A Closer Look at Gender Inequalities in Health in the Americas

Gender inequalities create health inequalities

Men and women have different health needs and face different barriers to health

**Women**
- Pay 16-40% more for health care
- Live longer and provide more unpaid health care
- Face discrimination in and exclusion from health services

**Men**
- Die from external causes four times more than women
- Between 9% and 39% of adolescent girls are pregnant or a mother, limiting their life opportunities

The GOOD NEWS is we have committed to change

19 of 32 countries have adopted policies, programs or plans for gender and health

53% of countries disaggregate data by ethnicity

88% of countries disaggregate data by sex, as well as age

56% of countries have committed training resources to increase capacity on gender and health

We need to do more

**We Need**
- Sustainable budgets for gender and health policies, plans and programs
- To avoid the "one size fits all" approach to achieve gender equality in health

**We Need**
- To generate and use more evidence on gender inequalities and health