**MOSQUITOES THAT CAN TRANSMIT SERIOUS DISEASES LIVE IN YOUR HOME.**
They need human blood to feed the eggs they carry, and clean standing water to lay them in, so that they develop into mosquitoes.

**TAKE ACTION IN YOUR HOME**
Eliminate mosquito breeding sites

- **COVER TANKS, SINKS AND POOLS.**
- **TURN OVER CONTAINERS THAT CAN ACCUMULATE WATER AND REMOVE ANY THAT ARE NOT NECESSARY.**
- **PROTECT DOORS AND WINDOWS WITH MOSQUITO NETTING.**
- **CHANGE WATER IN VASES AND FLOWER POTS ONCE A WEEK. IT IS IMPORTANT TO CLEAN THEM IN CASE MOSQUITO EGGS ARE ATTACHED TO THE SIDES.**
- **CLEAN RAIN GUTTERS AND DRAINS, IF THEY GET BLOCKED WITH LEAVES AND GARBAGE, THERE WILL BE MOSQUITOES.**

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**MOBILIZE THE PEOPLE AROUND YOU**
*Protect them*

- Ask them to wear long sleeves and trousers to avoid bites.
- Use repellents on skin and clothing, following product instructions for repellents with up to 30% DEET, and those containing PICARIDIN.
- Maximize preventive measures in pregnant women: do not use repellent on children under 2 months old.
- Ensure that children play far from standing water and neglected areas with uncut grass, garbage, and vacant lots.
- In the case of fever, headache, rash, nausea or vomiting, do not take aspirin or anti-inflammatory drugs. Go to a health clinic.

**MOBILIZE YOUR COMMUNITY**
*Share information*

- Help your neighbors take action. Explain to them how to protect themselves from mosquito bites to avoid Dengue, Zika, Chikungunya, Yellow Fever and Malaria.
- Females fly in a radius of up to 400 m. Explain to your neighbors how to prevent and eliminate possible breeding sites.
- To prevent mosquito bites, it is not enough just to eliminate breeding sites in your home. There may also be breeding sites in your neighbors’ homes and throughout the neighborhood.

#fightthebite