Global School-based Student Health Survey

British Virgin Islands

2009 Fact Sheet

The **2009 British Virgin Islands GSHS** measured alcohol use; dietary behaviors; drug use; hygiene; mental health; physical activity; protective factors; sexual behaviors; tobacco use; and violence and unintentional injury.

The 2009 British Virgin Islands GSHS was a school-based survey of students in forms 1-5. A census was used to produce data representative of all students in forms 1-5 in British Virgin Islands. The school response rate was 100%, the student response rate was 90%, and the overall response rate was 90%. A total of 1664 students participated in the British Virgin Islands GSHS. Students self-reported their responses to each question on a computer scannable answer sheet. For comparison purposes, only students aged 13- 15 years are included in the analyses for this fact sheet.

Results for students aged 13-15 years	Total	Boys	Girls
Alcohol Use			
Percentage of students who drank at least one drink containing alcohol on one or more of the past 30 days	**33.4**	**30.5**	**35.5**
Among students who ever had a drink of alcohol (other than a few sips), the percentage who had their first drink of alcohol before age 14 years	**86.4**	**89.1**	**84.2**
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	**19.3**	**17.7**	**20.7**
Dietary Behaviours			
Percentage of students who were underweight (< -2SD from median for BMI for age and sex)	**2.8**	**4.0**	**1.9**
Percentage of students who were overweight (> +1SD from median for BMI for age and sex)	**36.9**	**35.8**	**37.8**
Percentage of students who were obese (> +2SD from median for BMI for age and sex)	**17.7**	**17.5**	**17.9**
Percentage of students who usually drank carbonated soft drinks one or more times per day during the past 30 days	**63.9**	**65.0**	**63.0**
Drug Use			
Among students who ever used drugs, the percentage who first used drugs before age 14 years	**81.8**	*	*
Hygiene			
Percentage of students who usually cleaned or brushed their teeth less than one time per day during the past 30 days	**3.1**	**2.7**	**3.2**
Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days	**2.8**	**2.7**	**2.9**
Mental Health			
Percentage of students who ever seriously considered attempting suicide during the past 12 months	**15.7**	**10.1**	**20.5**
Percentage of students who actually attempted suicide one or more times during the past 12 months	**12.5**	**9.5**	**14.9**
Percentage of students who had no close friends	**7.9**	**9.2**	**6.5**

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Results for students aged 13-15 years	Total	Boys	Girls
Physical Activity			
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more days during the past seven days	**27.4**	**33.2**	**22.7**
Percentage of students who went to physical education (PE) class on three or more days each week during the school year	**26.6**	**28.7**	**24.6**
Percentage of students who spent three or more hours per day during a typical or usual day doing sitting activities	**62.1**	**59.2**	**64.5**
Protective Factors			
Percentage of students who missed classes or school without permission on one or more of the past 30 days	**18.6**	**21.4**	**16.1**
Percentage of students whose parents or guardians understood their problems and worries most of the time or always during the past 30 days	**36.7**	**38.8**	**35.0**
Percentage of students whose parents or guardians really knew what they were doing with their free time most of the time or always during the past 30 days	**46.3**	**38.6**	**52.8**
Sexual Behaviours			
Percentage of students who ever had sexual intercourse	**35.7**	**46.9**	**26.0**
Among students who ever had sexual intercourse, the percentage who had sexual intercourse for the first time before age 14 years	**76.0**	**88.7**	**55.9**
Among students who ever had sexual intercourse, the percentage who used a condom the last time they had sexual intercourse	**71.6**	**75.3**	**65.5**
Tobacco Use			
Percentage of students who smoked cigarettes on one or more days during the past 30 days	**5.7**	**7.3**	**4.3**
Among students who ever smoked cigarettes, the percentage who first tried a cigarette before age 14 years	**92.3**	*	*
Percentage of students who reported people smoked in their presence on one or more days during the past seven days	**43.8**	**44.4**	**43.2**
Violence and Unintentional Injury			
Percentage of students who were in a physical fight one or more times during the past 12 months	**35.0**	**45.0**	**26.3**
Percentage of students who were seriously injured one or more times during the past 12 months	**42.9**	**51.7**	**35.6**
Percentage of students who were bullied on one or more days during the past 30 days	**17.2**	**18.3**	**16.5**

* Indicates less than 100 students.

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