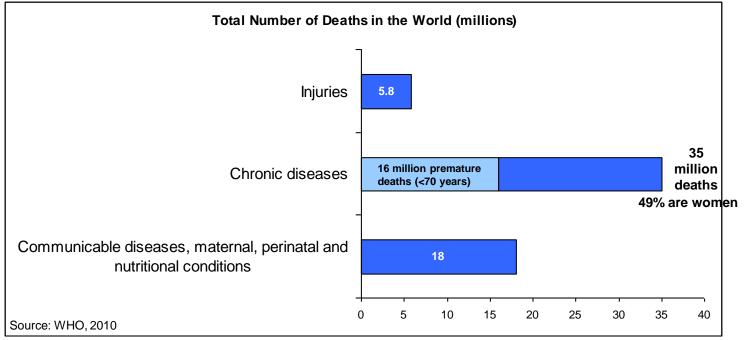
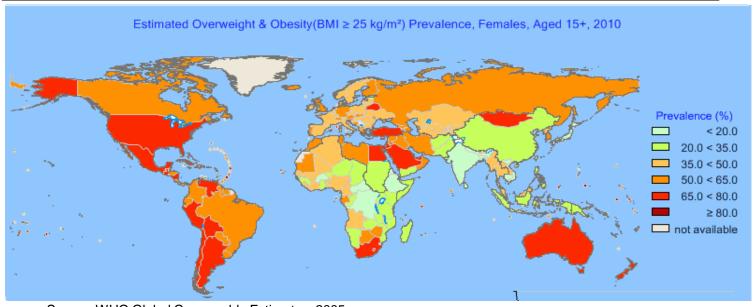
# Role of Women as a Solution for Chronic Disease Challenges

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#### **Chronic Diseases and Obesity in Women**





Source: WHO Global Comparable Estimates, 2005

# **Key Challenges for Chronic Diseases & Women**

#### Society

- Urbanization/ population growth
- Education
- Unemployment
- Aging populations
- Women excluded from social protection and health systems
- Sports geared to men
- Moral and cultural norms
- Laws and legislation
- Media influence

#### Individual

- Longer life expectancy of women
- Tobacco and substance Use
- Poor education
- Low self-confidence
- Low physical activity
- Harassment and discrimination
- Abuse and depression

#### **Economy**

- Access to property and credit
- Employment in formal job sector
- Women unequally represented in formal economy
- Salary gaps
- Social protection for women

#### Relationship

- Peers
- Friends
- Family
- Mentors and role models
- Celebrities
- Teachers
- Religious leaders
- Women as agents of change

#### **Community**

- Value of women
- Power imbalance
- Migration patterns
- Job opportunities
- Poverty level
- Security and domestic violence
- Health service and education access

## Opportunities to Empower Women to Address Chronic Diseases



### Invest in girls and women, in areas such as:

- -education
- -health literacy
- -self confidence

### Integrated public policies across all sectors, to promote:

- economic and social development
- gender equity
- poverty reduction

#### Social protection for women

- universal access to health care
- achieve MDGs