

Plan of Action 2007  
Nicaragua

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### Indicator 1. Policies, Plans and Networks

By the end of 2007, all four countries will have incorporated a youth component in their National HIV/AIDS Plan and will have operational plans for implementation of the health related recommendations in the reporting process of the 'Convention on the Rights of the Child' (CRC), with an emphasis on adolescents and Sexual and Reproductive Health (SRH), in collaboration with national, subregional and regional networks of health professionals that work with young people and SRH.

Activities	Tasks	Budget (USD)	Allotment
Reach consensus with the Ministry of Health of Nicaragua and strategic partners on the incorporation of a specific strategic line focusing on the Prevention of Adolescent Pregnancy and STI/HIV/AIDS	Incorporate the Adolescent Pregnancy Prevention Strategy into the national and local health plans.	5,000.00	CA
	Continue with the implementation of the empowerment of adolescent women strategy.	4,000.00	CA
Technical support so that the Local Comprehensive Healthcare Systems (SILAIS) can carry out their operational plans and can link the components of HIV prevention with the sexual and reproductive services (SRH) for adolescents	Support the selected SILAIS in the integration of HIV and adolescence programs.	5,000.00	HIV
Give support to the Ministry of Health in ensuring skilled care to pregnant woman and increasing coverage of institutional delivery, with a special focus on socio-cultural aspects.	Promote delivery care in adolescents with cultural adaptations of the RAAS.	2,500.00	CA
	Support the implementation of the SILAIS Birth Deliveries Plan selected with the purpose of improving the access of pregnant adolescents to skilled delivery care.	7,500.00	CA
Implement Program H for adolescent and young adult men, building on previous experience from Nicaragua.	Conduct a baseline study to identify knowledge, attitudes and practices in adolescent men in selected SILAIS (Masaya, Bluefields, San Carlos).	5,000.00	NORAD
	Carry out educational workshops with the purpose of addressing the change of attitudes in adolescents (implementation of modules).	5,000.00	NORAD
Promote in the Ministry of Health (MOH) the integration of the recommendations of the 'Convention on the Rights of the Child' into the programs and national plans.	Carry out a national workshop to facilitate the integration of the recommendations of the 'Convention on the Rights of the Child' into the programs and national plans.	5,000.00	OMS
Strengthen the inter-agency and interinstitutional networks of organizations that work with adolescents.	Develop forums for discussion on the situation and impact of the SRH of the adolescents in their comprehensive health.	5,000.00	CA
	At the local level, strengthen the work with the municipalities on the promotion of responsible behavior in SRH (RSJ, RAAS, Rivas, Madriz, N. Segovia, Matagalpa, Jinotega)	7,000.00	CA
	Reactivate and run the BV-ADOLEC with the new requirements of the Regional Medicine Library	0.00	
<b>TOTAL</b>		<b>\$51,000.00</b>	

## Indicator 2. Human Resources

By the end of 2007, each of the four countries will have 100 health professionals integrating knowledge (acquired through Distance Education and other methodologies) for implementation of selected evidence-based interventions.

Activities	Tasks	Budget (USD)	Allotment
Support human resource development through capacity building in SRH, prevention of the pregnancy in adolescents, and prenatal and obstetric care for teenage mothers.	<p>Offer the Graduate Distance Education Certificate Program "Development and Comprehensive Health of the Adolescents" to professionals working at schools of health services, NGOs, municipalities, and MOHs.</p> <p>Two national workshops in the module of Primary Care of adolescents on the Integration of the Management of the Adolescents and its Needs (IMAN).</p> <p>Build capacity of health workers in the management of malnutrition in pregnant teens and the management of serious malnutrition in children under the age of 5.</p> <p>Provide local level support for the expansion of the Strengthening Families intervention</p> <p>Conduct an evaluation meeting for facilitators and local authorities on the Strengthening Families Initiative</p> <p>Offer support to the CARITAS network on the implementation of the Strengthening Families Initiative.</p>	<p>10,000</p> <p>20,000</p> <p>5,000</p> <p>8,000</p> <p>2,000</p> <p>2,000</p>	<p>CA</p> <p>CA</p> <p>NUT</p> <p>CA</p> <p>CA</p> <p>CA</p>
Strengthen the Network of Strong Families (Familias Fuertes)	<p>Provide support at the local level in the management and execution of the project activities in the SILAIS of Rio, San Juan, RAAS (2 resources).</p> <p>Monitor and follow-up the execution of the activities conducted in the Pacific region of the country.</p>	<p>17,200</p> <p>9,000</p>	<p>SAL</p> <p>SAL</p>
<b>TOTAL</b>		<b>\$73,200.00</b>	

### Indicator 3. Data

By the end of 2007, all four countries will have executed a baseline with indicators defined by age group (10-14, 15-19, 20-24), gender, and place of residence for monitoring and evaluating the initial and final implementation of the Comprehensive HIV/STI Prevention/Care and Adolescent Pregnancy Prevention Programs. Reference Example: *UNAIDS Guide -A Guide to Indicators for Monitoring and Evaluating HIV/AIDS Prevention Programs for Young People* .

Activities	Tasks	Budget (USD)	Allotment
Carry-out research studies that will generate evidence justifying the promotion of SRH and the prevention of HIV/STIs.	Disseminate the findings of the study conducted in 2006 concerning maternal morbidity and mortality in adolescents and in children under age 5.	1000.00	CA
Lend support to the Ministry of Health in the improvement and expansion of the registry of services offered to adolescents.	Disseminate the findings of the study on indicators of HIV in adolescents (National Strategic Plan indicators). Conduct baseline study with the objective of determining the frequency of the Human Papilloma Virus in adolescents and young adults of Chinandega, Rivas, Masaya and the RAAS. Conduct and publish study on access to information, diagnosis, treatment and rehabilitation of adolescents Hold a meeting with those responsible for statistics and those responsible for adolescent care to review the forms used in the registries of services directed to adolescents. Propose the design of a data registry of services for adolescents.	1000.00	HIV
		7000.00	HIV
		5000.00	HIV
<b>TOTAL</b>		<b>\$17,000.00</b>	

#### Indicator 4. Services

By the end of 2007, all four countries will have applied quality standards of “youth friendly” health services (including access to family planning services, obstetric and prenatal treatment, anemia prevention, Voluntary Counseling and Testing (VCT) with Antiretroviral Therapy (ART), prevention of HIV/STI (4SSS), adolescent pregnancy prevention, and sexual violence prevention among youth using the IMAN Strategy). Reference: *Servicios de Salud de Calidad para Adolescentes y Jóvenes de América Latina y El Caribe* (en prensa).

Activities	Tasks	Budget (USD)	Allotment
Strengthening of the health services for the provision of care in SSR in interventions of pregnancy prevention and the improvement of prenatal care and nutritional management in teenage mothers and children under 5.	<p>Promote an empowerment campaign on a best practice on the prevention of sexually transmitted infections as it is the use of the condom in population adolescent and young adults.</p> <p>Guarantee perinatal technologies for adolescent pregnant women.</p>	<p>5300.00</p> <p>5000.00</p>	<p>HIV</p> <p>CA</p>
Strengthen and evaluate the quality of care in services for adolescents in accordance with the indicators of monitoring and evaluation of quality services for adolescents and young adults.	<p>Define standards and quality indicators to monitor and evaluate the services directed to the adolescents of Chinandega, Rivas, Masaya, New Segovia, Madriz and the RAAS (utilizing WHO education materials).</p> <p>Hold one meeting per year to evaluate the quality of health services indicator for adolescents and young adults.</p> <p>Hold one meeting per year to evaluate the PEN of HIV indicators on adolescents and young adults.</p> <p>Preparation and distribution of education materials on anemia prevention, healthy diet, and micronutrient supplementation.</p> <p>Strengthen the knowledge on prevention and early diagnosis of sexual violence in the adolescents.</p> <p>Carry out technical visits on the monitoring of interventions of the Plan of Interventions and monitoring of the indicators established for adolescents and young adults.</p>	<p>10000.00</p> <p>2000.00</p> <p>2000.00</p> <p>5000.00</p> <p>5000.00</p> <p>1500.00</p>	<p>HIV</p> <p>HIV</p> <p>HIV</p> <p>NUT</p> <p>ESPERA</p> <p>HIV</p>

Cont.

**Indicator 4. Services- cont.**

<b>Activities</b>	<b>Tasks</b>	<b>Budget (USD)</b>	<b>Allotment</b>
Develop a basic package of specific standards on pregnancy care, delivery and postpartum care, and family planning services for adolescents	<p>Follow-up on the actions included in the basic package directed to adolescents within the Sexual and Reproductive Health services and established in the commitments of the SILAIS and their municipalities.</p> <p>Develop different modalities of care for adolescents which guarantee the comprehensive nature, access and continuity of the counseling and the supply of contraceptive methods for prevention of the first and second pregnancies.</p> <p>Provide assistance on for the integration of counseling in family planning and HIV and on promoting the test with informed consent.</p> <p>In the hospital setting, encourage family planning methods after obstetric events such as post delivery, post abortion, and post c-section.</p>	<p>2000.00</p> <p>5000.00</p> <p>5000.00</p> <p>5000.00</p>	<p>CA</p> <p>MPS</p> <p>HIV</p> <p>ESPERA</p>
<b>TOTAL</b>		<b>\$52,800.00</b>	