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**Health, for all and all for the health.**

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## 1. Introduction

The idea of the need, to see how the population attends the Center for primary care and hospitals with symptoms of colds, vomiting and diarrhea, especially male infants under five years of age, one of the groups of population at risk. It is important to keep the promotion and prevention through the continuous monitoring of the hygienic habits stressing the practice of washing hands. Keyword: Hygiene Practice

## 2. Methodology

Strengthen the process of hand washing, using the approach logical framework making the (4) four phases: observation, demonstration, execution and evaluation, practicing theoretical and practical sessions with hand washing.



**Figure 1. male infant in demonstration and practical of the process of wash of hands- CEDI-2014**

## 3. Resultados

Strengthen the process of hand washing, is a strategy as a means of prevention of diseases, such as: diarrhea, flu, and infections, which affect populations at risk; being children under five (5) years.

As a sanitary measure to preserve health, for all, all for the health of future generations.

Strengthen the bond of mothers, parents and teachers, with the process of hand-washing, by performing the steps of hand washing in children under five years in schools, inside and outside the home, promoting hygiene constant through the proper steps to wash your hands. It helps to reduce different pollutants factors that can affect the health of children, these being the future generations. Constantly practice the proper steps of hand washing in infants, is a measure of hygiene and conservation of health, for all and all for health.

*Practice hand  
washing*

**Alimentary**

**Physically**

**Mental**

**Social**

**Physicist**

**Environment**

## Ending

The wash of hands, it is a strategy of promotion as intercede spare to safeguard one of the populations in risk that it can affect the environment. Hand washing is a strategy as a means of prevention to protect life, especially among at-risk populations such as infants under age five (5). In addition a very delicate task where the parents and teachers play a role very important and together employ mechanisms, processes to guide the infant and ensure the health, for all; and all for health.