



ZIKA VIRUS

How is Zika infection prevented?

To prevent mosquito bites that transmit Zika:



Cover skin with long-sleeve clothing, trousers and hats



Use insect repellent as recommended by health authorities



Sleep protected by mosquito nets



At least once a week, empty, clean, turn over, cover and/or dispose of containers that can hold water, such as tires, buckets and flower pots, both inside and outside of dwellings to eliminate mosquito breeding sites



Use screens or mosquito nets in windows and doors to reduce contact with mosquitoes

Controlling the breeding sites of *Aedes* mosquitoes reduces the likelihood of transmission of Zika, chikungunya, and dengue.



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#zika
#FightAedes
#ZikaVirus
www.paho.org/zikavirus