How is Zika infection prevented?

To prevent mosquito bites that transmit Zika:

- Cover skin with long-sleeve clothing, trousers and hats
- Use insect repellent as recommended by health authorities
- Sleep protected by mosquito nets
- At least once a week, empty, clean, turn over, cover and/or dispose of containers that can hold water, such as tires, buckets and flower pots, both inside and outside of dwellings to eliminate mosquito breeding sites
- Use screens or mosquito nets in windows and doors to reduce contact with mosquitoes

Controlling the breeding sites of Aedes mosquitoes reduces the likelihood of transmission of Zika, chikungunya, and dengue.

#zika
#FightAedes
#ZikaVirus
www.paho.org/zikavirus