

Pre-CCNSDDU technical workshop on sodium/salt and sugars

Jointly organized by the Government of Chile, PAHO, WHO and FAO

Conference room: Salón Constitución located at Hotel Crowne Plaza
Santiago, Chile, 31 October 2010

The meeting will be in English and Spanish.

09:00 - 09:15: **Welcome and introduction:** Representative of the Government of Chile, PAHO/WHO

Session on Sodium/salt

09:15 - 09:35: **Sodium/salt & Health (sodium needs & health effects of high sodium intake)**
Prof. Mary Labbe, University of Toronto, Canada, & member of PAHO Expert group

09:35 - 10:00: **Overview of critical issues related to terminology, labelling and nutrient values in support of healthier food choices**
Prof. Ricardo Uauy, INTA Institute of Nutrition University of Chile, member of PAHO Expert group

10:00 - 10:15: Brief Q & A

10:15 - 10:30: Tea/Coffee break

10:30 - 11:30: **Round table: Managing sodium/salt reduction (15 min per presenter)**

US: IOM report and national salt reduction initiative

Prof Cheryl Anderson, PhD, MPH, Johns Hopkins Bloomberg School of Public Health, member of IOM committee on sodium reduction

Canada: Moving from Knowledge to Action to Results

Professor Mary Labbe, University of Toronto, Canada, & member of PAHO Expert group

Mexico: National Obesity strategy & salt reduction initiative

Dr Simon Barquera, INSP Cuernavaca, Mexico & member of PAHO Expert group

Chile: National salt reduction initiative

Dr. Maria Cristina Escobar, Head of NCD department in MOH Chile and Chair of National salt reduction initiative

11:50 - 12:30: Discussion

12:30 - 13:30: Lunch break

Session on Sugars

- 13:30 - 14:10: **Overview of the issues and continuing debates related to the effects of sugars consumption (including discussions on terminology and classification)**
Professor Jim Mann, University of Otago, NZ and Member of the WHO Nutrition Guidance Expert Advisory Group (NUGAG) Sub-group on Diet and Health
- 14:10 - 14:20: Brief Q & A
- 14:20 - 15:00: **Evidence reviews of the work of the U.S. Dietary Guidelines Advisory Committee on carbohydrates including sugars**
Dr. Joanne Slavin, University of Minnesota, USA
- 15:00 - 15:10: Brief Q & A
- 15:10 - 15:25: Tea/Coffee break
- 15:25 - 16:10: **Outcomes of the systematic review on effects of the level of sugars intake on obesity and other related NCDs**
Professor Carolyn Summerbell, Durham University, UK
- 16:10 - 16:20: Brief Q & A
- 16:20 - 17:00: **Overall discussion**
- 17:00: **Closing**