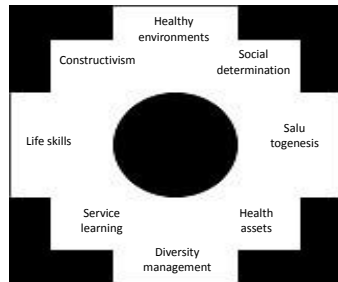


Ecuadorian Network of Health and Well-being Promoting Universities, REUPSB

Ana Martínez, 2016

Health Promotion Chakana (Martínez, 2015)

TO POWER

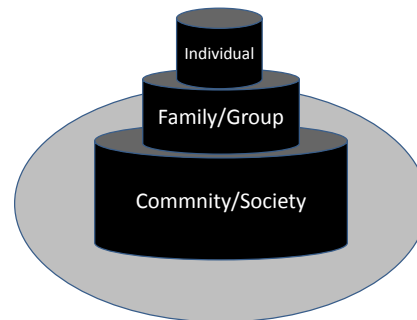


KNOWING

MAKING

TO WANT

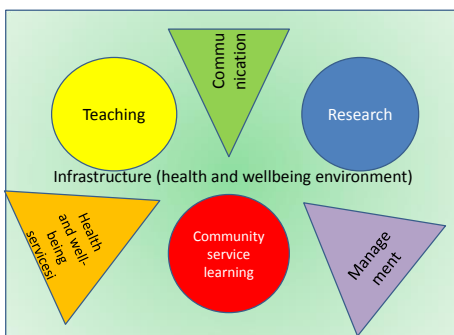
Well-being Apachita



Declaration of Ambato for health and well-being in Ecuadorian Universities

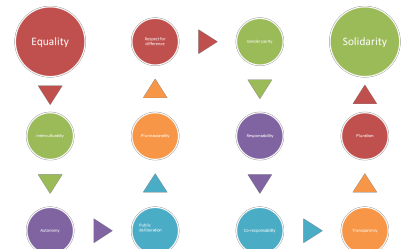
1. Maximum priority to Health and Well-being actions; 2. Not only in universities but also in communities; 7. Main axis: respect to Human Rights, equity in ethnical, cultural, generation, gender, capacity, sexual and other kinds of diversity; 9. To make effective conclusions from Ambato meeting stimulating a community approach; 10. Underwrite RIUPS declarations and full way Okanagan Charter (signed in Canada in June 2015).

Health and Well-being promoting university model



Dimensions	Indicators
1. Infrastructure	Places for meetings, sustainability, waste management, accessibility.
2. Teaching.	Training in health and well-being promotion, Centre for pedagogical support, Learning support for students.
3. Research.	Projects of research, scientific production involving health and wellbeing, collaboration in networking, participation in scientific events.
4. Community service learning.	Cultural cooperation, service learning projects, knowledge transfer.
5. Health and well-being services.	Bio-psychosocial care, occupational health, sports and recreation, nutrition, coordination with human talent and resources, vocational orientation, support for people with disabilities and special educational needs.
6. Communication.	Participation, institutional communication (intra e inter)
7. Management.	Leadership, institutional will, organization chart, strategic plan, planning, Health and wellbeing promotion department.
8. Lead processes of health and wellbeing promotion in the society (at local, national, regional, global level)	Inter-institutional cooperation, health and wellbeing advocacy, ethical commitment, mediation, participation in commissions and working groups.

Principles of Citizenship Participation (LOPC, 2010)



HOW CAN WE PROMOTE HEALTH AND WELL-BEING
AT UNIVERSITIES IN ECUADOR?