How to DON personal protective equipment (PPE)

- Identify hazards & manage risk. Gather the necessary PPE
- Plan where to DON & DOFF PPE
- Ask a friend to help or DON in front of a mirror
- Discard all PPE in an appropriate waste bin

*Respirator (N95 or similar) for all levels of care and for aerosol generating procedures (AGP)
†e.g. visor, face shield, goggles (consider anti-fog drops or fog-resistant goggles)

STEP 1: Put on a gown
STEP 2: Put on surgical mask or respirator
STEP 3: Put on eye (goggles) or facial protection (face shield)
STEP 4: Put on gloves (over cuff)

How to DOFF PPE

- Avoid contamination of self, others and environment
- Remove the most heavily contaminated items first

<table>
<thead>
<tr>
<th>Level of care</th>
<th>Hand hygiene</th>
<th>Gown</th>
<th>Medical mask (N95 or similar)</th>
<th>Goggle or face shield</th>
<th>Gloves</th>
</tr>
</thead>
<tbody>
<tr>
<td>Triage*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Collection of specimens for laboratory diagnosis</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Suspected or confirmed case of COVID-19 requiring healthcare facility admission and NO aerosol-generating procedure</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Suspected or confirmed case of COVID-19 requiring healthcare facility admission and WITH aerosol-generating procedure‡</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Surgeon mask recommended. If you are performing or you are in a room where Aerosol Generating Procedures (AGP) are being performed use a FFP2 / N95 or similar respirator with other recommended PPE.
‡AGPs include positive pressure ventilation (BiPAP and CPAP), endotracheal intubation, airway suction, high frequency oscillatory ventilation, tracheostomy, chest physiotherapy, nebulizer treatment, sputum induction, and bronchoscopy.