Saint Lucia - Nursing Students (3rd Year Students Only) Global Health Professions Student Survey (GHPSS)

FACT SHEET .

The Saint Lucia nursing students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during nursing school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing Saint Lucia's comprehensive tobacco control program. The Saint Lucia nursing students GHPSS was a census of 3rd year nursing students attending the 1 nursing school in Saint Lucia that was conducted in 2008. The school response rate was 100% and the student response rate was 90.9%. A total of 30 students participated in the Saint Lucia nursing students GHPSS.

Prevalence

- 33.3% ever smoked cigarettes (Females = 34.5%)
- 0.0% currently smoke cigarettes (Females = 0.0%)
- 10.0% ever used any form of tobacco other than cigarettes (Females = 10.3%)
- 0.0% currently use any form of tobacco other than cigarettes

Factors Influencing Tobacco Use

- 36.7% were exposed to second-hand smoke at home, during the past week.
- 70.0% were exposed to second-hand smoke in public places during the past week.
- 70.4% reported that their school had a ban on smoking in school buildings and clinics.
- 52.9% reported that their school enforced the ban on smoking in school buildings and clinics.
- 96.7% thought smoking should be banned in all enclosed public places.
- 93.3% thought tobacco sales to adolescents should be banned.
- 90.0% thought there should be a complete ban on advertising to bacco products.
- 100.0% were taught about the dangers of smoking during nursing school training.

Role Model and Cessation Training

- 53.3% thought health professionals serve as role models for their patients.
- 100.0% thought health professionals have a role in giving advice about smoking cessation to patients.
- 30.0% received formal training in smoking cessation approaches during nursing school.
- 100.0% thought health professionals should get specific training on cessation techniques.

Highlights

One-third have ever smoked cigarettes and 10.0% have ever used any form of tobacco other than cigarettes.

Seven in 10 were exposed to smoke in public places.

Almost all support a ban on smoking in all enclosed public places.

Three in 10 received training to provide patients with cessation approaches.

All think health professionals should get specific training on cessation techniques to use with patients.