



**RAPID EVALUATION GUIDE FOR  
HOSPITAL PROGRAMS FOR PREVENTION AND CONTROL OF  
NOSOCOMIAL INFECTIONS**

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**PAN AMERICAN HEALTH ORGANIZATION**  
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# Preface

There is no doubt that infections associated with health care (nosocomial infections) pose a problem, affecting approximately one out of twenty hospital patients. Programs for infection prevention and control have demonstrable benefits in reducing related morbidity and mortality and hospital costs. One of the best ways to improve the effectiveness of a program for prevention and control of infections is through systematic and rigorous evaluation of the structural, functional, and practical elements that have to be implemented in hospitals. Evaluations, whether they are external or internal, make it possible to identify those areas requiring additional efforts to comply with standards, to evaluate the strengths of institutions in comparison with their peers, and to set priorities for interventions from the national level.

Evaluations also have formative effects on human resources of the institutions that are evaluated. There can be an immediate effect in improvement or correction of practices, in particular, for the prevention of nosocomial infections. However, the lack of available tools has meant that evaluations of the programs and practices of prevention of communicable diseases have not been made part of program routine. PAHO developed this tool in 2005, and it has been validated through its application in the field in a number of countries of Latin America. The application of this tool is thus based on direct observation of practices in visits carried out jointly by national and international professionals.

After five years of the first edition, the increase of scientific evidence has made it necessary to update the original instrument, while maintaining the same purpose and functionality. This second edition also includes a specific annex on neonatology, expanding its objective and scope. The addition of this new area comes at the request of the countries, given the large number of hospital infection outbreaks in these services. It is expected that this guide will maintain its usefulness and be used within the health services to direct implementation and maintenance of programs and practices for control of nosocomial infections.

## Introduction

### General considerations

The purpose of this guide is to provide orientation for hospital directors on review and improvement of the nosocomial infection programs that all such facilities should have. According to the experts, a well-developed program in the areas currently considered necessary will contain the components and characteristics described in this guide. It is recommended that, before an evaluation, hospitals to be evaluated be informed about the visit and its objectives, and that they have access to this guide.

The purpose of this guide is to provide a general overview rather than specifics on the status of Infection prevention and control (IPC) activities. Therefore, it does not consider the risk of individual patients or specific cases. By nature, it is intended only as an instrument to provide support for an external assessment of the status of the program. It should not be considered an accreditation system. Furthermore, it does not consider other aspects related to care outside of surveillance, prevention, and control of nosocomial infections.

The development and use of the first edition of the Guide were possible thanks to the support and cooperation of the Office of Regional Sustainable Development, Bureau for Latin America and the Caribbean, U.S. Agency for International Development and the Centers for Disease Control and Prevention of the United States of America and the experts of several countries. For its development, specialists in nosocomial infections and microbiologists of several countries met to lay out the principal and essential points that all hospitals should implement in terms of hospital IPC. This guide was applied successfully in 67 hospitals, including public, private, and other hospitals, in 7 countries of the Region of the Americas, involving national and international experts and PAHO staff. Although the programs evaluated presented quite different levels of compliance for the indicators evaluated, the contents of the guide were sufficient for evaluating the different hospitals and their programs for prevention and control of nosocomial infections<sup>1</sup>.

After 5 years of the first edition, given the additional scientific knowledge accumulated during this period, the updating of the guide became necessary. Again experts from several countries were invited to participate. The result is a second edition that maintains the general evidentiary principles and applicability of the previous edition. This edition also includes annex for prevention of infection in the neonatology area.

### Description of the guide

The guide provides information on a number of aspects that, according to a group of Latin American experts, should be included in HAI prevention and control programs. These aspects have been organized in eight areas that include similar topics. In each area, some components considered to be essential in a good infection program have been selected. In each component, the characteristics considered to best describe an acceptable component have been established. Then, indicators have been established so that the presence of the characteristics could be considered objectively. A single characteristic may have several indicators and a single component may have several characteristics. One or more verifiers ("suggested verifiers") have been proposed for each indicator. These simply offer orientation or sources of information for the evaluators that can be used to determine whether a certain indicator is present. The evaluators can use other methods to establish the presence of indicators.

According to this guide, evaluation of the nosocomial infection program is based solely on the presence of indicators. The existence of the characteristics and components is based on analysis of the indicators used for evaluation.

The only exception to the above is the "INEFFECTIVE PRACTICES" area, in which the presence of any of the indicators is considered in a comment to the report.

# **Instructions for application of the rapid evaluation guide for nosocomial infection programs**

## **General instructions**

This guide is designed to be applied within a short period of time (approximately 8 hours per person with one team of 4 people).

- All actions carried out during an evaluation have a well-defined purpose that should be made known during the activity.
- Take written notes on your observations at the time. Do not rely on your memory.
- The written report must be compatible with the oral comments made during the visit.

## **Instructions and recommendations for interviews**

This process includes three main types of interviews:

- I.     **Initial interview:** This interview is usually with the hospital director, who may or may not be accompanied by other people. The objectives are as follows:
  - Introduction to the local authority.
  - Meet the people who will accompany the evaluators during the activity.
  - Become familiar with the general characteristics of the hospital.
  - Explain which activities will be conducted in the hospital during the evaluation.
  - Set a time for the final meeting.
  - Confirm that the local authority has consented to the activity.
- II.    **Technical interviews:** These interviews are with professionals who perform different activities in the hospital. The objective is to obtain specific information related to the guide. In order to make the most of these interviews, the following is recommended:
  - You should always be accompanied by a professional from the hospital
  - Interview the person in charge of the unit or activity. A meeting with personnel working under him or her should be held only with his or her consent.
  - Introduce yourself and explain the reason for the interview.
  - Tell them what information is required.
- III.   **Final interview:** This interview is usually with the hospital director, accompanied by other people. The objectives of this interview are as follows:
  - Report the main findings of the observations.
    - Briefly summarize each area, highlighting aspects that are partially or fully acceptable as well as those that can be improved. Use clear examples. Avoid going into detail.
  - Compile any information that was not included previously.
  - Receive comments and clarifications on your observations.
  - Thank the facilities and the appropriate individuals for having participated in the activity.

It is recommended strongly that the evaluation team meet alone for a few minutes before the final interview and agree on the points that will be dealt with.

#### **Instructions and recommendations for document review**

Some of the information will be obtained from documents that directly or indirectly contribute data that can be used as a basis for determining compliance with the characteristics in the guide. Document review tends to be a long and complex process. For document review:

- Focus the document review on the objectives of the guide.
- Request that your local contacts indicate where the information is found in the documents. Review by a person unfamiliar with the local documentation system may be tedious and fruitless. Be explicit about your needs.
- Avoid requesting a particular document. It is preferable to request documentation for the activities. Each hospital has its own form of documentation.

For example: In order to find out about training activities, avoid requesting "committee minutes" since the information needed may not be found there. However, if you request a list of training activities carried out, there may be different types of documentation (e.g., annual summaries of activities and specific training reports).

### **Instructions and recommendations for direct observation**

Evaluation of many of the characteristics is based on observation of how activities are conducted in practice.

- When direct observation activities are conducted, tell your contacts your expectations before beginning observation. After completing the observation, summarize whether what you found met expectations or the practices did not meet the requirements.
- Be cautious about your comments and your reactions to noncompliance with best practices, particularly because the visits are often accompanied by personnel who may have a partial or distorted understanding of the practices.
- If you observe failure to comply with techniques or inappropriate practices, it is important to take note and possibly mention it at the meeting. However, this does not necessarily mean that it represents a trend unless the practice is repeated.

### **Specific instructions**

Some areas have special conditions to be evaluated.

#### **AREA: INTERVENTION STRATEGIES**

This is one of the most important areas of the evaluation. It is also usually the area in which there are the greatest numbers of observations. In order to evaluate this area, fill out the "PREVENTION AND CONTROL STRATEGIES RECORD FORM." Each indicator refers to the summary of one of the columns on the RECORD FORM.

The evidence-based concepts used to evaluate the preventive strategies are only some of the best well-known and least controversial concepts. Therefore, they should be included in the usual practice of all hospitals.

#### **AREA: INEFFECTIVE PRACTICES**

There are a series of practices that have been introduced in the past in hospitals to prevent infections but which do have bases to support their effectiveness. That is, it has been documented that they do not prevent infections. In some cases, there is even enough information to advise their elimination because they increase the risk of infection.

In this evaluation it is enough to take note and confirm the presence of an ineffective measure that increases the risk of infection in order to include a comment about it in the final review and the written report. Information on the presence of ineffective measures may be acquired from multiple sources. It often occurs by chance during observations in the clinical units.

#### **AREA: NEONATOLOGY**

This area includes all aspects of prevention of hospital infection, as well as prevention of vertical transmission from mother to child. Experts agree that these points should be included in hospital practices for IPC.

## **Written Report**

### **Instructions and recommendations for the preparation of the report**

- When the field activities have been completed, a final written report should be prepared.
- It is recommended that the report be written on the same day as the evaluation was made, particularly if more than one hospital has been evaluated that day.
- This is an activity that should be carried out by the entire team. If more than one hospital has been evaluated on the same day, it is recommended that the hospitals be analyzed one at a time.

## **Records**

Indicate whether or not each indicator in the guide is present by recording **YES, NO, or PARTIAL**. Whenever NO or PARTIAL is recorded, a brief written description of the actual status should be provided so that there can be records for local follow-up. UNEVALUATED should only be recorded in extraordinary circumstances, and the reason should be explained.

## **People to interview**

- Director
- Person in charge of the IPC Program or Committee
- IPC nurse
- Medical epidemiologist
- Microbiologist
- Sterilization supervisor
- Unit chiefs for intensive care, pediatrics, and surgery
- Head of nursing
- Personnel health supervisor

## Proposed program

Activity	Estimated duration minutes	Number of evaluators	Objective
Initial interview	40	All	Presentation set final meeting.
Meeting with technical committee	90 to 120	1 recommended: all	Review of information, documents, evaluates the organization and surveillance.
Visit to services	Sterilization	45 to 60	Evaluate the sterilization and disinfection processes.
	Laboratory	30 to 45	Evaluate microbiology.
	Intensive Care Unit	30 to 45	Evaluate intervention strategies.
	Pediatrics	30 to 45	Integration of the program into routine practice.
	Surgery	30 to 45	Aspects of the physical plant and environmental sanitation.
	Medicine	30 to 45	Identify ineffective practices.
	Other services, depending on time available.	30 to 45	
Meeting with personnel health supervisor	30 to 40	1	Evaluate personnel health.
Meeting with governing body	30 to 60	All	Oral report on findings.
Writing report	120 to 180	All	Prepare report.

## Glossary

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access	In this document this refers to the situation in which a hospital provides a service that is not necessarily directly under it. For example, it may not have a microbiology department. Rather, the service is provided by an external laboratory on a timely basis whenever required. In this case it has “access” to microbiology.
annual discharges	Includes normal discharges, discharges due to death, and transfers, over the period of a year.
annual occupied bed days	Based on a daily count of the number of patients in the patient care location. This count is recorded at the same time every day. Daily totals are summed up at the end of the month, and monthly totals summed up at the end of the year.
basic HAI indicators	Minimum ongoing information that a hospital should have in

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order to determine infection status. The following infections are included in this minimum: central venous catheter-related sepsis, catheter-associated urinary infections, pneumonias associated with mechanical ventilation, surgical site infections by type of operation, and puerperal endometritis by type of delivery. These indications may be different if an establishment has other frequent high-risk procedures.

biological sterilization controls	Biological controls are currently the only available means to confirm sterilization of an article or to determine the effectiveness of the sterilization process.
Bowie-Dick test	This is a method for evaluating the effectiveness of the vacuum system of an autoclave, by measuring the presence or absence of air or other gases in the sterilization chamber that can hinder rapid and uniform penetration of the steam into the contents being sterilized.
chemical sterilization controls	These tests are based on chemical reactions and are sensitive to the parameters of the different sterilization methods (saturated steam, temperature, and time). They contain paper strips printed with ink and other non-toxic reagents that change color when the requirements for the process are met.
disinfection	Procedure designed to eliminate pathogenic agents from articles and other patient care equipment in order to decrease the risk of infection. Microbial spores are not usually eliminated. Different levels are distinguished using Spaulding's classification. High-level disinfection is of particular interest.
epidemiological surveillance	Ongoing information system on diseases (usually infectious diseases), in the population in order to determine their frequency, risk factors, morbidity, and mortality, for early detection of epidemics.
evidence	Certainty derived from studies on a given subject that are currently considered to be conclusive. This usually includes,

but is not limited to, several controlled clinical trials with concordant conclusions.

external performance evaluation	System for retrospective and objective comparison between laboratories, organized by an independent external entity. <sup>2</sup>
goals	Quantified objectives expected to be achieved. They are usually expressed numerically in ratios, rates, proportions, or other similar indicators.
guide	Document with recommendations for action on a given subject. The subjects are usually technical, and the recommendations are not compulsory.
healthcare associated infection (HAI)/ nosocomial infections (NI) /hospital infections	Infection that occurs during or as a result of hospitalization, and was not present or in incubation at the time of patient admission. This definition does not distinguish between severe and minor infections, or between preventable and non-preventable infections.
high level disinfectants with proven effectiveness	Formulations based on glutaraldehyde, >2%; orthophthalaldehyde (OPA), 0.55%; hydrogen peroxide, 7.5%; peracetic acid, >0.2%; hydrogen peroxide, 7.35%. and peracetic acid, 0.23%; hydrogen peroxide, 1%, and peracetic acid, 0.08%.
immunization coverage	Proportion of persons vaccinated of the total planned. For this guide, no distinction is made whether or not the immunological response to the vaccine was evaluated.
immunization program	Activities designed to vaccinate a given population, which establishes who should be vaccinated, which vaccines should be used, dosages, methods, periodicity, and any other relevant characteristics of immunization.
invasive procedure	Clinical procedure that includes mechanical disruption of the body's defense barriers (e. g., skin perforation or insertion of catheters that change the normal flow of fluids).
major surgeries	A major surgery is any procedure carried out in an operating

	room that requires incision, excision, manipulation, or suture of a tissue. It usually requires local anesthesia, general anesthesia, or deep sedation to control pain. <sup>1</sup>
management of personnel with/exposed to infections	Perform rapid diagnosis and appropriate post-exposure prophylaxis following accidents in the workplace
manual	Reference document that organizes and summarizes the regulations, instructions, procedures, or any other type of information, usually operational, on a specific subject.
medical sharps box	A container for disposing safely of sharp objects used. The medical sharps box should safely contain contaminated sharp objects: immediately after use; during temporary storage; and during transport and handling up to the point of final treatment and disposal.
official document	Document that meets local requirements to be considered obligatory for familiarity and compliance. At minimum it must have the signature of the person in charge of the hospital.
orientation program	Organized training activities to ensure that recently hired personnel are familiar with the hospital's technical and administrative procedures.
professional	Worker with a university education and degree.
program	Organized set of resources and activities to attain a known end. It also includes objectives, goals, and persons responsible.
routine	Customary practice without a rationale that is performed according to current practice.
standard	Standing order that must be complied with.
sterilization	Procedure designed to eliminate all forms of microbial life from articles and other patient care equipment in order to decrease the risk of infection.
structures responsible for the program	A specific stable unit or service that includes those responsible for the safety of clinical activities (departments or unit chiefs). In addition to the individuals themselves, this includes their

	method of communication and the hierarchical structure of the organization.
supervision	Process of observation for measuring compliance with standards, instructions, care procedures, or other characteristics of daily practice.

**1 ALIANZA MUNDIAL PARA LA SEGURIDAD DEL PACIENTE. SEGUNDO RETO MUNDIAL POR LA SEGURIDAD DEL PACIENTE. LA CIRUGÍA SEGURA SALVA VIDAS.** Organización Mundial de la Salud.

[http://whqlibdoc.who.int/hq/2008/WHO\\_IER\\_PSP\\_2008.07\\_sp.pdf](http://whqlibdoc.who.int/hq/2008/WHO_IER_PSP_2008.07_sp.pdf)

**2** Curso de Gestión de calidad y buenas prácticas de laboratorio. II Edición, Washington, D.C., 2009.[http://new.paho.org/hq/index.php?option=com\\_content&task=view&id=1077&Itemid=1273&lang=e](http://new.paho.org/hq/index.php?option=com_content&task=view&id=1077&Itemid=1273&lang=e)

**Rapid evaluation guide for nosocomial infection programs****DESCRIPTION OF HOSPITAL**

Evaluation date:																											
Name of the hospital:																											
City:	Country:																										
Administrative status:	state	private	university Other:																								
Beds:	Annual discharges:																										
Annual occupied bed days:																											
Beds in Intensive Care Unit (ICU):	Microbiology laboratory:																										
ICU beds for adults:	Number of isolations/year:																										
ICU beds for pediatrics:	Number of antibiograms/year:																										
ICU beds for neonatology:																											
<table border="1"> <thead> <tr> <th>Clinical Service</th> <th># Annual discharges</th> <th># Annual major surgeries or childbirths</th> </tr> </thead> <tbody> <tr> <td>Surgery</td> <td></td> <td></td> </tr> <tr> <td>Obstetrics</td> <td></td> <td></td> </tr> <tr> <td>Pediatrics</td> <td></td> <td></td> </tr> <tr> <td>Mark the clinical or surgical services that the hospital has</td> <td>Internal medicine</td> <td></td> </tr> <tr> <td></td> <td>Neonatology</td> <td></td> </tr> <tr> <td></td> <td>Adult intensive care</td> <td></td> </tr> <tr> <td></td> <td>Other subspecialties</td> <td></td> </tr> </tbody> </table>				Clinical Service	# Annual discharges	# Annual major surgeries or childbirths	Surgery			Obstetrics			Pediatrics			Mark the clinical or surgical services that the hospital has	Internal medicine			Neonatology			Adult intensive care			Other subspecialties	
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	Other subspecialties																										
Names and positions of the people interviewed:																											
Names of evaluators:																											

## AREA: ORGANIZATION

<b>Components</b>	<b>Characteristics</b>	<b>Indicator</b>	<b>Suggested verifier</b>	<b>Present?</b>
<b>Leadership</b>	<b>The structures responsible* for Infection Prevention and Control (IPC) in the hospital and the division of responsibilities have been defined.</b>	There is an official document* designating those responsible for IPC in the hospital.  The functions for each person responsible are laid out.  The personnel responsible for IPC are at a high level within the institution.	Document signed by local authority.  Document signed by local authority.  Document signed by local authority.	
<b>IPC Education</b>	<b>IPC functions are directed and evaluated by the highest level of the organization.</b>	There are annual goals* for IPC for the hospital.  There is evidence that decisions are made to achieve the goals.  Goals are monitored and evaluated at least once a year by the hospital management.	Official document of the institution (program, plan or annual report).  Minutes, reports, or intervention programs.  Minutes, reports, or annual report.	
	<b>The IPC program is considered to be an integral part of work by all personnel.</b>	There is an orientation program* for new personnel and this program is implemented.	Written program that includes IPC standards. Report on compliance with the program.	

\* See Glossary.

## AREA: EPIDEMIOLOGICAL SURVEILLANCE OF INFECTIONS

Components	Characteristics	Indicator	Suggested verifier	Present?
Personnel	The program has a physician for the activities.	Physician trained in basic epidemiology and IPC # of physicians: Total hours per week:	Interview, certificates	
	The program has a nursing professional for HAI control.	Nursing professional trained in epidemiological surveillance, IPC, and supervision # of nursing professionals: Total hours per week:	Interview, certificates	
		Access * to professional microbiologist Standardized definitions of most frequent infections	Interview	
Surveillance method	Surveillance is conducted with active data collection methods	At least weekly case-finding in risk groups, by review of clinical histories and laboratory data Case-finding carried out by professionals	Local document	
		Standardized definitions of exposed individuals (denominators of rates) and of how information on such individuals is collected	Surveillance record sheets, interview	
		Has monthly HAI rates for each basic indicator* <sup>3</sup> Number of months In the last year the indicator was provided:	Interview	
Surveillance method	Epidemiological information is analyzed to detect HAI problems and evaluate the impact of interventions	Annual analysis and report on antimicrobial drug resistance	Local procedure and interview	
		Annual analysis of HAI trends that identifies problems and proposes solutions	Reports	
		Evaluation system (e.g., prevalence) of the capacity of the surveillance system to detect infections	Report	
Dissemination of information	Information is disseminated to all who need it	Identifies epidemic outbreaks and has outbreak report Number of outbreaks in the last year? Average time for detection of outbreaks:	Evaluation report Outbreak report	
		Periodic report with analysis, recommendations, and known distribution	Report or bulletins and list of distribution	
		Up-to-date information is available and known in all the departments involved in surveillance	Interview managers	

\*

See Glossary.

1- minimum of 10 or more hours a week – Core components for infection prevention and control programmes WHO/HSE/EPR/2009

2- minimum of one full-time professional per 250 beds - Hayley RW et al. Am J Epidemiol. 1985 Feb; 121(2):182-205.

3- minimum of at least 80% of the year

## AREA: MICROBIOLOGY

Components	Characteristics	Indicator	Suggest Verifier	Present?
		Identification of aerobic bacteria to species level in blood cultures <i>Enterococcus faecium</i> and <i>Enterococcus faecalis</i> <i>Pseudomonas aeruginosa</i> <i>Staphylococcus aureus</i> Enterobacteriaceae	Report, record, and laboratory interview	
	The establishment has access* to identification of the most relevant microbial agents in HAI	Identification of viral agents: Hepatitis B and C HIV Adenovirus Influenza Syncytial respiratory virus Rotavirus	Report, record, and laboratory interview	
Diagnostic capability		Identification of <i>M. tuberculosis</i> Identification of <i>Candida</i> Determination of <i>Clostridium difficile</i>	Report, record, and laboratory interview Report, record, and laboratory interview Report, record, and laboratory interview	
	<b>Has routine procedures and capacity to identify susceptibility to antimicrobial drugs of HAI agents isolated</b>	Identify susceptibility patterns for the most frequent agents or those of epidemiological importance for HAI Methicillin-resistant <i>Staphylococcus aureus</i> Vancomycin-resistant <i>Staphylococcus aureus</i> , with CLM Vancomycin-resistant <i>Enterococcus</i> .	Report, record, and laboratory interview	
		Enterobacteria and nonfermenting bacilli that produce carbapenemases and extended-spectrum beta-lactamases (ESBL)	Report, record, and laboratory interview	
		Nonfermenting bacilli productive of carbapenemases	Report, record, and laboratory interview	

\* See Glossary.

<b>Quality control</b>	<b>Microbiology activities are evaluated periodically with internal and external quality control</b>	<p>The program maintains quality control records on identification of agents and antimicrobial susceptibilities in accordance with NCCLS or other standards</p> <p>The program is submitted to an external performance evaluation program at least once a year</p> <p>There is a manual of procedures for internal quality control, updated at least every 3 years, which is disseminated to the personnel</p>	Report, record, and laboratory interview	Report from reference laboratory confirm
<b>Specimen collection, processing, and shipping standards</b>	<b>There are standardized techniques and procedures</b>	<p>There is a specimen collection and shipping manual, updated at least every 3 years, which is disseminated to the personnel</p>	Report, record, and laboratory interview confirm	Microbiology report confirm
<b>Microbiological information</b>	<b>Clinical information analysis</b>	<p>Periodic report on the agents responsible for HAI by specimen type and the department of origin</p> <p>How many in a year?</p> <p>Periodic report on antimicrobial susceptibility patterns for relevant etiologic agents</p> <p>How many in a year?</p>	Microbiology report confirm	Microbiology report and record confirm
		<p>There is an alert mechanism for unusual microbiological findings</p>	Report and records	
	<b>Participation in the committee for HAI prevention and control</b>	<b>Relation of the microbiologist to the HAI control committee</b>	A laboratory staff member is part of the HAI control committee of controls	Records
		Participation of the laboratory in the preparation of manuals and guidelines of the HAI committee	Confirm	

## AREA: INTERVENTION STRATEGIES

Component	Characteristics	Indicator	Suggested verifier	Consolidated activities <sup>1</sup>	Present?
Interventions to improve HAI prevention and control	Principal activities for IPC are regulated in accordance with best current knowledge	Existence of a complete regulatory technical basis The regulations have been updated within the last three years The contents and indicators of the technical regulations are evidence-based	Standards*, guides* or manuals*	Summary column (a)	
	Compliance with regulations is promoted and evaluated	The regulations have been disseminated with effective activities to those personnel who should be familiar with them Supervision* of compliance with the regulations by personnel There is evidence of compliance with the basic regulations	Training program evaluated, attendance reports Supervision reports Direct observation	Summary column (d) Summary column (e) Summary column (f)	

<sup>1</sup> Use the “PREVENTION AND CONTROL STRATEGIES RECORD FORM” to record the detailed information consolidated here.

\* See Glossary.

**PREVENTION AND CONTROL STRATEGIES RECORD FORM**

Characteristics					
(a) Present	(b) Updated (< 3 years)	(c) Are these concepts included in the standard?	(d) Disseminate d to personnel	(e) Supervision plan for the standard applied	(f) Compliance with the standard
Infection prevention activities		Evidence-based <sup>2</sup> central concepts			
Prevention of bacteremia associated with central venous catheter		<ul style="list-style-type: none"> <li>• Maximum barriers (surgical preparation of patient and physician) for its installation</li> <li>• Circuit handling with aseptic technique</li> <li>• Use of chlorhexidine for maintenance of the site of insertion</li> </ul>			
Prevention of pneumonia associated with mechanical ventilation		<ul style="list-style-type: none"> <li>• Closed aspiration or with aid of secretions</li> <li>• Handling of circuits with aseptic technique</li> <li>• Circuits change between patients</li> <li>• Use of circuits with at least high-level disinfection</li> <li>• Semi-reclining position</li> <li>• Oral hygiene</li> </ul>			
Prevention of urinary infection associated with urinary catheter		<ul style="list-style-type: none"> <li>• Circuit permanently closed</li> <li>• Bag emptied and hands washed between patients</li> <li>• Collection bag permanently below bladder level</li> </ul>			
Prevention of surgical wound infections		<ul style="list-style-type: none"> <li>• Infectious foci eliminated before surgery</li> <li>• Surgical site not shaved with razor blade</li> <li>• Antimicrobial prophylaxis is administered within a hour before the surgical incision</li> </ul>			
Standard precautions and additional precautions		<ul style="list-style-type: none"> <li>• Use of gloves for handling secretions</li> <li>• Hand-washing before and after patient care</li> <li>• Use PPE (for example, gloves, gown, masks), appropriate for the level of expected contamination when patient is treated in isolation</li> </ul>			
Aseptic technique		<ul style="list-style-type: none"> <li>• Hand-washing before and after patient care</li> <li>• Use of antiseptics for skin preparation before invasive procedures</li> <li>• Use of sterile material in invasive procedures</li> </ul>			
Restricted-use antibiotics		<ul style="list-style-type: none"> <li>• Vancomycin</li> <li>• Third-generation cephalosporin of 3<sup>rd</sup> generation.</li> <li>• Others? Specify which:</li> </ul>			

<sup>2</sup> These concepts are based on well-designed studies that permit the conclusion that compliance is effective in preventing infection

## AREA: STERILIZATION AND HIGH-LEVEL DISINFECTION

Components	Characteristics	Indicator	Suggested verifier	Present?
	<b>Appropriate methods</b>	Only sterilization methods of proven efficacy are used <sup>3</sup>	Interview, standards, direct observation	
	<b>Standardized procedures</b>	Standards and procedures have been established for all processes related to sterilization	Standards and procedures manual	
		Use of individual chemical indicators in each package	Direct observation	
		Use of biological Indicators at least for implants and after equipment repair	Record	
<b>Sterilization* methods</b>	<b>Sterilization processes controlled to guarantee results</b>	Daily use of Bowie-Dick test for pre vacuum autoclaves Surgical instruments processed are free from organic matter All packages are labeled with expiration dates and are within the effective period Undamaged containers that are appropriate for the method <sup>4</sup>	Records Direct observation Direct observation	
		Use Flash autoclave only in emergencies	Direct observation	
	<b>Processes are performed on operational equipment</b>	There is a program for preventive maintenance of the sterilization equipment	Maintenance programs records	
	<b>Appropriate methods</b>	Only high-level disinfection of methods of proven efficacy <sup>5</sup> are used	Interview, standards, and direct observation.	
	<b>High-level disinfection * methods</b>	Standards and procedures are established for all processes related to disinfection	Standards and procedures manuals	
	<b>High-level disinfection processes controlled to guarantee results</b>	Appropriate exposure time is controlled in every cycle Chemical indicator of concentration at least daily	Standards and records Records	

\* See Glossary.

<sup>3</sup> As of the date this document was prepared: autoclaves, dry heat, ethylene oxide in automated equipment, formaldehyde in automated equipment, hydrogen peroxide plasma in automated equipment, peracetic acid in automated equipment.

<sup>4</sup> Fenestrated boxes for use in autoclaves, use of memory-free paper for all paper packaging, cellulose-free packaging for plasma sterilization

<sup>5</sup> As of the date this document was prepared, : 2% glutaraldehyde, peracetic acid, orthophthalaldehyde (OPA). For dialysis filters 4% formaldehyde can be used

## AREA: PERSONNEL HEALTH

Components	Characteristics	Indicator	Suggested verifier	Present?
		Staff training on prevention of exposure to sharps and on immunization	Program and care records	
		Program * in writing for Hepatitis B immunization of personnel exposed to blood	Program	
		Hepatitis B program coverage * greater than or equal to 80% of the target population	Records and coverage	
		Program * in writing for annual influenza immunization for all health staff	Program	
		Influenza program coverage * greater than or equal to 80% of the target population	Records and coverage	
		Program * in writing for rubella immunization for women and susceptible men	Program	
		Rubella program coverage * greater than or equal to 80% of the target population	Records and coverage	
		Management of exposures to blood caused by injuries from sharp objects used with patients	Standard and records	
		Management of personnel with communicable <sup>6</sup> infections that is supervised* and complied with	Standard and records	
		Management of exposures of mucous membrane to blood and organic fluids and to injuries from sharp objects used with patients	Standard and records	

\* See Glossary

<sup>6</sup> Establish whether personnel with infectious communicable diseases may be in contact with patients or whether they should be absent from work during the course of the infection

## AREA: HOSPITAL ENVIRONMENT AND SANITATION

Components	Characteristics	Indicator	Suggested verifier	Present?
		Potable water is available on an ongoing basis with a minimum of eight hours supply	Direct observation	
	Hand-washing	Accessible <sup>7</sup> and operational washbasins with soap and supplies for drying hands in all patient care areas	Direct observation	
		Glycerinated alcohol in all patient care areas	Direct observation	
		Operational washbasins with accessible supplies in all drug preparation and invasive procedures areas	Direct observation	
		Separation of a meter or more between beds in pediatrics	Direct observation	
		Separation of a meter or more between beds in intensive care units	Direct observation	
		Participation by IPC team if remodeling or construction takes place in areas where activities of clinical importance are conducted	Minutes, and interviews.	
		Availability of room for isolation of individual patients or groups, with operational washbasins, access to glycerinated alcohol solution, supplies, closed doors, and personal protection equipment	Direct observation	
		For patients who need respiratory isolation, rooms are available for isolation of individual or groups, with operational washbasins, access to glycerinated alcohol solution, supplies, closed doors, and personal protection equipment. The isolation rooms have air vents to the outside	Direct observation	
		Areas for isolation and patients in isolation are marked	Direct observation	
		There is a space reserved for procedures that generate aerosols	Direct observation	
		Disposal in waterproof, puncture-resistant containers	Direct observation	
Sanitation conditions	Sharps are handled in a such a way as to prevent			

<sup>7</sup> Washbasins should be inside the patients' hospital rooms

<b>accidents</b>	The containers for sharps are in a safe place adequate for guaranteeing the safety of patients and health workers	Direct observation
	Personnel handling waste use protective <sup>8</sup> barriers	Direct observation and interview.

<sup>8</sup> Thick waterproof gloves, eye covers if splashing may occur during activities

## AREA: INEFFECTIVE PRACTICES

The following practices have been used in the past for prevention of infections. There are currently no bases for recommending their continuation.		Present?
<b>Known to be ineffective practices that increase risk<sup>9</sup>.</b>	Processing with disinfectants that do not have proven efficacy for sterilization or high-level disinfection	
	Syringes or needles that are used on more than one patient (e. g., in anesthesia or in neonatology)	
	<b>Use of Flash sterilization as a routine method to sterilize instruments</b>	
	Shaving surgical site with razor blade	
	Use immersion in chemical agents for sterilization	
	Environmental disinfection with formaldehyde	
	Sterilization with formaldehyde tablets	
	Sterilization of materials in plastic bags and ethylene oxide ampoules	
	Recycling of disposable peripheral venous infusion material	
	Use of air conditioning without filter in operating room	
<b>Known to be ineffective and expensive practices.<sup>10</sup></b>	Use of insecure boxes for disposal of sharps	
	Critical areas for patient care, invasive procedures, and preparation of medications should not have ventilators	
	Chemical decontamination of contaminated material	
	Routine cultures for personnel who are carriers <sup>11</sup>	
	Use of topical antiseptic on open wounds	
<b>11 These practices are not useful unless there is an epidemic in which there is reason to consider the existence of carriers as a risk factor.</b>	Continuation of antibiotic treatment after the operation ends	
	Routine cultures of vascular catheter tips	
	Disinfection of hospital waste (except for microbiology laboratory)	

<sup>9</sup> These concepts are based on well-designed studies that lead to the conclusion that they do not prevent infection and, to the contrary, may increase the risk of infection.

<sup>10</sup> These concepts are based on well-designed studies that lead to the conclusion that they do not prevent infection. Although they do not increase risk, they often cause unnecessary expense.

<sup>11</sup> These practices are not useful unless there is an epidemic in which there is reason to consider the existence of carriers as a risk factor.

	Use of footwear covers in all areas of the hospital
	Routine cultures of urinary catheter tips
	Routine environmental cultures (e.g., air, surfaces, or soap)

**AREA: NEONATOLOGY**

Components	Characteristics	Indicator	Suggested verifier	Present?
		Number of nursing professionals	Are there sufficient nursing professionals, depending on the severity of the children's illnesses?	Interview
<b>There are basic structural conditions for prevention of infections</b>	<b>Hand -washing</b>	Accessible and operational washbasins with soap and supplies for drying of hands in all the patient care areas	Direct observation	
		Glycerinated alcohol in all the patient-care areas	Direct observation	
		Operational washbasins with accessible supplies in all areas for preparation or drugs and formulas and for invasive procedures	Direct observation	
<b>Prevention of infections that can be transmitted to patients</b>	<b>Minimum space</b>	Separation of a meter or more between cradles in neonatology	Direct observation	
		Use of aseptic technique for insertion	Interview, standards, and direct observation.	
		Use of chlorhexidine for care of the insertion point.	Interview, standards, and direct observation.	
		Withdrawal of CVCs with positive hemocultures	Interview, standards, and direct observation.	
		Early beginning of the enteral diet	Interview	
		Breast milk is offered by mothers only to their own children	Interview, standards	
		There is availability of pasteurized breast milk	Interview, standards, and direct observation.	
	<b>Drug management</b>	There is a protocol for drug fractionation	Standards	

		All fractional drugs have the date and hour of dilution and the date and hour of validity or expiration	Interview, standards, and direct observation.
		There is a protocol for prevention of vertical transmission of HIV	Interview, standards, and direct observation.
		There is a protocol for prevention of vertical transmission of HBV	Interview, standards, and direct observation.
		There is a protocol for decolonization of mothers colonized with <i>Streptococcus B</i>	Interview, standards, and direct observation.
<b>Prevention of infections that can be transmitted from mother to child</b>	<b>There are activities for prevention of infections that can be transmitted vertically</b>	<i>Collyrium</i> <sup>12</sup> is used for gonococcal ophthalmia prophylaxis	Interview, standards, and direct observation.

<sup>12</sup> 1% silver nitrate or erythromycin ophthalmic ointment