

## **Infection Control for Fluoride Varnish Application**

### **Supplies Needed**

- Paper towels
- Alcohol hand rub
- Gloves
- 2x2 gauze
- Fluoride varnish with applicator
- Child-size toothbrush

### **Set-Up**

1. Clean hands with hand rub or soap and water.
2. Place paper towel on work surface.
3. Set out toothpaste, 2x2 gauze, fluoride varnish with applicator, and gloves on paper towel.

### **Application**

1. Clean hands with hand rub or soap and water.
2. Put on gloves.
3. Open fluoride varnish package and place varnish on applicator.
4. Dry teeth with gauze and paint varnish on all surfaces of the teeth.
5. Give the child the toothbrush.

### **Clean-Up**

1. Wrap used items in paper towel, and dispose in trash.
2. Take off gloves and dispose in trash.
3. Clean hands with hand rub or soap and water.