WHAT TO DO IF SOMEONE IS SICK IN YOUR HOUSEHOLD

1 ISOLATE THE SICK PERSON
- Prepare a separate room or isolated space, and keep distance from others.
- Keep the room well ventilated and open windows frequently.

2 REDUCE CONTACT WITH THE VIRUS
- Identify one household member to be the contact person who is not at high risk and has the fewest contacts with people outside.
- Wear a medical mask if in the same room as the sick person.
- Use separate dishes, cups, eating utensils and bedding from the sick person.
- Clean and disinfect frequently touched surfaces.

3 TAKE CARE OF THE SICK PERSON
- Monitor the sick person's symptoms regularly.
- Pay special attention if the person is at high risk for serious illness.
- Ensure the sick person rests and stays hydrated.

Call your healthcare provider immediately if you see any of these danger signs:
- Difficulty breathing
- Loss of speech or mobility
- Confusion
- Chest pain

REMINDER, IT’S ALWAYS SAFER TO

KNOW YOUR RISK. LOWER YOUR RISK.