The overall goal of the NCD plan of action is to reduce avoidable mortality and morbidity, minimize exposure to risk factors, increase exposure to protective factors, and reduce the socioeconomic burden of these diseases by taking multisectoral approaches that promote well-being and reduce inequity within and among Member States.

For more information:


Noncommunicable Diseases and Mental Health Data Portal. Link: http://goo.gl/wNMj8X


Getting to 2018: progress monitor on NCDS. Preparing for the third UN high-level meeting on NCDS. Link: http://goo.gl/F6A12N

What is PAHO doing?

PAHO provides technical cooperation to Member States to address NCDs through:

- Policies, legislation and regulations.
- Guidelines for NCD management.
- Surveillance and monitoring.
- Health system strengthening for NCDs.
- Knowledge dissemination.
- Strategic partnerships.
- Capacity building and training.
- Advocacy and awareness.

Visit www.paho.org/nmh for more information.
9 NCD Targets - Global Monitoring Framework 2013-2025

- Tobacco use: 30% reduction
- Harmful use of alcohol: 10% reduction
- Salt intake: 30% reduction
- Physical inactivity: 10% reduction
- Raised blood pressure: 25% reduction
- Diabetes & obesity: 0% increase
- Drug therapy: 50% coverage
- Essential medicines & basic technologies: 80% coverage

*Premature mortality from NCDs: 25% reduction

4 Lines of Action

1. Multisectoral policies and partnerships for NCD prevention and control:
   - Build and promote multisectoral action with relevant sectors of government and society, including integration into development agendas.

2. NCD risk factors and protective factors:
   - Reduce the prevalence of the main NCD risk factors through policies, legislation and regulation.
   - Strengthen protective factors that promote health and well-being.

3. Health system response to NCDs and risk factors:
   - Improve coverage, equitable access, and quality of care for people at risk of, and living with NCDs.
   - Focus on primary health care including prevention and self-care.

4. NCD surveillance and research:
   - Strengthen country capacity for surveillance and research on NCDs.
   - Utilize the results of research to support evidence-based policy and programs.

Time-bound commitments for NCDs

2015
- Set national NCD targets for 2025
- Develop national NCD multisectoral policies and plans to achieve national targets by 2025.

2016
- Reduce NCD risk factors:
  - Implement the WHO Framework Convention on Tobacco Control.
  - Implement policies to reduce harmful use of alcohol.
  - Implement policies to promote healthy diet (salt reduction, eliminate trans fats, limit marketing of unhealthy food and beverages to children, implement the International Code of Marketing of Breast-milk Substitutes).

2016
- Strengthen health systems for NCDs through primary health care:
  - National evidence-based guidelines for NCD management.
  - Provision of drug therapy for NCDs.

* The unconditional probability of dying between the ages of 30 and 70 years from cardiovascular diseases, cancers, diabetes or chronic respiratory diseases.