For more information:

Plan of Action for the Prevention and Control of Noncommunicable Diseases in the Americas 2013-2019. Washington, DC: PAHO, 2014. Link: http://goo.gl/iPDSyT

Global action plan for the prevention and control of noncommunicable diseases 2013-2020. Link: http://goo.gl/v1XrJ9

Noncommunicable Diseases and Mental Health Data Portal. Link: http://goo.gl/wNMj8X

Noncommunicable Diseases Global Monitoring Framework: Indicator Definitions and Specifications. Link: http://goo.gl/eJu6wK

Getting to 2018: progress monitor on NCDS. Preparing for the third UN high-level meeting on NCDS. Link: http://goo.gl/F6Al2N

Visit **www.paho.org/nmh** for more information.

What is **PAHO doing?**

PAHO provides technical cooperation to Member States to address NCDs through:

 \checkmark Policies, legislation and regulations.

- ✓ Guidelines for NCD management.
- Surveillance and monitoring.

Health system strengthening for NCDs.

✓ Knowledge dissemination.

✓ Strategic partnerships.

 \checkmark Capacity building and training.

✓ Advocacy and awareness.







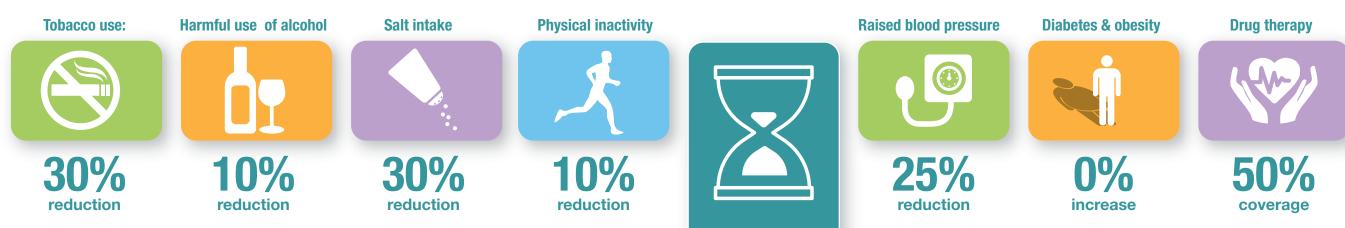


REGIONAL OFFICE FOR THE Americas

Plan of Action for the Prevention and Control of Noncommunicable Diseases in the Americas 2013-2019

> The overall goal of the NCD plan of action is to reduce avoidable mortality and morbidity, minimize exposure to risk factors, increase exposure to protective factors, and reduce the socioeconomic burden of these diseases by taking multisectoral approaches that promote well-being and reduce inequity within and among Member States.

9 NCD Targets - Global Monitoring Framework 2013-2025



*Premature mortality from NCDs: 25% reduction

4 Lines of Action

Line of Action

Multisectoral policies and partnerships for NCD prevention and control:

✓ Build and promote multisectoral action with relevant sectors of government and society, including integration into development agendas.

Line of Action

NCD risk factors and protective factors:

- ✓ Reduce the prevalence of the main NCD risk factors through policies, legislation and regulation.
- ✓ Strengthen protective factors that promote health and well-being.

Line of Action

Health system response to NCDs and risk factors:

- \checkmark Improve coverage, equitable access, and quality of care for people at risk of, and living with NCDs.
- ✓ Focus on primary health care including prevention and self-care.

Line of Action

NCD surveillance and research:

- ✓ Strengthen country capacity for surveillance and research on NCDs.
- ✓ Utilize the results of research to support evidence-based policy and programs.

* The unconditional probability of dying between the ages of 30 and 70 years from cardiovascular diseases, cancers, diabetes or chronic respiratory diseases

2015 Set national NCD targets for 2025 015 to achieve national targets by 2025. **Reduce NCD risk factors:** Implement policies to reduce harmful use of alcohol.

Strengthen health systems for NCDs through primary health care:

✓ National evidence-based guidelines for NCD management. Provision of drug therapy for NCDs.



Essential medicines & basic technologies





Time-bound commitments for NCDs

Develop national NCD multisectoral policies and plans

✓ Implement the WHO Framework Convention on Tobacco Control.

✓ Implement policies to promote healthy diet (salt reduction, eliminate trans fats, limit marketing of unhealthy food and beverages to children, implement the International Code of Marketing of Breast-milk Substitutes).