

# HONDURAS

**8 961 000**

Total population

**60%**

Percentage of deaths from NCDs

**21 000**

Total number of NCD deaths

**14%**

Risk of premature death from target NCDs



## National NCD targets



## Mortality data



## Risk factor surveys



## National integrated NCD policy/strategy/action plan



## Tobacco demand-reduction measures:

increased excise taxes and prices



smoke-free policies



large graphic health warnings/plain packaging



bans on advertising, promotion and sponsorship



mass media campaigns



## Harmful use of alcohol reduction measures:

restrictions on physical availability



advertising bans or comprehensive restrictions



increased excise taxes



## Unhealthy diet reduction measures:

salt/sodium policies



saturated fatty acids and trans-fats policies



marketing to children restrictions



marketing of breast-milk substitutes restrictions



## Public education and awareness campaign on physical activity



## Guidelines for management of cancer, CVD, diabetes and CRD



## Drug therapy/counselling to prevent heart attacks and strokes



● = fully achieved ● = partially achieved ○ = not achieved