## 15 **DESTROY MOSQUITO BREEDING SITES**

## PREVENT MOSQUITO FROM **BITING YOU AND TRANSMITTING** DISEASES.



Wear long sleeves and trousers.



Use repellents on skin and clothing. Ask an adult for information and help. Avoid places with standing water, garbage piles,



uncut grass, or vacant lots.



Help eliminate mosquito breeding sites.



If you have already been bitten and have fever + headache + rash + nausea or vomiting: Do NOT medicate yourself. See a doctor.

SHARE THIS INFORMATION WITH YOUR FRIENDS AND HELP THEM TAKE ACTION #fightthebite

