

PHAC/PAHO Observatory on Chronic Noncommunicable Disease Policy

Mobilizing for Dietary Salt Reduction Policies and Strategies in the Americas: Expert & Country Consultation (Miami, Florida, 13–14 January 2009)

Corporate Efforts from the Food Industry in Argentina: del día

Compañía de Alimentos Fargo S.A.



Doble Integral

Doble Integral

Jan Sabor Tipo



Following its tradition of developing better bakery products,

Compañía de Alimentos Fargo S.A. has committed itself to the

World Health Organization (WHO) *Global Strategy of to Prevent*Chronic Disease by building a category that educates and raises awareness by delivering tasty and wholesome products to the diameter.

This commitment became effective in 2004 by becoming one of the first Argentinean companies to incorporate high-oleic vegetable oil into its entire line of bakery products, as a substitute to hydrogenated vegetable oil the source of trans-fatty acids)



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But we must continue working to reaffirm our avant-garde position within the food market in Argentina.



The Role of Salt in Bread

Salt is an essential ingredient in bread.

- Improves rheological features of the dough by producing tougher gluten, making the dough more elastic and improving the retention of gas, giving final products better volume.
- Strengthens the dough by allowing for proper kneading and handling
- Controls rates of yeast activity
- Favors crust color
- Increases the dough's water absorption, helping bread retain its humidity once its has left the oven
- Prevents the bread from crumbling when sliced
 - Contributes to taste and enhances flavor

Importance of Taste in Consumer Preference

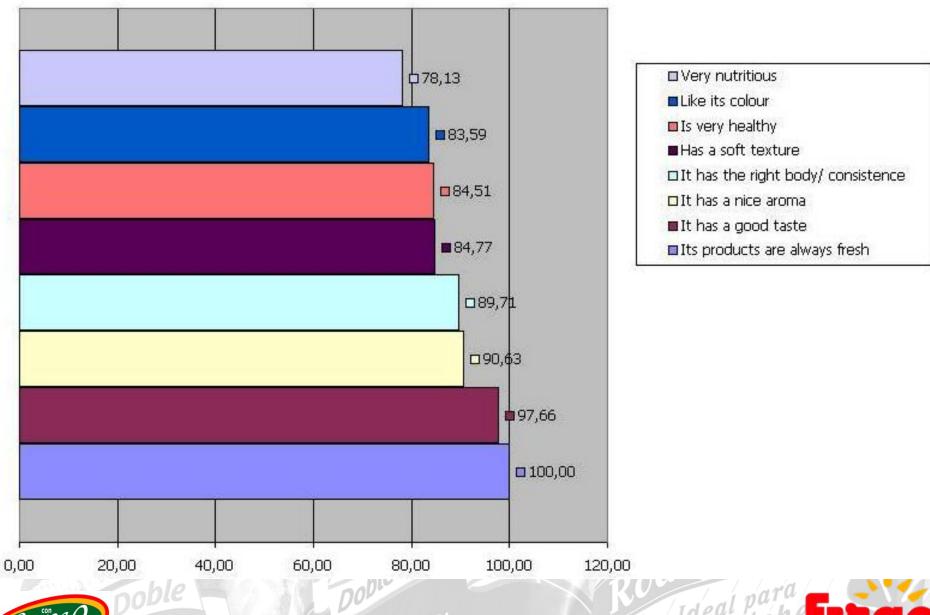
Taste — along with freshness — is the most important attribute when choosing bread

The latest food trends show that consumers attach a primary role to taste and flavor





% of importance of attributes when chosing a bread







How did we face this challenge at Fargo?

A two-step transition: Sodium reduction carried out in two phases

- Formula changes
- Assess ingredients interactions and process interactions
- Shelf life
- Creating appealing products: Consumers should not be aware of the salt reduction
- Product cost







The Result of Our Work

	Original Sodium Value (mg)	1 st Modification (mg)	Difference (mg)	Difference in %	2 nd Modification (mg)	Difference (mg)	Difference in %
Diet Double Bran Bread	519	435	a pan d-84	(a 16.2	297.4	-221.6	42.7
Sliced White Bread	del día477	396	-81	17.0	381.1	-95.9	20.1
Milk Bread	413	361	intiene terol -52	12.6	290.2	-122.8	29.7

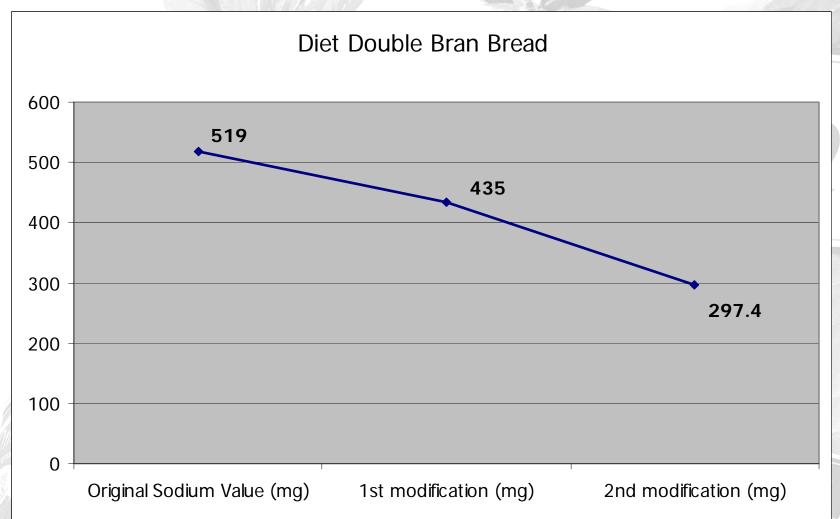


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Diet Double Bran Bread

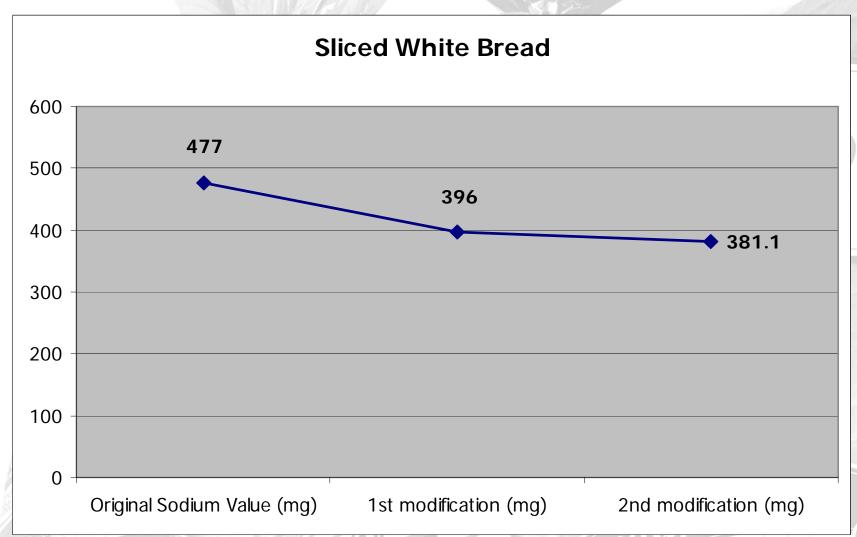




Double Tipo



Sliced White Bread

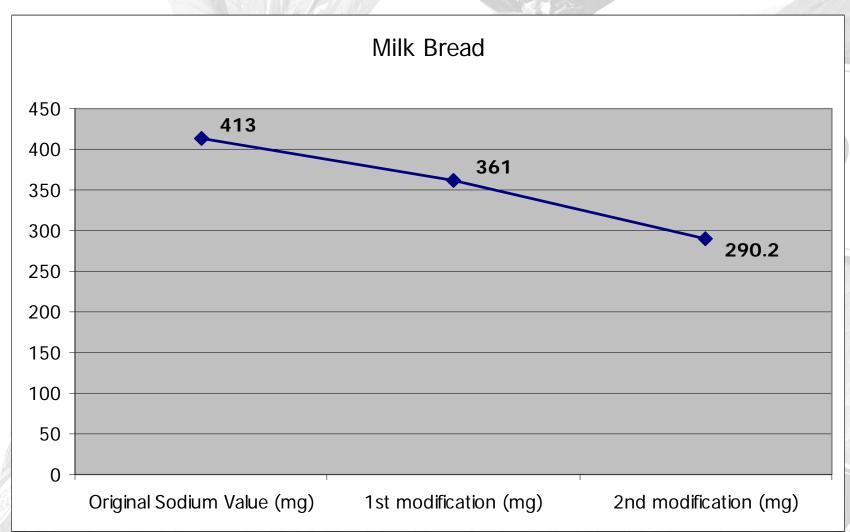




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Milk Bread





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We should also stress that Fargo is the only industrial baking company that offers the market products without added salt:

- Double bran bread without added salt and with phytosterols
- White bread without added salt and with phytosterols
- Water crackers without added salt
- Bran crackers without added salt
- Mini-toast without added salt
- Toast with gluten without added salt













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El pan del día

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