

Keep yourself and your baby safe during childbirth

plan for your birth with your health care team

ask questions and raise concerns about you or your baby

adopt a healthy lifestyle

take care of your mental well-being

attend all appointments for you and your baby during pregnancy and after childbirth

find out when to seek immediate medical care



Act now

for safe & respectful childbirth!

PAHO



Pan American
Health
Organization



World Health
Organization
REGIONAL OFFICE FOR THE Americas



World
Patient Safety
Day 17 September 2021

Ensure safer pregnancies, childbirths and postnatal periods

**work together
with your team
members: strong
teams lead to
safer births**

**follow all safety
practices**



**speak to your supervisor if
you have concerns about
safety during a childbirth
or if a mother or baby is
mistreated**

**build trust and
engage women in
decision-making
during childbirth**

Act now

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childbirth!**

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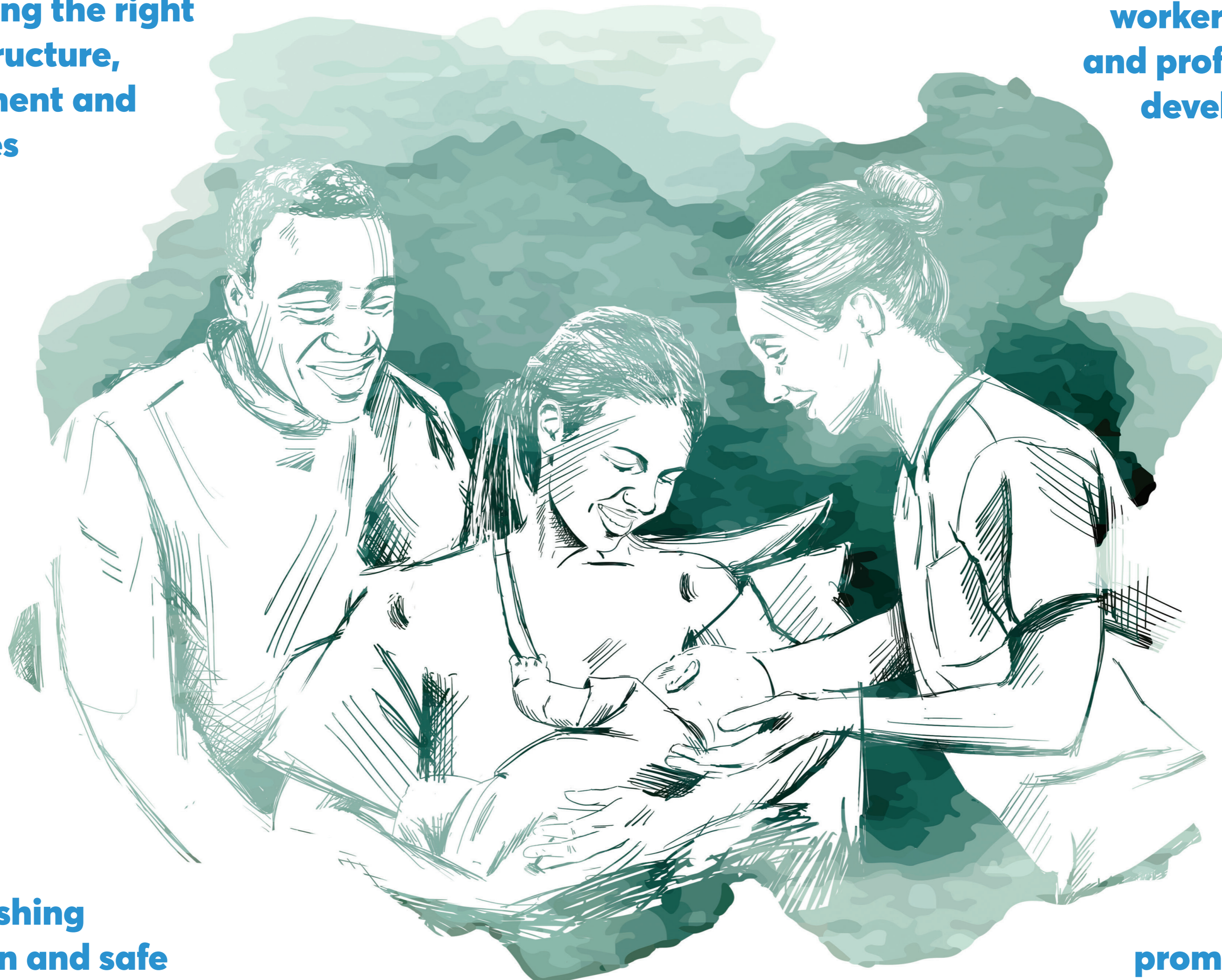
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Safety of mothers and newborns is our top priority. We are committed to:

providing the right infrastructure, equipment and supplies

ensuring health workers adhere to safety practices

investing in health workers' safety and professional development



establishing an open and safe culture for women and health workers to speak up about their safety concerns

ensuring all births are attended by skilled birth personnel

promoting an environment that includes women in shared decision-making

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