

Community Workshop Learning Objectives

Overall Goal

Participants will receive training to understand the process of dental caries and best practices to prevent dental caries, with a focus on oral health screening and fluoride varnish for infants and young children, and the promotion of fluoride toothpaste beginning with eruption of the first primary tooth. Furthermore, participants will work together to implement a community-based oral health plan.

After completing this workshop, participants will be able to:

1. Identify pathological and protective factors for dental caries.
2. List best practices for caries prevention specific to different age groups.
3. Describe a caries risk analysis for individuals and groups.
4. Perform an oral health screening and fluoride varnish application for infants and toddlers using the principles of infection control.
5. Describe the effectiveness of systemic fluoride and list ways to promote salt fluoride use in Central America.
6. Describe the effectiveness of fluoride toothpaste and fluoride varnish and list ways to promote their use in Central America.
7. Explain appropriate protocols for application of fluoride varnish and PRAT for each age group.
8. Describe ways to improve the effectiveness of oral health education.
9. Discuss the community-based oral health plan that has been agreed upon for your community and list ways to become involved in the prevention of dental caries.
10. Describe your role in the evaluation and sustainability of the community-based oral health plan that has been chosen for your community.