

COSTA RICA

4 808 000

Total population

83%

Percentage of deaths from NCDs

19 000

Total number of NCD deaths

11%

Risk of premature death from target NCDs



National NCD targets

Mortality data

Risk factor surveys

National integrated NCD policy/strategy/action plan

Tobacco demand-reduction measures:

increased excise taxes and prices

smoke-free policies

large graphic health warnings/plain packaging

bans on advertising, promotion and sponsorship

mass media campaigns

Harmful use of alcohol reduction measures:

restrictions on physical availability

advertising bans or comprehensive restrictions

increased excise taxes

Unhealthy diet reduction measures:

salt/sodium policies

saturated fatty acids and trans-fats policies

marketing to children restrictions

marketing of breast-milk substitutes restrictions

Public education and awareness campaign on physical activity

Guidelines for management of cancer, CVD, diabetes and CRD

Drug therapy/counselling to prevent heart attacks and strokes

● = fully achieved ◐ = partially achieved ○ = not achieved

World Health Organization - Noncommunicable Diseases Progress Monitor 2017