Adolescent and Youth Health - 2017 Country Profile
GUATEMALA

Pan American Health Organization
World Health Organization — Regional Office for the Americas
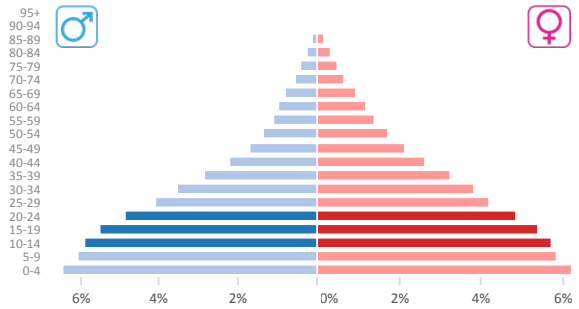
POPULATION

■ Male ■ Female ■ Total

Source: United Nations Population Division: World Population Prospects. 2015 Revision.

Adolescent and Youth Population

| Age	Male	Female	Total
20-24	814,502	810,181	1,624,683
15-19	921,906	900,963	1,822,869
10-14	981,777	950,038	1,931,815
10-24	2,718,185	2,661,182	5,379,367

Adolescents and Youth, percentage of total population: **32%**

ECONOMIC DEVELOPMENT

Source: World Development Indicators (WDIs), The World Bank, 2016.

GDP per capita, PPP (current international $) — **131,777.1** (2016)
GDP growth (annual %) — **3.1** (2016)

EDUCATION PARTICIPATION

Net enrollment rate, secondary (%) (2014)
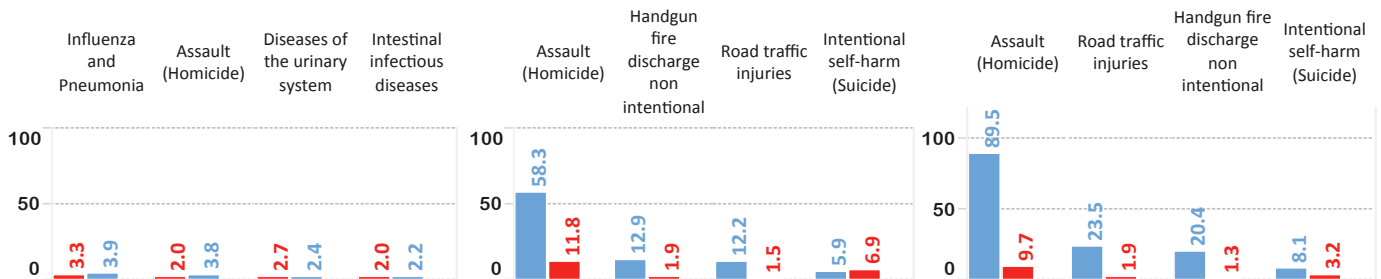- Male: 48%
- Female: 45%
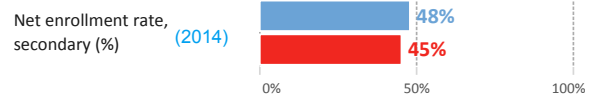
MORTALITY RATES - Four Leading Causes of Death, by Age Group and Sex (per 100,000 Population)

Source: PAHO Regional Mortality Database, Pan American Health Organization (PAHO/WHO), 2016 Edition. Country latest mortality data available as of 2014.
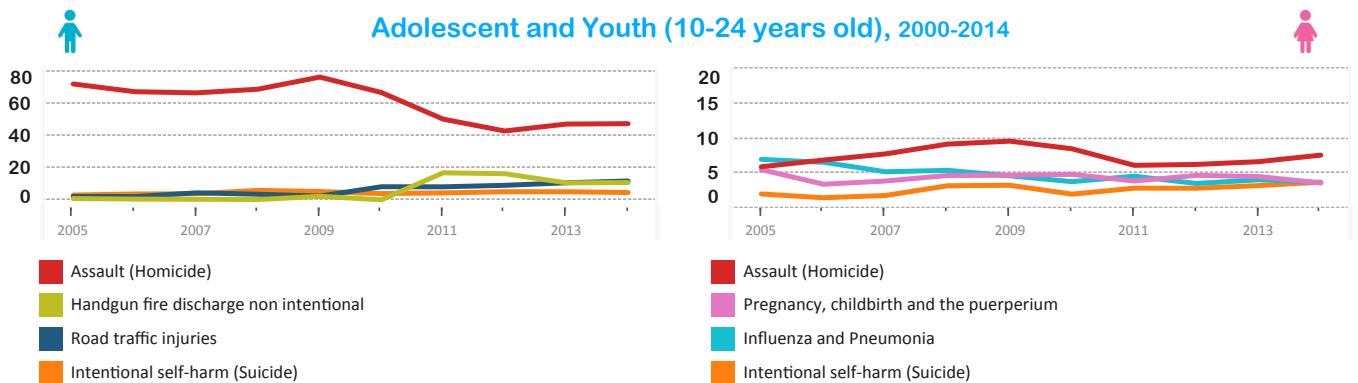
(10-14 years old)

Cause	Female	Male
Influenza and Pneumonia	3.3	3.9
Assault (Homicide)	2.0	3.8
Diseases of the urinary system	2.7	2.4
Intestinal infectious diseases	2.0	2.2

(15-19 years old)

Cause	Male	Female
Assault (Homicide)	58.3	11.8
Handgun fire discharge non intentional	12.9	1.9
Road traffic injuries	12.2	1.5
Intentional self-harm (Suicide)	5.9	6.9

(20-24 years old)

Cause	Male	Female
Assault (Homicide)	89.5	9.7
Road traffic injuries	23.5	1.9
Handgun fire discharge non intentional	20.4	1.3
Intentional self-harm (Suicide)	8.1	3.2

MORTALITY TRENDS - Four Leading Causes of Death, by Sex (per 100,000 Population)

Adolescent and Youth (10-24 years old), 2000-2014

Male:
- ■ Assault (Homicide)
- ■ Handgun fire discharge non intentional
- ■ Road traffic injuries
- ■ Intentional self-harm (Suicide)

Female:
- ■ Assault (Homicide)
- ■ Pregnancy, childbirth and the puerperium
- ■ Influenza and Pneumonia
- ■ Intentional self-harm (Suicide)

MENTAL HEALTH

Source: 2015 Global School Health Survey (GSHS), WHO.

	Male	Female	Total
Percentage of students who ever seriously considered attempting suicide during the past 12 months	11.5	21.4	16.4
Students who actually attempted suicide one or more times during the past 12 months	12.6	19.9	16.3
Percentage of students who did not have any close friends	6.7	6.1	6.4

PROTECTIVE FACTORS

Source: 2015 Global School Health Survey (GSHS), WHO.
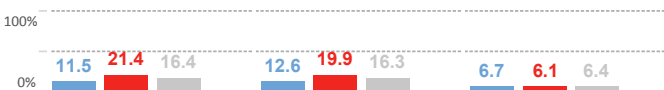
- Students who missed classes or school without permission 1+ of the past 30 days
- Students whose parents really usually knew what they do with free time the past 30 days
- Students whose parents usually understood their problems and worries the past 30 days

No Data Available

■ Male ■ Female ■ Total
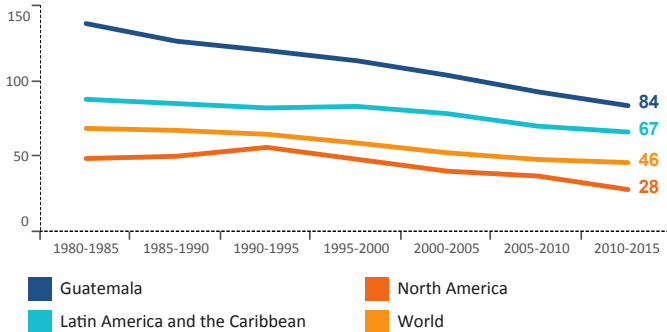
www.paho.org

SEXUAL AND REPRODUCTIVE HEALTH
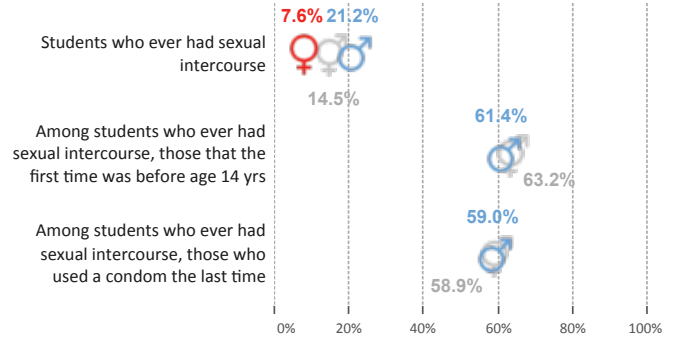
■ MALE   ■ FEMALE   ■ TOTAL

Trends in Adolescent Fertility Rate
(Births per 1,000 women ages 15-19 years old), 1980-2015
Source: United Nations Population Division.
World Population Prospects: The 2015 Revision.

- Guatemala: **84**
- Latin America and the Caribbean: **67**
- World: **46**
- North America: **28**

Legend:
- ■ Guatemala
- ■ Latin America and the Caribbean
- ■ North America
- ■ World

Sexual Behavior in Adolescents
(age group: 13-15 years old)
Source: 2015 Global School Health Survey (GSHS), WHO.

|	Female	Male	Total
Students who ever had sexual intercourse	7.6%	21.2%	14.5%
Among students who ever had sexual intercourse, those that the first time was before age 14 yrs		61.4%	63.2%
Among students who ever had sexual intercourse, those who used a condom the last time		59.0%	58.9%

RISK FACTORS

■ MALE   ■ FEMALE   ■ TOTAL

Sources: GSHS - Global School Health Survey (WHO)   GYTS - Global Youth Tobacco Survey (PAHO)   OAS - Report on Drug Use in the Americas
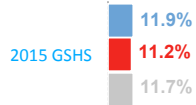
Alcohol Use

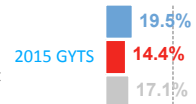Students who drank at least one drink containing alcohol 1+ of the past 30 days — **2015 GSHS**
- Male: **18.3%**
- Female: **15.1%**
- Total: 16.8%
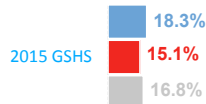
Students who drank so much alcohol that they were really drunk 1+ times during their life — **2015 GSHS**
- Male: **11.9%**
- Female: **11.2%**
- Total: 11.7%

Tobacco Use

Prevalence of current use of any tobacco product — **2015 GYTS**
- Male: **19.5%**
- Female: **14.4%**
- Total: 17.1%

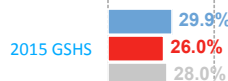Prevalence of current cigarette smokers — **2015 GYTS**
- Male: **14.7%**
- Female: **11.1%**
- Total: 12.9%
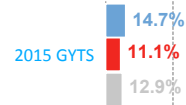
Overweight/Obesity/Diet

Students who usually drank carbonated soft drinks 1+ times per day the past 30 days — **2015 GSHS**
- Male: **63.5%**
- Female: **59.7%**
- Total: 61.4%

Students who were overweight (> +1SD from median for BMI for age and sex) — **2015 GSHS**
- Male: **29.9%**
- Female: **26.0%**
- Total: 28.0%

Students who were obese (> +2SD from median for BMI for age and sex) — **2015 GSHS**
- Male: **8.4%**
- Female: **7.0%**
- Total: 7.7%

Physical Activity

Students who went to physical education (PE) class 3+ days weekly in the school year — **2015 GSHS**
- Male: **36.5%**
- Female: **34.7%**
- Total: 35.9%

Students who spent 3+ hours per day doing sitting activities — **2015 GSHS**
- Male: **20.9%**
- Female: **25.6%**
- Total: 23.1%

Percentage of students who were physically active for a total of at least 60 minutes per day on all 7 days during the past 7 days — **2015 GSHS**
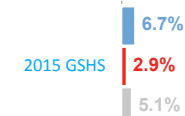- Male: **12.7%**
- Female: **8.7%**
- Total: 10.9%

Drug Use

Among students who ever used drugs, those that first used drugs before age 14 yrs — **2015 GSHS**
- Male: **81.7%**
- Female: **67.4%**
- Total: 77.7%

Students who used marijuana 1+ times during their life — **2015 GSHS**
- Male: **6.7%**
- Female: **2.9%**
- Total: 5.1%

Violence and Unintentional Injuries

Students seriously injured 1+ times during the past 12 months — **2015 GSHS**
- Male: **38.3%**
- Female: **27.0%**
- Total: 32.7%

Students who were in a physical fight 1+ times the past 12 months — **2015 GSHS**
- Male: **31.2%**
- Female: **14.1%**
- Total: 22.8%
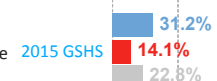
Students who were bullied 1+ days during the past 30 days — **2015 GSHS**
- Male: **26.0%**
- Female: **19.6%**
- Total: 22.8%