**How to Put on Personal Protective Equipment (PPE)**

1. Identify hazards & manage risk. Gather the necessary PPE
2. Plan where to put on & take off PPE
3. Ask a friend to help or put on in front of a mirror
4. Discard all PPE in an appropriate waste bin

**Step 1**
- Put on a gown

**Step 2**
- Put on surgical mask or respirator*

**Step 3**
- Put on eye (goggles) or facial protection (face shield)†

**Step 4**
- Put on gloves (over cuff)

**Step 5**
- Performance hand hygiene

* Surgical mask or respirator (N95 or similar), depending on the level of care. For aerosol generating procedures (AGP), wear a respirator (N95 or similar)
† e.g. visor, face shield, goggles (consider anti-fog drops or fog-resistant goggles)

**How to Take off PPE**

- Avoid contamination of self, others and environment
- Remove the most heavily contaminated items first

**Step 1**
- Remove gloves then remove gowns

**Step 2**
- Perform hand hygiene

**Step 3**
- Remove eye protection from behind

**Step 4**
- Remove surgical mask or respirator from behind

**Step 5**
- Perform hand hygiene

<table>
<thead>
<tr>
<th>Level of care</th>
<th>Hand hygiene</th>
<th>Gown</th>
<th>Surgical mask</th>
<th>Respirator (N95 or similar)</th>
<th>Goggle (eye protection) OR face shield (facial protection)</th>
<th>Gloves</th>
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<tbody>
<tr>
<td>Triage</td>
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<td>Collection of specimens for laboratory diagnosis</td>
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<td>Suspected or confirmed case of COVID-19 requiring healthcare facility admission and NO aerosol-generating procedure</td>
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<tr>
<td>Suspected or confirmed case of COVID-19 requiring healthcare facility admission and WITH aerosol-generating procedure†</td>
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† AGPs include positive pressure ventilation (BiPAP and CPAP), endotracheal intubation, airway suction, high frequency oscillatory ventilation, tracheostomy, chest physiotherapy, nebulizer treatment, sputum induction, and bronchoscopy.