DRINK ONLY CLEAN WATER!

IF YOU'RE NOT SURE THAT THE WATER IS SAFE, BOIL IT FOR 3 MINUTES BEFORE USING IT!

ALWAYS WASH YOUR HANDS WITH SOAP AND WATER!

WASH UTENSILS WELL...

... AND FOOD TOO!

IF YOU FEEL LIKE YOU'RE GETTING SICK FROM SOMETHING YOU ATE, FOR EXAMPLE, WITH A STOMACHACHE OR DIARRHEA... SEE A DOCTOR!

GOOD WATER... BETTER HEALTH!
DON'T PLAY NEAR FACTORIES... OR PLACES WITH LOTS OF DUST, GAS, OR SMOKE!

AVOID THE SMOKE FROM WOOD-BURNING STOVES!

ALSO AVOID PESTICIDES ON FARM-LAND...

IF YOUR CHEST FEELS TIGHT, IT'S HARD TO BREATHE, OR YOU HAVE A COUGH... CONTACT THE DOCTOR!

A PERSON WHO BREATHES WELL... SLEEPS WELL!
ALWAYS OPEN WINDOWS TO FRESHEN THE AIR INDOORS!

DON'T HANG AROUND SOMEONE WHO'S SMOKING!

STOVES SHOULD HAVE EXHAUST FANS TO REMOVE SMOKE FROM INDOORS!

BREATHING MOLD OR MILDEW CAN MAKE YOU SICK...

ANY MOLD OR MILDEW SHOULD BE REMOVED AND THE SURFACES IT GROWS ON SHOULD BE KEPT CLEAN AND DRY!

CLEAN AIR IS VITAL FOR GOOD HEALTH!
KIDS SHOULD NEVER PLAY AROUND TRASH!

BESIDES GERMS AND TOXIC MATERIALS, TRASH MAY CONTAIN SHARP OBJECTS...

RECYCLING IS A WAY TO KEEP THE AMOUNT OF TRASH DOWN! GET AN ADULT TO HELP OUT BEFORE TOUCHING TRASH!

WASH YOUR HANDS WELL AND ANY PARTS OF YOUR BODY THAT COME INTO CONTACT WITH TRASH! AND PAY ATTENTION TO ANY DANGER SIGNS!

KIDS AND TRASH DON'T MIX!
KIDS NEED TO KNOW THE DIFFERENCE BETWEEN USEFUL CHEMICAL PRODUCTS AND THOSE THAT ARE HAZARDOUS TO THEIR HEALTH!

BE CAREFUL NOT TO OVERUSE CHEMICALS OR TOXIC SUBSTANCES!

KEEP CHEMICAL PRODUCTS OUT OF KIDS’ REACH!

KIDS WHO LIVE AROUND FARMS SHOULD KEEP AWAY FROM PLACES WHERE CHEMICALS ARE BEING USED OR STORED!

IN CASE OF AN ACCIDENT, IMMEDIATELY WASH OFF THE PART OF THE BODY THAT HAS HAD CONTACT WITH THE CHEMICALS AND GET HELP FROM A DOCTOR!

A SAFE PLACE IS CLEAN AND DANGER-FREE!
POORLY COOKED FOODS OR FOODS THAT ARE NOT STORED PROPERLY CAN MAKE YOU VERY SICK!

RAW FOODS MUST BE STORED SEPARATELY FROM COOKED FOODS!

FRUITS AND VEGETABLES MUST BE WASHED WELL WITH CLEAN WATER!

WASH HANDS WELL BEFORE AND AFTER HANDLING FOOD!

KEEP FOODS IN THE FRIDGE OR FREEZER TO AVOID CONTAMINATION!

PAY ATTENTION TO SIGNS LIKE STOMACH ACHES AND DIARRHEA!

THEM COULD BE CAUSED BY CONTAMINATED FOOD!
IN THE DIAGRAM BELOW FIND THE UNDERLINED WORDS THAT MAKE UP THE SIX TYPES OF ENVIRONMENTAL HAZARDS IN THE LISTS.

1. CONTAMINATED WATER
2. POOR HYGIENE OR SANITATION
3. AIR POLLUTION
4. HARMFUL INSECTS
5. HAZARDOUS CHEMICALS
6. ACCIDENTS
SPOT THE HAZARDS

IN THE PICTURES BELOW, IDENTIFY THE ONES THAT SHOW HEALTH HAZARDS FOR KIDS!

1. Inhaling smoke
2. Playing near high voltage cables
3. Playing with a kite in the sky
4. Playing with fire
5. Reading in a dark room
6. Playing with cleaning products
7. Playing with a bicycle
8. Playing near a car with smoke coming out
9. Playing with a toy vehicle
10. Playing with tech devices
11. Playing with water
12. Playing with food

Hints:
- Smoke
- Voltage
- Kite in the sky
- Fire
- Dark room
- Cleaning products
- Bicycle
- Smoke from car exhaust
- Toy vehicle
- Tech devices
- Water
- Food
IN THE DIAGRAM BELOW, FIND THE UNDERLINED WORDS THAT ARE THE MOST COMMON EFFECTS OF CONTACT WITH CHEMICAL PRODUCTS, CONTAMINATED WATER AND FOODS, POLLUTION, MOLD, AND TRASH!

DIARRhea COUGH INJURIES SHORTNESS OF BREATH

STOMACH ACHE SWELLING RASH
Let's help the gang separate the trash for recycling. Connect figures A, B, C, D & E with the right recycling bins!
WORD SCRAMBLE

UNSCRAMBLE THE LETTERS AND DISCOVER SOME DISEASES WE CAN AVOID BY WASHING OUR HANDS.

A T I H P
T I E
A L O
S T A L
E Y H I T
E  R O
Let's help Monica's gang fight pollution! Find the 7 differences between the two drawings.

Answers:
1. Bird in window in building in background.
2. Bottom of smokestack.
3. Monica's mask.
5. Monica's factory window.
6. Smokestack next to Jimmy.
7. Outline of building in background.
Which are the chemical products in the panel below?

A: Insecticide  B: Medicine  C: Poison  D: Personal care products  E: Cleaning products  F: Gasoline  

Answers: A - Insecticide, B - Medicine, C - Poison, D - Personal care products, E - Cleaning products, F - Gasoline
LET'S COLOR!
EAGLE EYES

To keep food from getting contaminated, store it in the fridge! Also keep raw and cooked foods separate! Of the foods below, only one has been left out! Let’s find out which one it is!
WASH FRUITS AND VEGETABLES BEFORE EATING THEM. IT WILL PROTECT YOU FROM DISEASES AND FOOD POISONING. WHILE MAGALI’S MOTHER WASHES THE FRUIT, FIND THE 7 DIFFERENCES BETWEEN THE TWO SCENES.

Answer: 1-The Sun; 2-Magali’s Tongue; 3- Fruit in the Basin; 4- Drop of Water; 5- Apron Bow; 6- Kitchen Sink; 7- Door Knob.
Monica's gang in: Healthy Environments for Kids

Labyrinth

Let's take the gang to the playground without going through the hazards (pollution, sewage, dangerous insects).

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PAHO Pan American Health Organization World Health Organization for the Americas