



ACADEMIC CONSORTIUM  
FOR **INTEGRATIVE**  
MEDICINE & HEALTH

Alejandro Chaoul, PhD  
Chair, Education Working Group

## Quiénes Somos?

El Consorcio consiste de 71 centros académicos de salud e instituciones afiliadas con programas en medicina integrativa que están comprometidos a avanzar rigurosos estudios científicos, creando nuevos modelos de cuidado, y educando a profesionales de la salud y al público en general sobre opciones integrativas de salud y medicina.

# Cómo Definimos Medicina y Salud Integrativa?

Es la práctica que reafirma:

- la importancia de la **relación entre practicante y paciente,**
- enfocándose en la **totalidad de la persona,**
- **informándose en evidencia,**
- utilizando **todos los métodos terapéuticos y estilos de vida apropiados, proveedores de salud, y disciplinas**
- para lograr **salud y sanación óptima.**

# Grupos de Trabajo (WG/GT)

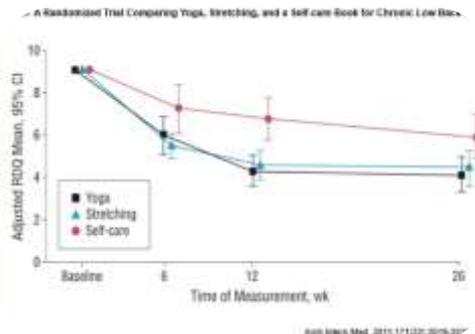
## Clínico



## Educación



## Investigación



## Política



# Objetivos

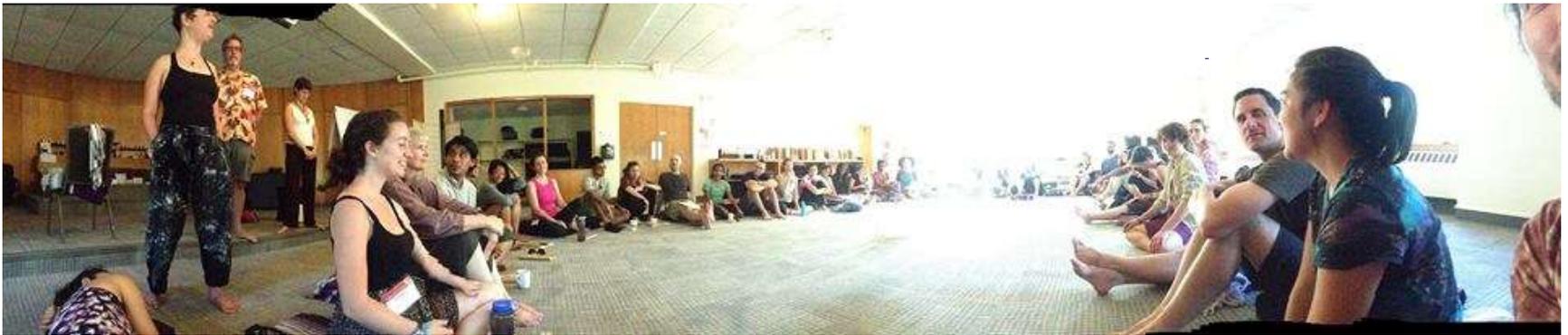
- **Apoyo** y asistencia a mentores académicos, líderes, profesores, y estudiantes para avanzar el cuidado de salud integrativa en educación, investigación, y cuidado clínico.
- **Diseminar** información de rigurosos estudios científicos, currículum educativos en medicina y salud integrativa y modelos sustentables de cuidado clínico.
- **Informar** a las políticas de salud.

# ‘Clases Magistrales’

- Formato de webinars, mensuales y gratuitos
- Créditos de educación continua



# LEAPS

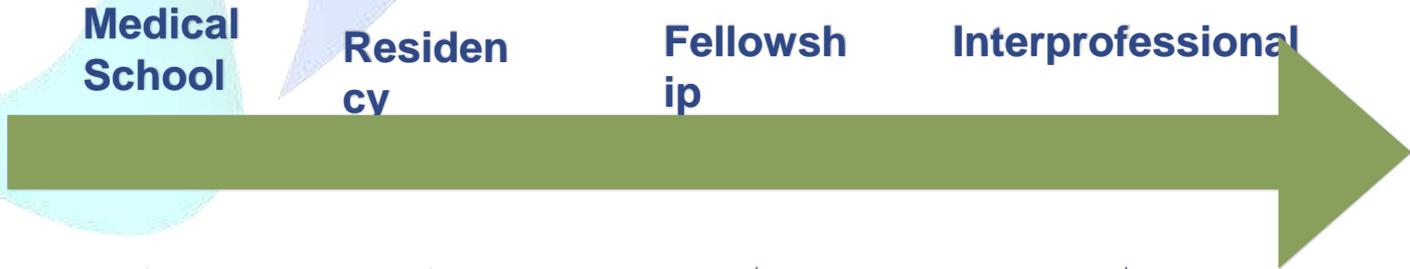


*Antes de LEAPS, no sabía que era posible salirse del molde convencional y destallar en la "nueva medicina" que trata las causas de las enfermedades de una manera segura, sana y de un modo que sea costo-beneficioso."*



# University of Arizona Center for Integrative Medicine

## Educational Programs



Medical School

Residency

Fellowship

Interprofessional

Distinction  
Tract  
Elective  
Rotation

Integrative  
Medicine  
in Residency

Integrative  
Family  
Medicine

Elective Rotation

Integrative  
Medicine  
Fellowship

Integrative Health &  
Lifestyle

Integrative Health  
Coaching



Save the Date February 8–9, 2013

# Integrative Medicine Program's 1st Annual Integrative Oncology Healthcare Professional Training Conference

Mid Campus 1 Building, Conference Center, Floor 3,  
Mid Campus 1 Building, 7007 Bertner Avenue, Houston, Texas

This conference is designed for physicians, nurses, social workers, and other healthcare professionals who care for cancer patients and have an interest in integrative oncology.

**Conference Co-Chairs** | Lorenzo Cohen, PhD, and Richard T. Lee, MD

**Keynote Speaker** | David S. Rosenthal, MD  
Medical Director, Leonard P. Zakim Center for Integrated Therapies  
Dana-Farber Cancer Institute, Harvard Medical School

THE UNIVERSITY OF TEXAS  
**MD Anderson  
Cancer Center**  
*Making Cancer History*

## Learn about

- Creating evidence-based, comprehensive, integrative care plans for cancer patients, used to address patients' needs and improve clinical outcomes
- The risks and benefits of complementary therapies based on the most recent research
- The use of complementary therapies for symptom control
- Strategies for effective communication with cancer patients about the use of herbs, supplements and other complementary therapies

**Accreditation/Credit Designation**  
This activity has been approved for  
AMA PRA Category 1 Credit™.



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Integrative Medicine Program's

Save  
the  
Date

## 10<sup>th</sup> Annual Oncology Training Conference for Acupuncturists, Massage Therapists and Yoga/Mind-Body Teachers\*

The University of Texas MD Anderson Cancer Center  
8th Floor Conference Center, Cancer Prevention Building  
1155 Pressler Street, Houston, Texas

July 18 – 20, 2014

For more information, please call the Department of CME/Conference Management  
at 713-792-2223 or visit our website at [www.mdanderson.org/conferences](http://www.mdanderson.org/conferences).

***Accessibles en***  
***[www.imconsortium.org](http://www.imconsortium.org)***

# Colaboration Cochrane : Importancia de estar informados en evidencia

*Transforming Medicine Beyond Imagination*

The Center for Integrative Medicine



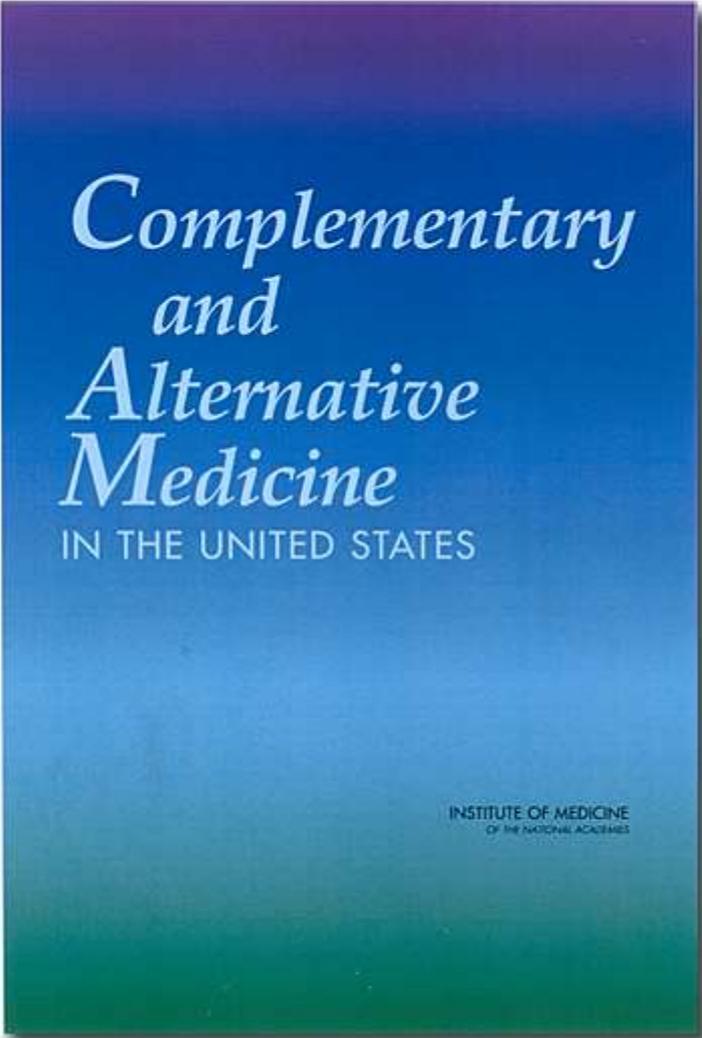
Trusted evidence.  
Informed decisions.  
Better health.



*NIH... Turning Discovery Into Health*



# Estudio del IOM en CAM



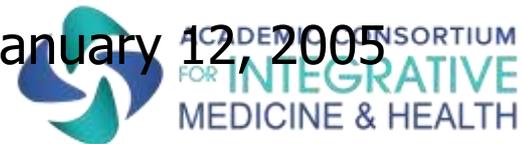
*Complementary  
and  
Alternative  
Medicine*  
IN THE UNITED STATES

INSTITUTE OF MEDICINE  
OF THE NATIONAL ACADEMIES

## Recomendación en Educación

*“El comité recomienda que las escuelas de las profesiones de la salud (e.g. escuelas de medicina, enfermería, farmacia, y aliados de la salud) incorporen suficiente información sobre CAM en sus curriculum standard...para educar a profesionales licenciados para poder aconsejar competentemente a sus pacientes sobre CAM.”*

Report Issued: January 12, 2005





Octubre 2007

## Experiencias de Programas Educativos de CAM

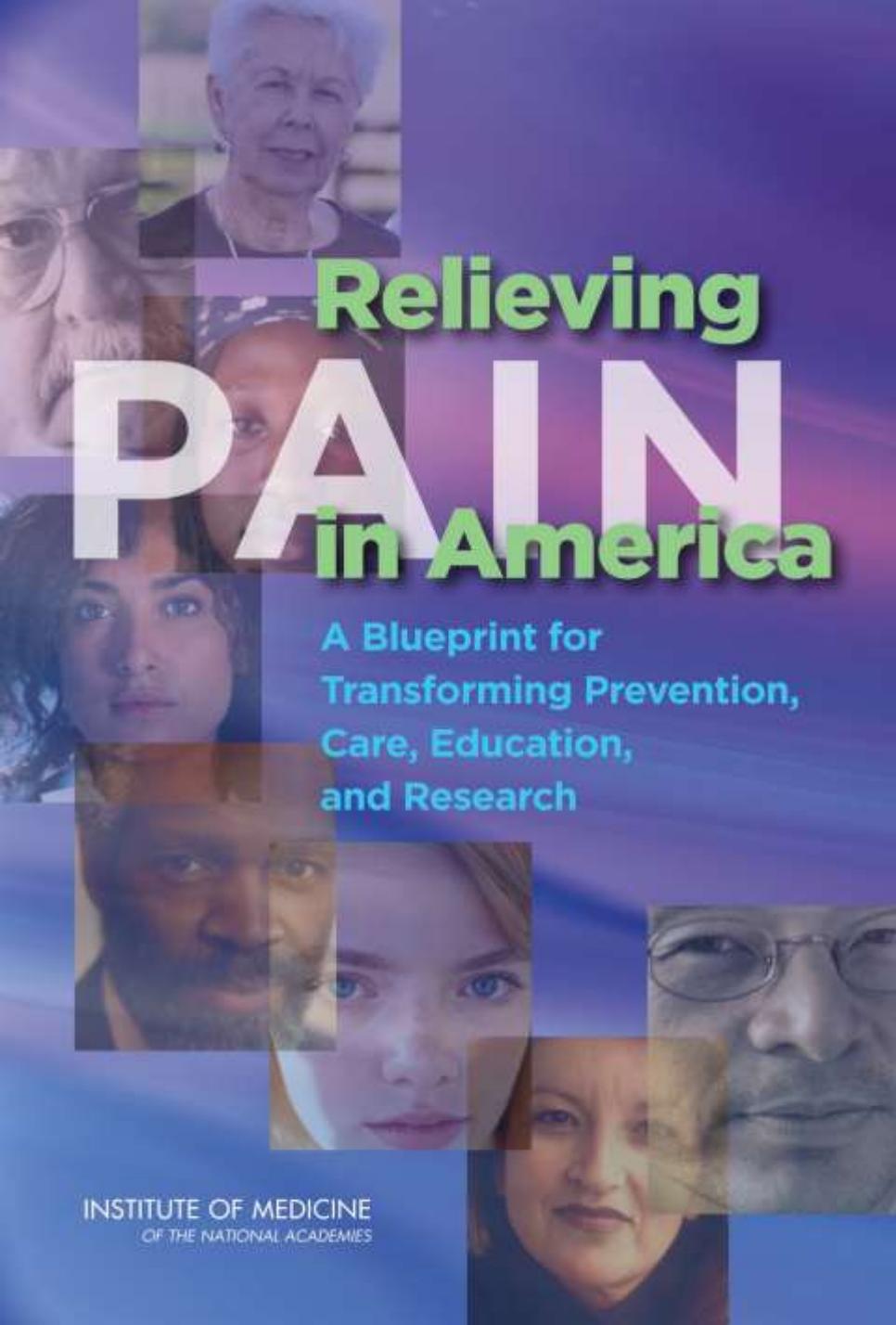
(Competencias Básicas para médicos)

Financiado por NIH/NCCAM

### Ejemplos:

Harvard Children's Hosp  
Univ. California  
U. Michigan  
U. Washington  
Georgetown  
U. Minnesota  
U. North Carolina  
U. Texas  
Oregon Health Sciences  
Rush Nursing





# Relieving PAIN in America

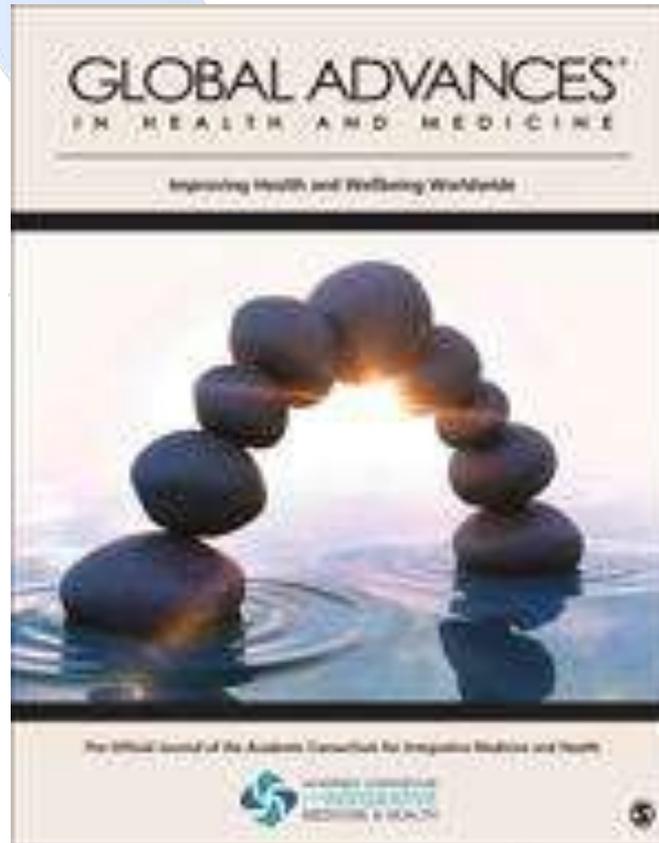
A Blueprint for  
Transforming Prevention,  
Care, Education,  
and Research

INSTITUTE OF MEDICINE  
OF THE NATIONAL ACADEMIES

**Consortio:  
Importancia de métodos no  
farmacológicos seguros  
para abordar el dolor**



# El Periódico/Revista del Consorcio: *Avances Globales*



[imconsortium.org](http://imconsortium.org)  
[journals.sagepub.com/home/gam](http://journals.sagepub.com/home/gam)

# Congresos

- 2016 – International Congress in Integrative Medicine and Health
- 2014- International Research Congress in Integrative Medicine and Health
- 2013 – International Congress for Clinicians in Complementary and Integrative Medicine
- 2012 - International Research Congress in Integrative Medicine and Health
- 2012 – International Congress for Educators in Complementary and Integrative Medicine
- 2009 - North American Research Conference on Complementary and Integrative Medicine

# INTERNATIONAL CONGRESS ON INTEGRATIVE MEDICINE AND HEALTH

May 8-11, 2018  
Baltimore, MD

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Collaboration in Action:  
Advancing Integrative Health through  
Research, Education, Clinical Practice and  
Policy

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SEE YOU THERE!



# Hacia el futuro

**VISIÓN:** *Un sistema de salud transformado,  
comprensivo y compasivo, de salud y medicina integrativa  
para todos.*

# El Camino hacia Adelante

- Interprofesionalismo
- Informados en evidencia
- Alianzas estratégicas
- Congresos
- Impacto en la política de salud
- Comunidad



*Moviéndonos (MSI) de ser ‘agradable’ a ser  
**necesario***

*Trabajando para ver el día en que no  
necesitemos más el término “integrativo”  
para describir medicina y salud.*

# Muchas Gracias!



# www.IMconsortium.org

*una voz colectiva para influir y afectar al cambio  
en salud integrativa*



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“The Consortium is a collective voice for influencing and effecting change within integrative health.”