancer included in the overall NCD plan?	Yes
First year of implementation	2005
Cancer policy, strategy or action plan	
Is there a cancer policy, strategy or action plan?	Yes
First year of implementation	2006
Cancer registry	
Is there a cancer registry?	Yes
Scope (national vs. subnational)?	National
Type of registry (population vs. hospital based)?	Population based
Last year with available data	2008

CANCER PRIMARY PREVENTION POLICIES

Tobacco control²	
Smoke free environments?	All public spaces are completely smoke free
Raised taxes on tobacco?	Taxes are 69% of the final price
Health warning labels about the dangers of tobacco?	Large warning with all appropriate features
Bans on tobacco advertising, promotion and sponsorship?	Ban on national television, radio and print media and some but not all forms of direct and/or indirect advertising
Overweight and obesity prevention and control⁶	
Is there a policy, strategy or action plan for reducing overweight/obesity? (First year of implementation)	No
Harmful use of alcohol prevention and control⁶	
Is there a policy, strategy or action plan for reducing harmful use of alcohol? (First year of implementation)	No
HPV vaccination in national immunization program?⁷	
Year of introduction/target age group/delivery strategy	2013/girls aged 12 years/health care facilities
Estimated 3-dose coverage (calendar year)	...
HBV vaccination in national immunization program?⁷	
Year of introduction/target age group	1999/2m-4m-6m-15m; 12 years of age (3 doses, 0-1m-6m); health workers
Estimated 3-dose coverage (calendar year)	95%

CANCER SCREENING

Cervical cancer	
Guidelines⁸	
Are there cervical cancer screening guidelines available?	Yes
Guideline recommendations (tests/age groups/frequency)	Pap/30-64 years of age/every 3 years
Availability and coverage of screening services	
Cervical cytology⁶	
	Generally available in the public and the private sectors
Visual inspection with acetic acid⁶	
	Generally not available in the public sector and generally available in the private sector
Screening coverage⁹	
	55.2% of women aged 18-69 (2003)

CANCER SCREENING

Breast cancer	
Guidelines¹⁰	
Are there breast cancer screening guidelines available?	Yes
Guideline recommendations (tests/age groups/frequency)	CBE/women aged 20-39 years, every 3 years; women aged 40 years and older, annually Mammography/women aged 40 years and older/every 1-2 years
Availability and coverage of screening services	
Clinical breast examination⁶	Generally available in the public and the private sectors
Mammography⁶	Generally available in the public and the private sectors
Screening coverage	...
Colorectal cancer	
Guidelines¹¹	
Are there colorectal cancer screening guidelines available?	Yes
Guideline recommendations (tests/age groups/frequency)	...
Availability and coverage of screening services	
Fecal occult blood test or fecal immunological test⁶	Generally available in the public and the private sectors
Exam or colonoscopy⁶	Generally available in the public and the private sectors
Screening coverage	...

CANCER TREATMENT AND PALLIATIVE CARE

Radiotherapy ¹²		Oral morphine ⁶	
Availability of services in the public health sector? ⁶	Generally available	Availability in the public health sector?	Generally available
Total energy teletherapy units/million inhabitants	5.3	Covered by health insurance or publically funded?	Yes
Total radiotherapy centers	10	Appears in the national list of essential medicines?	Yes
Radiation oncologists	45	Opioid consumption ¹³	
Medical physicists	10	Total morphine equivalence, per capita	5.86
Chemotherapy ⁶		Community/home care ⁶	
Availability of services in the public health sector?	Generally available	Are community/home care services available in the public sector for people with advanced stages of NCDs?	Generally available

Notes: ...: Information not available; N/A: Not applicable; m: months; CBE: Clinical breast examination.

Sources:

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- (10) González-Robledo LM. Acciones gubernamentales para la detección temprana del cáncer de mama en América Latina. Retos a futuro. Salud Publica Mex 2010;52:533-543.
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- (12) WHO/IAEA Directory of Radiotherapy Centers (DIRAC) Database, retrieved August 28, 2013 from <http://www.naweb.iaea.org/nahu/dirac/>.
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