



You are invited to volunteer as a  
**PAHO ambassador for health**  
at this year's  
**Fiesta D.C.**

*...the premier Hispanic community event in the nation's capital!*



Fiesta D.C. will take place on Sunday, **September 18**, from **11 a.m.** to **6 p.m.**

Location: Pennsylvania Avenue N.W. between 3<sup>rd</sup> and 7<sup>th</sup> streets (National Mall area).

Fiesta D.C. is a living exhibition of multicultural traditions featuring outstanding musicians, craftspeople, cooks, and more.

We are seeking volunteers with various backgrounds: physicians, nurses, medical and nursing students, and young adults eager to engage Spanish speakers and others from different cultures to promote health.

Past volunteers describe Fiesta D.C. as a rewarding experience that offers "great fun, great people, and lots to learn."

**This year, PAHO's activities will include:**

- High blood pressure screening
- Body mass index test and risks factors
- Diabetes risk workshops (provided by our partner, the American Diabetes Association)
- Also: hand washing, food safety, Zika virus prevention, and children's activities

**For all PAHO volunteers: T-shirt and complimentary lunch**

Shifts: 10.30 – 2.30 and 2.30 – 6.30 p.m.

**To apply:** Please request an application by email: [delosrip@paho.org](mailto:delosrip@paho.org). Don't hesitate to contact us if you have any questions about volunteering. For more information about Fiesta D.C. visit: <http://fiestadc.org/>

[www.paho.org/wellnessweek](http://www.paho.org/wellnessweek)