

# DON'T PUT OFF NECESSARY MEDICAL APPOINTMENTS



Life has to continue even where COVID-19 is spreading.

Here's how to stay safe.



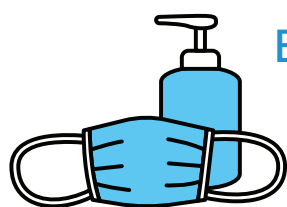
## REDUCE YOUR RISK

Call to check if a phone or telemedicine consultation is possible and appropriate. If not, schedule your appointment in advance.

## BEFORE YOU GO OUT



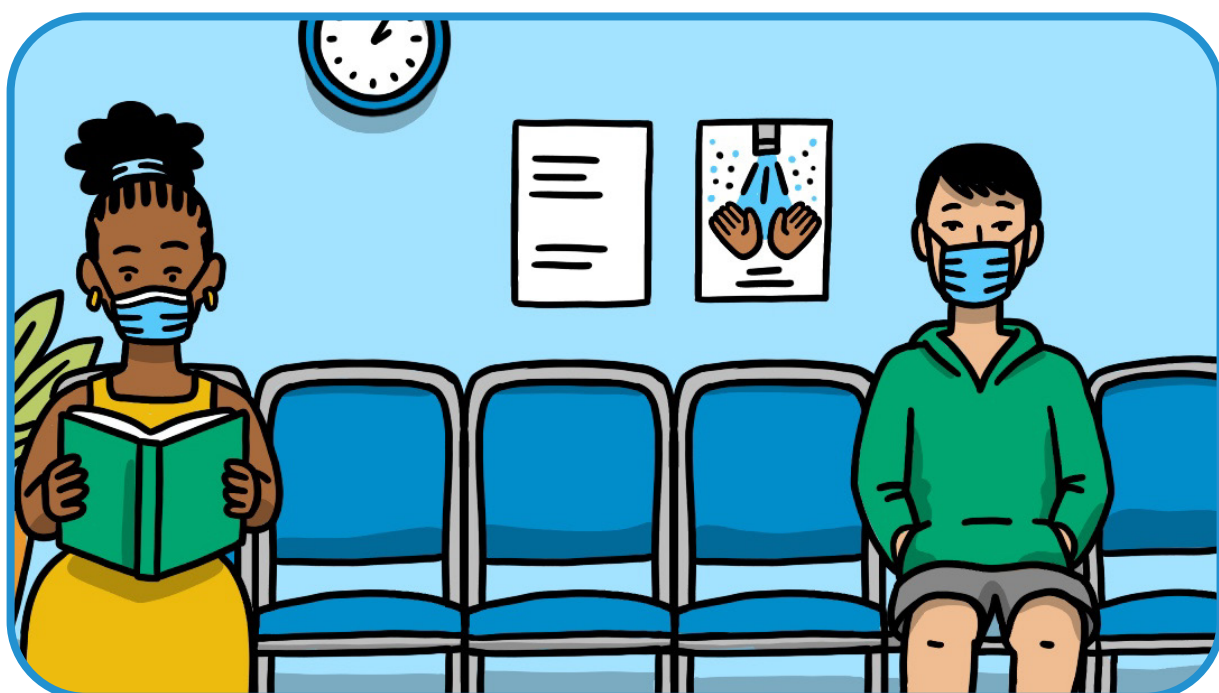
Always check on local regulations.



Bring sanitizer and wear your mask.

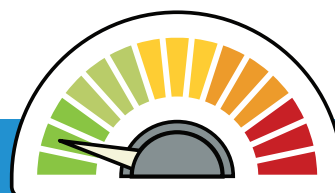


If you are in a high-risk group, wear a medical mask.



## WHILE WAITING FOR YOUR APPOINTMENT

Avoid crowded settings, maintain physical distance or ask to sit in a less crowded space.



REMEMBER, IT'S ALWAYS SAFER TO



KNOW YOUR RISK.  
LOWER YOUR RISK.



World Health Organization