



Technical Meeting for HEARTS in the Americas
Protocols and Essential Medications for Improved Hypertension Control
Panama City, Panama. November 19-20, 2019

Day 1) Tuesday November 19, 2019		
	Plenary	
08:30-09:00	Welcome ceremony and presentation of the participants.	J Victoria.
09:00-09:15	Introduction to the agenda, objectives, expected results and format of the meeting. What is a great protocol?	P Orduñez. M Jaffe (video).
09:15-09:30	PAHO survey on current treatment protocols and availability of essential drugs in HEARTS countries.	E Zuniga and K Goughnour.
09:30-10:00	Fixed dose combination antihypertensive medications: clinical evidence of their efficacy.	A Moran.
10:00-10:30	Step by step treatment protocol and the selection of antihypertensive drugs in fixed dose combinations.	D DiPette and E Ridley
10:30-10:45	Coffee Break	
10:45-11:10	Implementing a standardized treatment protocol, including organization/workflow, monitoring and evaluation: a Kaiser Permanente perspective.	J Brettler.
11:10-11:35	Update on the WHO list of essential medicines and the mechanism of PAHO Strategic Fund of Medicines with a focus on antihypertensive medications.	JL Castro and N Girón.
11:35-12:00	The bidding and procurement mechanism through the PAHO Strategic Fund Medicine List. Results based on PAHO Survey.	J Balleste.
12:00-13:00	Lunch	
13:00-13:15	Working group orientation: plenary.	P Ordunez.
Working Groups 13:30-16:30		
Colombia, Cuba, Dominican Republic, Panama A Moran and E Ridley (facilitators). E Zuniga, N Giron, J Victoria, K Goughnour.	Barbados, British Virgin Islands, Saint Lucia, Trinidad and Tobago D DiPette (facilitator). T Malcolm, C Lim.	Argentina, Chile, Ecuador, Mexico, Peru J Brettler (facilitator). MC Escobar, J Balleste, JLCastro.
Goal: to adjust national protocols until they meet the desired characteristics of an ideal/preferred protocol.		
<ul style="list-style-type: none"> Interactive exercise. Introduction of the participants, countries, roles and expectations. 10 minutes. Objetives and directions. Focus: current protocols. 5 minutes. Review and discuss of the characteristics of an ideal/preferred treatment protocol and medications. 10 minutes. Presentation and discussion of the current protocol and the main challenges for adoption and for implementation. 10 minutes per country. Identification of areas/points for improvements. Closing. 		

Day 2) Wednesday November 20, 2019			
	Plenary		
08:30-08:45	Program of the day.		P Orduñez.
08:45-09:00	How to build a consensus to adopt and to improve a standardized treatment protocol for hypertension?		D DiPette.
09:00-09:15	Why are FDC a cost-effective intervention for the improvement of hypertension control?		A Moran.
09:15-09:30	What are the practical mechanisms to reinforce the successful implementation of a treatment protocol?		J Brettler.
09:30-09:45	Question and answer.		
09:45-10:00	Coffee Break		
Working Groups 10:00-12:00			
Colombia, Cuba, Dominican Republic, Panama A Moran and E Ridley (facilitators). E Zuniga, N Giron, J Victoria, K Goughnour.		Barbados, British Virgin Islands, Saint Lucia, Trinidad and Tobago D DiPette (facilitator). T Malcolm, C Lim.	Argentina, Chile, Ecuador, Mexico, Peru J Brettler (facilitator). MC Escobar, J Balleste, JLCastro.
Goal: to adjust national protocols until they meet the desired characteristics of an ideal/preferred protocol.			
<ul style="list-style-type: none">Objectives, directions and a brief review of characteristics of an ideal/preferred treatment protocol. 5 minutes.Presentation and discussion of an acceptable protocol, points of improvement and steps for implementation in the next 6-12 months. 10 minutes per country.Presentation and discussion of a preferred protocol, points of improvement and steps for implementation in the next 12-18 months. 10 minutes per country.What have we learned from the HEARTS implementation? For our next trip, who will be the supporting actors and who will resist change? 5 minutes per country.			
12:00-13:00	Lunch		
13:00-14:30	Simultaneous Events		
	Wall of protocols. Show your work. Each country will publish its three protocols (current, acceptable and preferred) and meet with its peers.	Meet with PAHO Medicines, Procurement and Strategic Fund officers: N Giron, JL Castro, J Balleste, C Lim.	All.
		Meet with PAHO/HEARTS consultants: A Moran, D DiPette, E Ridley, J Brettler, E Zuniga.	All.
14:30-15:00	Closing.		