HOW TO PUT ON PERSONAL PROTECTIVE EQUIPMENT (PPE)

• Identify hazards & manage risk. Gather the necessary PPE
• Plan where to put on & take off PPE
• Ask a friend to help or put on in front of a mirror
• Discard all PPE in an appropriate waste bin

* Surgical mask or respirator (N95 or similar), depending on the level of care. For aerosol generating procedures (AGP), wear a respirator (N95 or similar)
** e.g. visor, face shield, goggles (consider anti-fog drops or fog-resistant goggles)
HOW TO TAKE OFF PPE

- Avoid contamination of self, others and environment
- Remove the most heavily contaminated items first

**STEP 1**
Remove gloves then remove gowns

**STEP 2**
Perform hand hygiene

**STEP 3**
Remove eye or facial protection from behind

**STEP 4**
Remove surgical mask or respirator from behind

**STEP 5**
Perform hand hygiene
WHAT PPE ITEM TO USE IN WHAT SITUATIONS

<table>
<thead>
<tr>
<th>Level of care</th>
<th>Hand hygiene</th>
<th>Gown</th>
<th>Surgical mask</th>
<th>Respirator (N95 or similar)</th>
<th>Goggle (eye protection) OR face shield (facial protection)</th>
<th>Gloves</th>
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<tbody>
<tr>
<td>Triage</td>
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<td>Collection of specimens for laboratory diagnosis</td>
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<td>Suspected or confirmed case of COVID-19 requiring healthcare facility admission and NO aerosol-generating procedure</td>
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<tr>
<td>Suspected or confirmed case of COVID-19 requiring healthcare facility admission and WITH aerosol-generating procedure‡</td>
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‡AGPs include positive pressure ventilation (BiPAP and CPAP), endotracheal intubation, airway suction, high frequency oscillatory ventilation, tracheostomy, chest physiotherapy, nebulizer treatment, sputum induction, and bronchoscopy.