

Global situation and implementation of WHO TM strategy 2014-2023

Dr Zhang Qi
Traditional and Complementary Medicine
Service Delivery and Safety



**World Health
Organization**

Overview of my presentation

- **Global situation in T&CM**
- **WHO TM strategy**
- **Implementation of the strategy**



Traditional and Complementary/ Alternative Medicine



Some international popular systems/modalities of T&CM:

- Anthroposophic Medicine
- Ayurveda Medicine
- Chiropractic
- Homeopathy
- Naturopathy
- Osteopathy
- Traditional Chinese Medicine
- Unani Medicine



Demand and need to T&CM

- Over 100 million Europeans are currently T&CM users, with one-fifth regularly using T&CM and preferring health care which includes T&CM . There are many more T&CM users in Africa, Asia, Australia and North America.
- In China, according to the recent national survey data, 907 million visits to traditional Chinese medicine – 18% of all medical visits; 13.6 million traditional Chinese medicine inpatients – 16% of the total in all hospitals.
- In India, There are 785 185 registered Ayurveda, Yoga, Naturopathy, Unani, Siddha and Homeopathy (AYUSH) practitioners and an estimated one million village-based, traditional AYUSH community health workers.



Demand and need to T&CM

- An extensive number of patients with **multiple sclerosis** resort to complementary and alternative medicine treatments: prevalence of use ranges from **41 percent** in Spain to **70 percent** in Canada and **82 percent** in Australia.
- In China, the top five diseases for admission to traditional Chinese medicine hospitals: **cerebrovascular accident, intervertebral disc displacement, haemorrhoids, ischaemic heart disease and essential hypertension.**

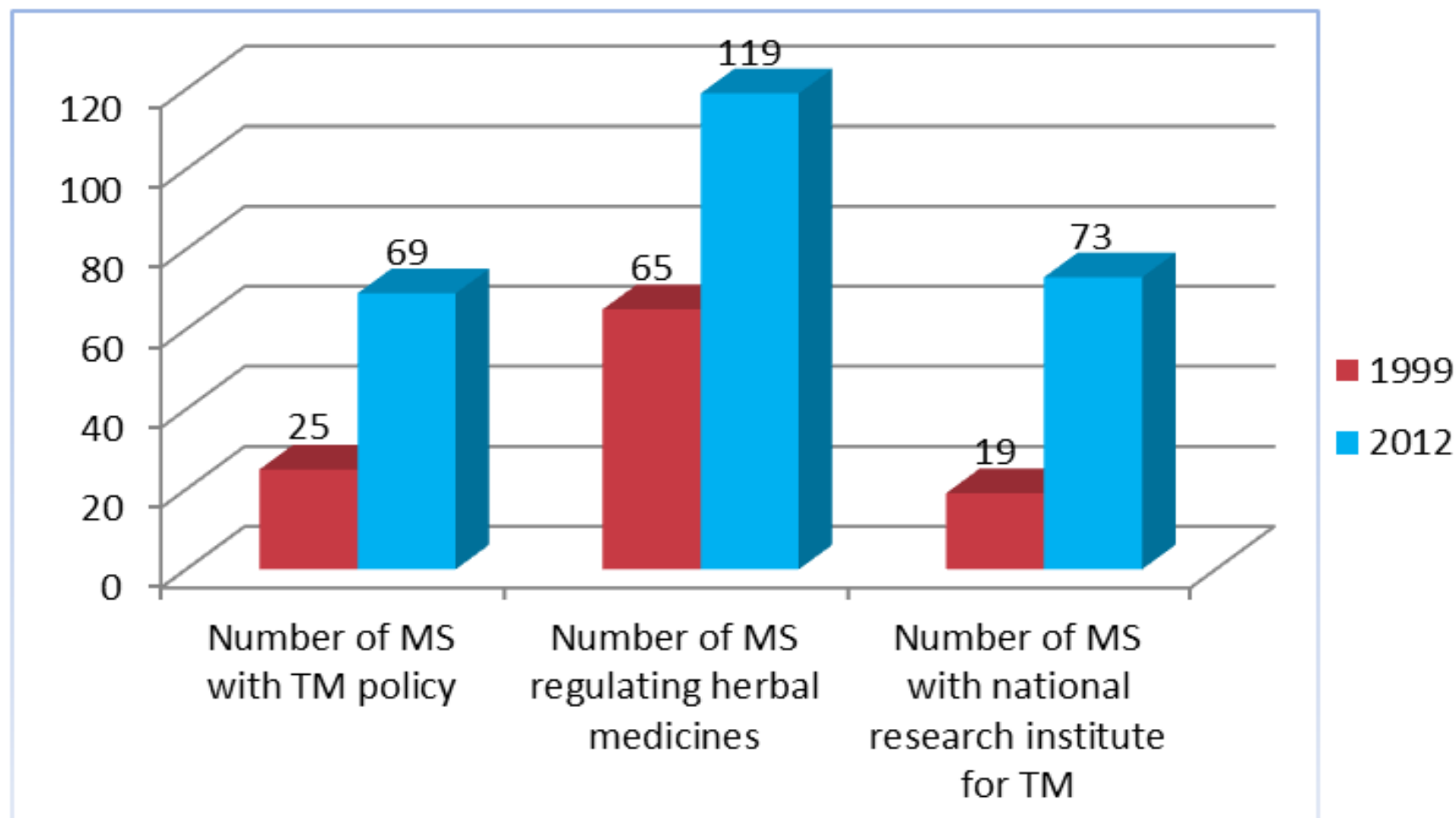


Demand and need to T&CM

Nearly a quarter of all modern medicines are derived from natural products, many of which were first used in a traditional medicine context. TM is thus a resource for primary health care, but also for innovation and discovery.

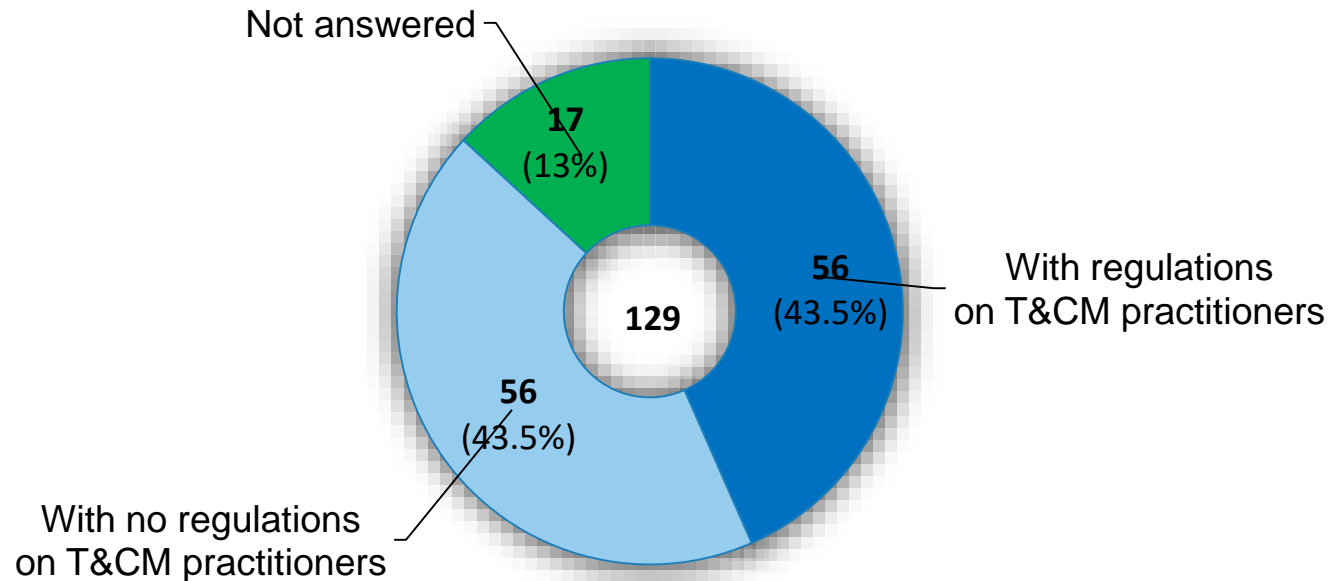


Progress since 2002 in T&CM



Regulation on practitioners in T&CM

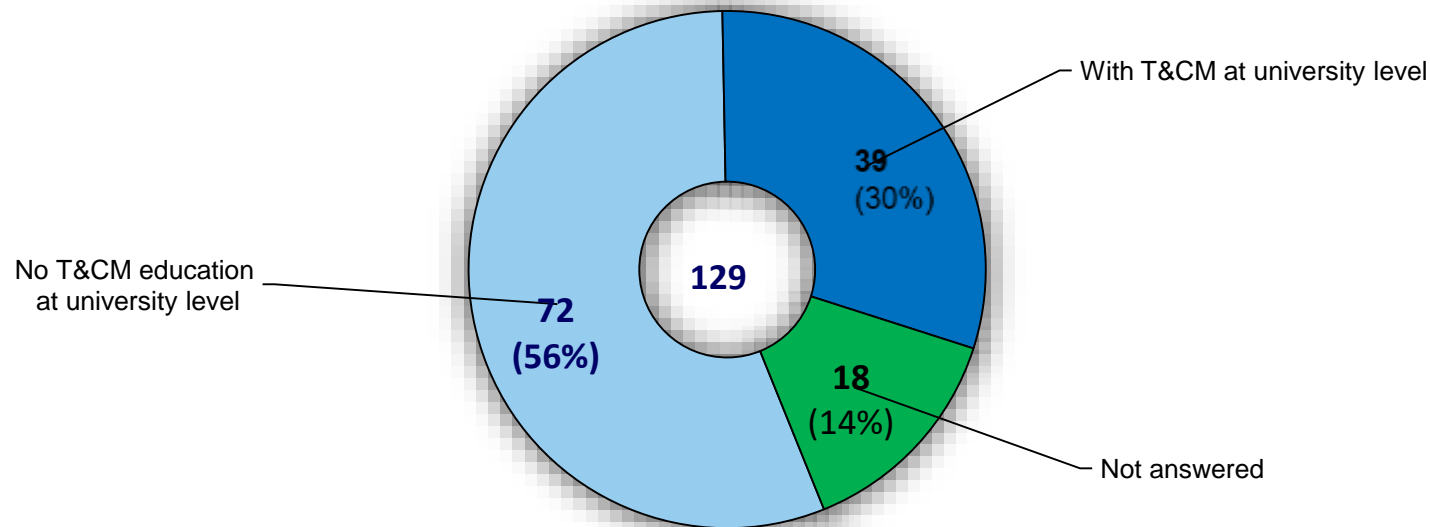
Regulations on T&CM practitioners (129)
Country reports, 2012



Education in T&CM

Member States that provide T&CM education at university level

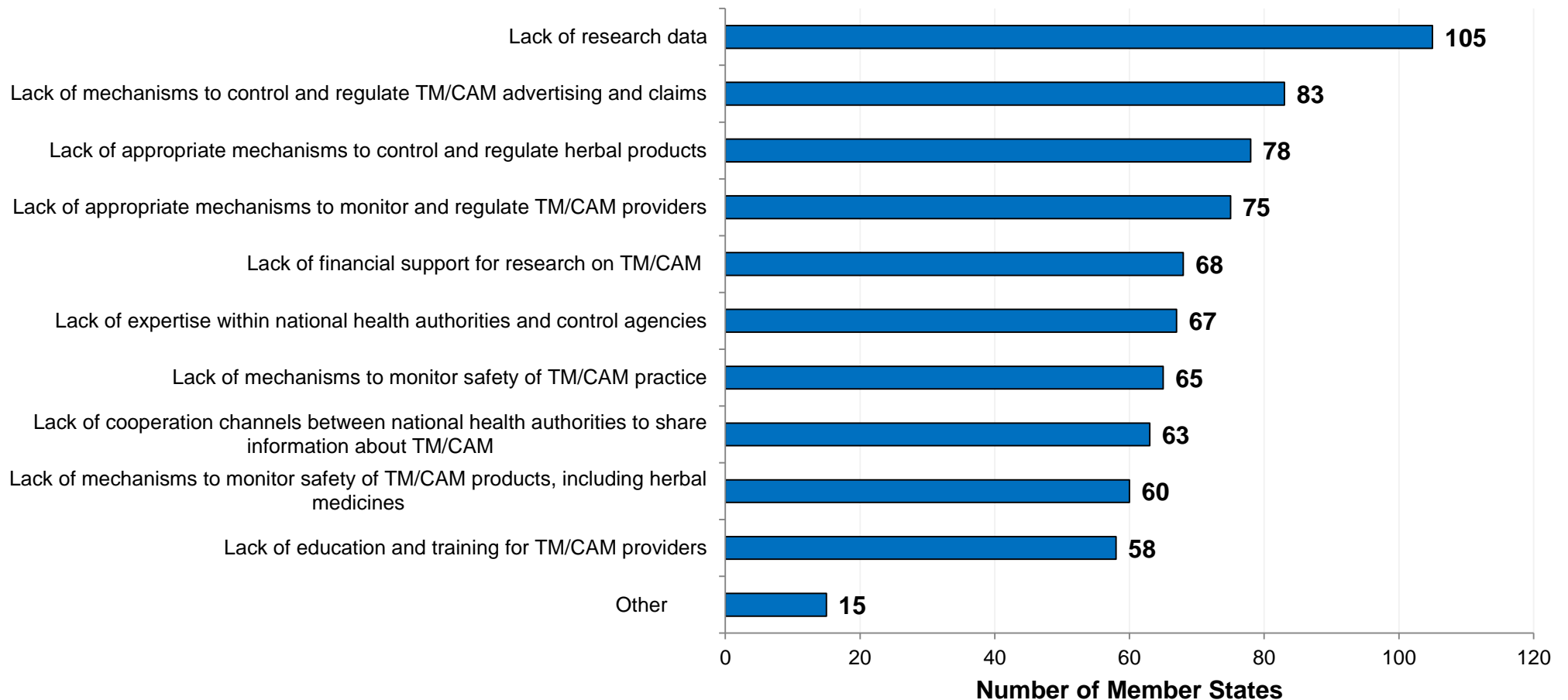
Source: country report



Challenges in T&CM

Difficulties faced by Member States with regard to regulatory issues related to the practice of T&CM, multiple choice (129)

Country reports, 2012



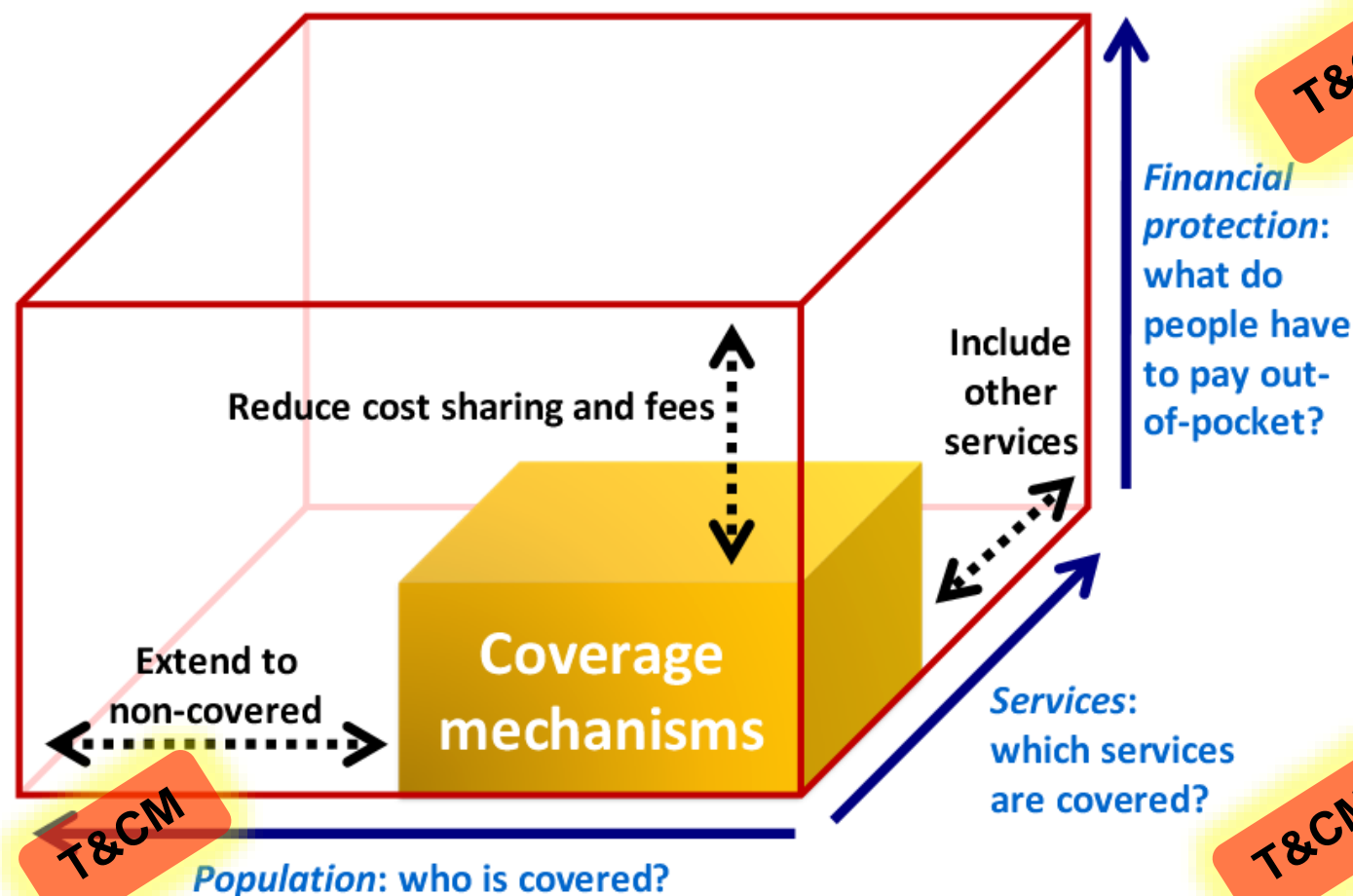
Challenges

- Progress relating to regulation on herbal medicines is moving faster, while regulation on TM practice and practitioners is advancing at a slower rate.
- Member States where lack of knowledge in formulating national policy has led to a lack of regulations on TM practice and practitioners as well as a lack of integration of TM services into health service delivery and self-health care.



Universal Health coverage values and principles

Towards universal coverage

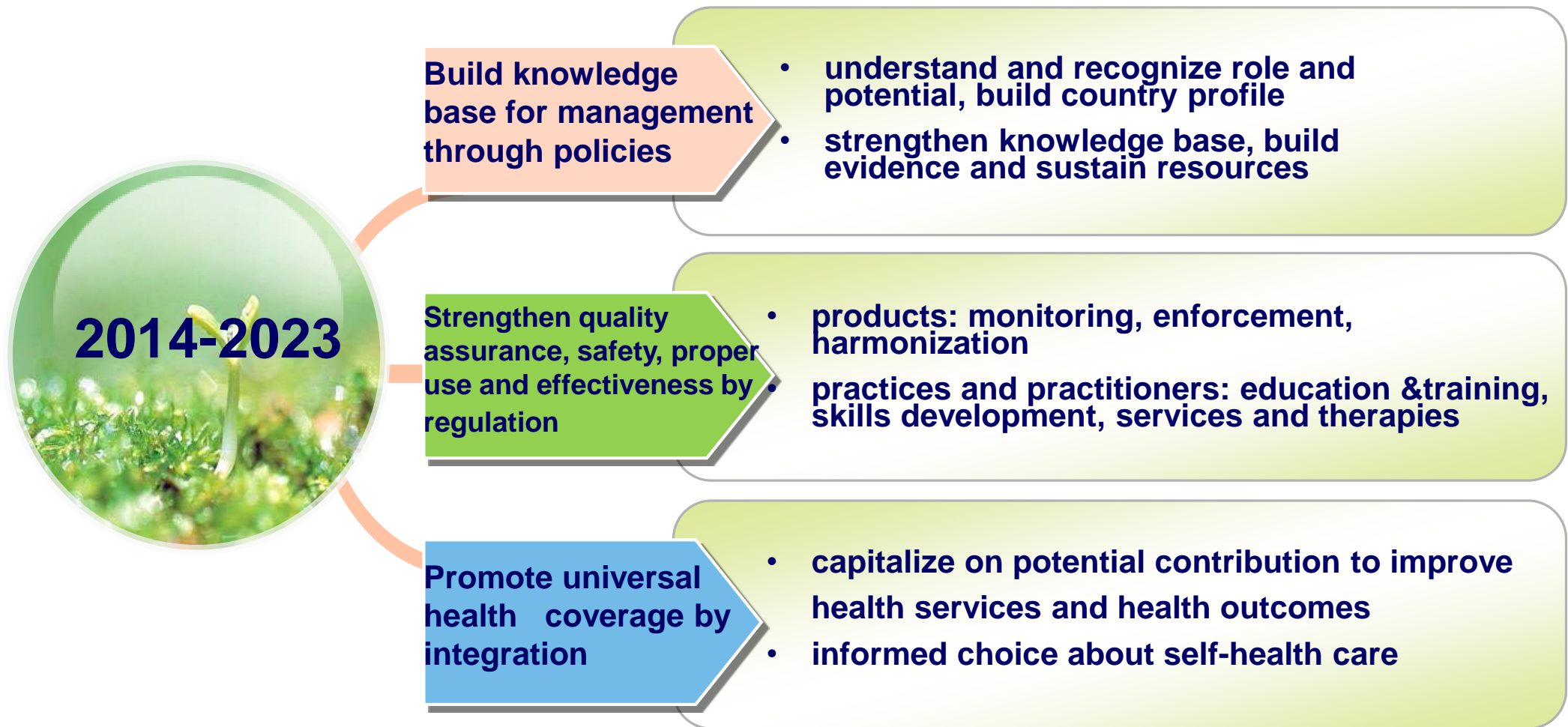


WHO TM Strategy 2014-2023: Goals

- Harnessing the potential contribution of T&CM to health, wellness, people-centred health care and universal health coverage
- Promoting safe and effective use of T&CM through the regulation, research and integration of T&CM products, practices and practitioners into the health system, as appropriate



WHO TM Strategy 2014-2023: Objectives and directions



WHA Resolution on Traditional Medicine

WHA67.18 adopted in May 2014 urges Member States :

- To adapt, adopt and implement, where appropriate, the WHO strategy as a basis for national T&CM programmes or work plans
- To develop and implement working plans to integrate TM into health services particularly primary health care services
- To report to WHO on progress in implementing the strategy



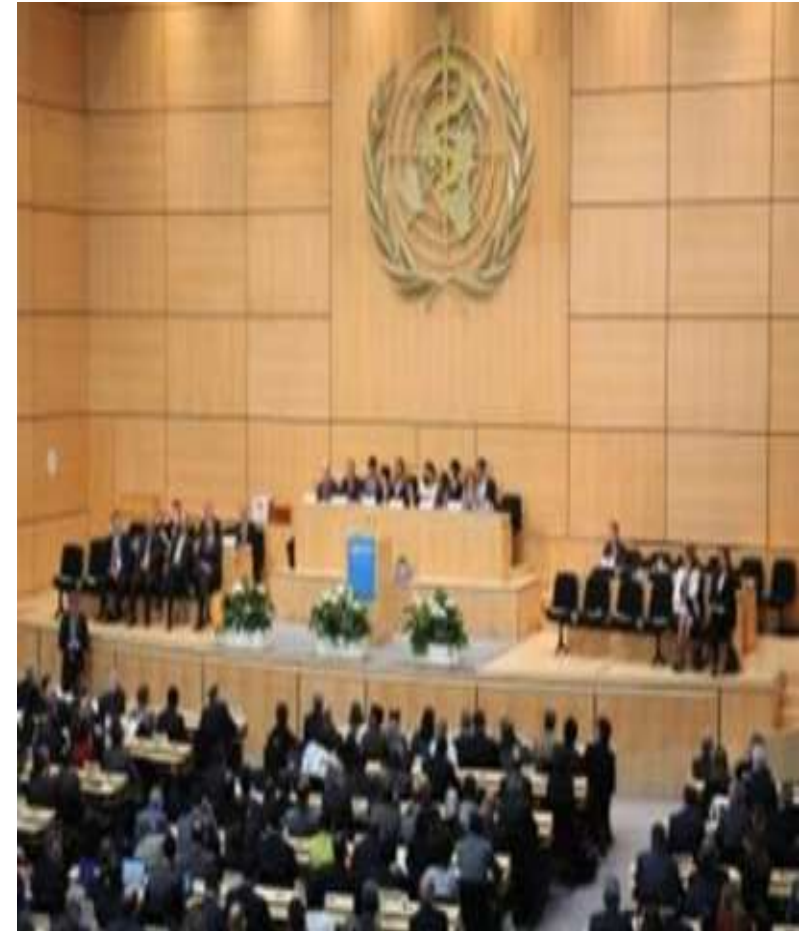
WHA Resolution on Traditional Medicine

WHA67.18 requests the Director-General of WHO:

- To facilitate Member States' implementation of the WHO strategy, supporting their formulation of knowledge-based national policies, standards and regulations, and strengthening national capacity building
- To provide policy guidance to Member States on how to integrate T&CM services within health care systems
- To provide technical guidance in ensuring safety, quality and effectiveness of T&CM services

WHA Resolution on integrated, people-centred health services(2016)

- Title: Strengthening integrated, people-centred health services
- Urges WHO Member States to integrate where appropriate traditional and complementary medicine and modern health systems, based on national context and knowledge-based policies, while assuring the safety, quality and effectiveness of health services and taking into account a holistic approach to health



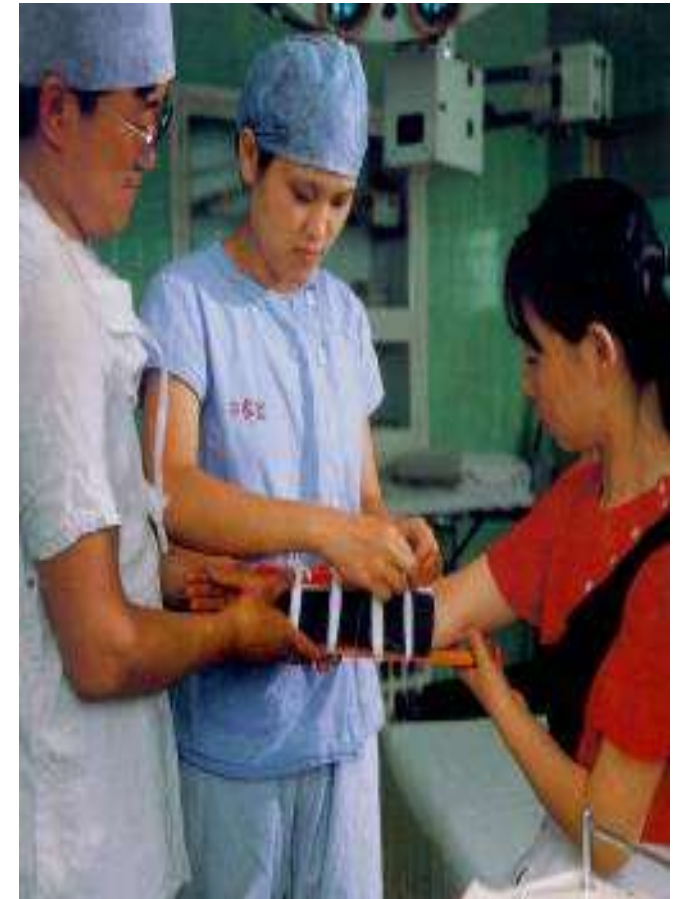
Implementation of the TM strategy: Leadership

Integration of T&CM in national health systems including integrative medicine:

- Support MS in their efforts
- Review and assess the existing models of integration in MS to record best practices

Quality and safety:

- Quality improvement and safety of T&CM services (starting in acupuncture)
- Quality and safety on herbal medicines
- Qualified T&CM practitioners



Implementation of the TM strategy: Leadership

Through networking:

- International Regulatory Cooperation for Herbal Medicines(IRCH)
- WHO Collaborating Centres for Traditional medicine
- WHO Expert Advisory Panel for T&CM
- Professional associations in official relations with WHO



Implementation of the TM strategy: Research and knowledge

- Database, platform and report on T&CM clinical evidence
- Platform on T&CM knowledge
- Coordinate and support collaborative research projects



Implementation of the TM strategy: Standards, norms and technical documents

Technical documents:

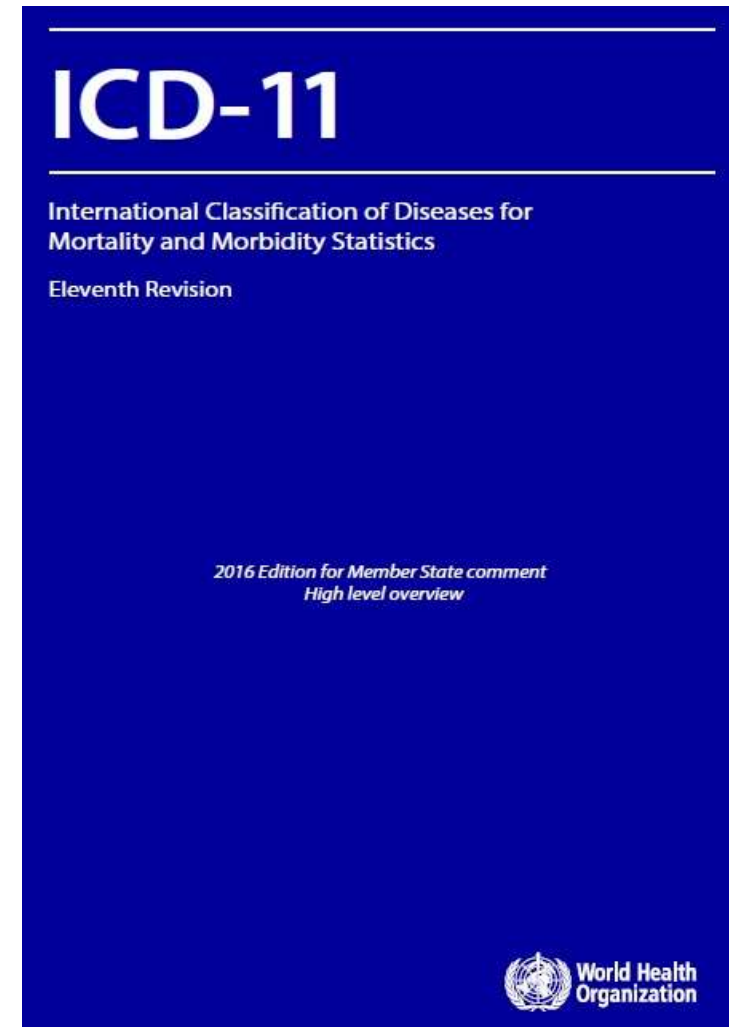
- Guidelines on quality and safety of herbal medicines under different topics/focuses
- Key technical issues for safe use of herbal medicines with reference to interactions with other medicines
- Methodology for clinical study in traditional medicine



Implementation of the TM strategy: Standards, norms and technical documents

International terminology and classification of T&CM:

- International terminologies in different T&CM systems/modalities – Ayurveda, Siddha, traditional Chinese medicine, Unani
- Web-based T&CM terminology with synonyms
- Traditional medicine chapter in ICD-11



Implementation of the TM strategy: Standards, norms and technical documents

A series of Benchmarks for practice in T&CM:

- Benchmarks for practice in Acupuncture
- Benchmarks for practice in Tuina
- Benchmarks for practice in Ayurveda
- Benchmarks for practice in Panchakarma
- Benchmarks for practice in Unani

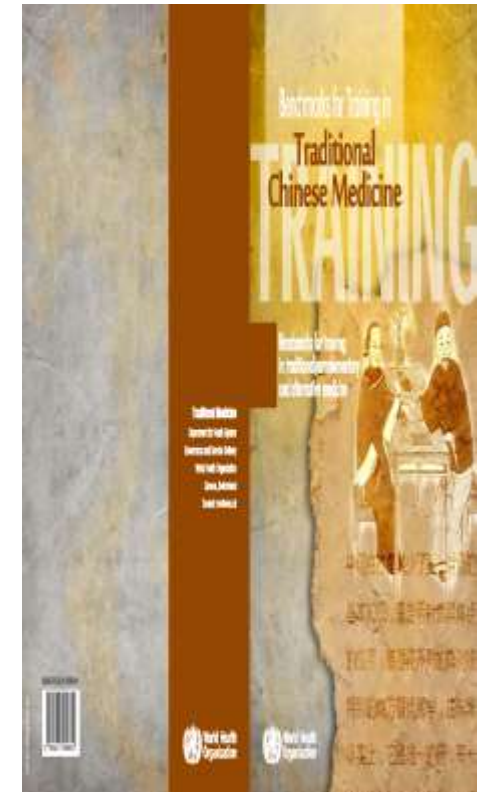


Implementation of the TM strategy: Building institutional capacity

- Series of interregional training workshops for capacity building of governmental officials

Capacity building tools:

- Benchmarks for training in different T&CM modalities published and continuing development



Implementation of the TM strategy: Evidence-based policy and monitoring & assessing

- Country support in the implementation of WHO TM strategy
- Information sharing
- Monitoring the implementation of WHO TM strategy
- Conduct regular global surveys for building a database as repository of MS situation and assessing the trends of T&CM



Integration of T&CM into National Health Systems

**Western
medicine**

?

**Traditional and
complementary
medicine**

**The patients and
the public will be
benefited from
both.**

