WHAT CAN WE DO ABOUT CLIMATE CHANGE?

We can do a lot to protect ourselves, our families, and future generations.

Our transport systems are inefficient, polluting and drive CO2 into the atmosphere, which directly harms the environment and our health. The same can be said of our energy and food **systems.** The livestock sector is responsible for significant greenhouse gas emissions.



Instead, we should walk, cycle and use public transit. This will clean the air, increase physical activity, and reduce additional diseases like obesity.

SUSTAINABLE FOOD SYSTEMS & HEALTHY DIETS

Cutting down on red and processed meat and increasing fruit and vegetable intake in high-consuming populations will reduce emissions and diseases like cancer and heart disease.





World Health Organization