Chikungunya is a disease transmitted by the bite of *Aedes aegypti* and *Aedes albopictus* mosquitoes.

Main signs and symptoms:

- **high fever**, which can last up to 7 days
- **joint pain**

Other common clinical manifestations are:

- **headache**
- **itching**
- **rash**
- **muscle pain**

**What should you do?**

- Seek medical attention.
- Drink enough fluids. It is recommended to drink oral rehydration solution.
- Do not self-medicate.
- If you are breastfeeding, continue to do so.