# **Public Outreach**

Health Canada – PAHO Workshop Lima, Peru November 8-10, 2016





# **Outline**

- Background and objectives
- Framework for stakeholder engagement and public outreach (as interconnected functions)
- Drivers for change and moving forward with a new approach
- Examples of Public Outreach in Action
- Observations from the Canadian experience



# **Objectives of CMP Public Outreach**

## **Objectives:**

 To motivate and enable Canadians to take action to protect their health from potential risks from chemicals and how to avoid or minimize those risks



- To build public confidence and help to ensure that Canadians are informed of program findings
- To raise the visibility and understanding of the Chemicals Management Plan (CMP) and why it matters to Canadians at a household level



## **How do we define Public Outreach under the CMP?**

 Communicating science-based program information to the Canadian public through a variety of methods and multi-media tools, in a collaborative and meaningful way to help Canadians take action to protect their health and the health of their families



## Stakeholder Engagement and Public Outreach Framework

**Engagement for the CMP** 

Risk Communications/Outreach to Canadians on potential risks and safe use of chemicals

#### **Industry Stakeholders**

- Program-wide
- Sector-specific

#### **Other Engaged Stakeholders and Partners**

- CMP capacity building partners (CNHHE, AFN,ITK)
- Environmental and health NGOs
- Academics and researchers
- Health professionals, early childhood educators,
- Federal-Provincial



#### **General Public**

 Including vulnerable populations (in particular parents of young children, seniors), Aboriginal peoples, Canadians as consumers, etc.



**Program Websites including Inquiry Lines** 

e.g. Chemical Substances. Toxic Substances. New Substances. CEPA Registry

#### **Publications**

e.g. CMP Progress Report, CMP Factsheets, Technical Publications such as risk assessments of new and existing substances, compliance promotion materials

#### **Consultation Documents**

e.g. State of Science Reports, draft risk assessments, draft risk management documents

#### **CMP Stakeholder Advisory Council**

**CEPA Industry Coordinating Group (ICG)** 

#### **Sector Working Groups**

#### **Information Sessions**

e.g, face to face workshops, webinars, conferences, trade shows



#### Websites

e.g. Chemical Substances website, Canada.ca/health

#### **Publications**

e.g. "Chemicals at a glance", "Chemicals and Your Health", CMP Factsheets, "Hazardcheck", "Seniors Environmental Health

#### **Trade Shows and Awareness Raising Events**

#### Social Media

e.g. Healthy Canadians Facebook, Twitter and CNHHE Facebook

#### Media Outreach and Inquiries

#### **Marketing Activities and Campaigns**



# **Public Outreach Authorities**

### 1. Chemicals Management Plan (CMP)

Announced by the Prime Minister, December 2006, renewed in 2011 and 2016

# 2. Action Plan to Protect Human Health from Environmental Contaminants:

- Action and awareness component established to support public outreach under the CMP (approved 2007)
- Designed to make Canadians aware that environmental contaminants can impact their health and what actions they can take to avoid or minimize environmental health risks at a household level.
- Supported the development of a series of environmental health guides:







## Public Outreach Under the CMP is Well Established

# Established and integrated delivery model for implementing public outreach:

#### Health Canada's Safe Environments Directorate

- Focal point for public outreach activities for the CMP
- Collaborate with Health Canada Partners: radon, pesticides, food and drugs, natural health products, water and air quality\*
- All outreach products and activities have similar goal, therefore products are integrated/cross promoted where possible

## Regions across Canada

- A coordinated, collaborative approach has been taken to ensure national cohesiveness to public outreach
- Health Canada Regions, typically located in major city centres, are involved in public outreach for all products/programs, assisting with regional stakeholder engagement (e.g., trade shows/events)

<sup>\*</sup>See appendix A-1 for glossary of HC partners



## Public Outreach Under the CMP is Well Established (cont'd)

- Social media Healthy Canadians, Facebook, Twitter and Pinterest, Virtual House Tour/Quiz promotion
- **Media outreach** "Chemicals and your health", media campaign
- **Publications** plain language summaries for CMP substances of concern, "Hazardcheck", Seniors guide, First Nations and Inuit guide, CMP Fact Sheets
- Web Sites e.g., Chemical Substances, canada.gc.ca/health, partner websites
- Marketing activities youth video challenge/EduTox, retail engagement events
- Awareness events e.g., Learning sessions for front-line care providers, early childhood educators, nurses, Pediatric Environmental Health Education Forum
- Trade-shows Consumer and industry trade shows across Canada (~70/year)



# **Drivers for Change**

The way Canadians are seeking information has changed and we must change as well

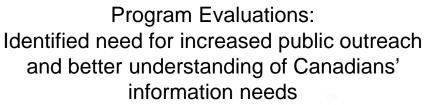








Feedback from stakeholders: Focussed and simple messaging







# **Drivers for Change (cont'd)**

### Competing information on-line





GOC commitment to openness and transparency

More CMP program information to share



Situating public outreach as a risk management tool



## **How Are We Responding: A New 5-Year Public Outreach Strategy**

#### Environmental Health Public Outreach Strategy 2016-2021: At a Glance MISSION Contribute to the health and safety of Canadians and their confidence in the regulatory system through timely and open communication on environmental health issues Mandate\* **Target Audience** Canadians use the information they need to avoid or Increased action by Canadians to minimize environmental minimize risks posed by substances of concern General Canadian public, especially vulnerable populations health risks (CMP) (Action Plan) Approach A five-year collaborative strategy to strengthen Health Canada's public outreach to Canadians on environmental health at a household level, based on four key pillars INFORM AND ENGAGE CONDUCT **EDUCATE AND ENABLE DEVELOP AND LEVERAGE** RESEARCH CANADIANS **KEY INFLUENCERS PARTNERSHIPS** Understand the information needs of Motivate and enable Canadians to take action Strengthen and focus information that is Canadians and identify best practices to Leverage the reputation and networks of available to Canadians to motivate them to to protect their health by supporting key reach and motivate them to protect their influencers (e.g., health professionals, existing and new partners take action to protect their health from health from harmful substances harmful substances in the home community outreach workers, bloggers) Identify barriers to action and how to motivate Update, strengthen and simplify messaging of CMP Educate key influencers so they are better equipped to Establish links with partners from all levels of government - Identify current levels of awareness and findings at a household level communicate environmental health issues Seek new ways to reach Canadians with media they use - Clearly communicate how and why regulatory decisions are Expand reach and cross-promotion - Clearly communicate how and why regulatory decisions Undertake research to identify Canadians' Identify resource efficiencies to offset limited information needs and best practices. Position Health Canada as the primary source of - Position Health Canada as the primary source of - Use results to inform the development of environmental health information environmental health information Seek out innovative and creative ways to promote messaging and tools Focus resources to reach health practitioners Develop Social Marketing Plan Science Media Centre of Canada: linking Continue to cross-promote environmental External research (e.g., behaviour Activities and Initiatives journalists with accurate program information health messaging (e.g., indoor air quality, Multi-platform (e.g., mobile, desktop, tablet) consumer products) and collaborate with NGOs, Multi-channel (e.g., social media, digital, print, - Distribute outreach and learning tools for Internal research (e.g., lessons other GOC departments/levels of gov't, etc. nurses, ECE, front line service providers (e.g., radio, workshops, News Canada) learned and best practices) CMP capacity building partners: Health and CALM sessions) - Canada.ca user testing Create tools for regional outreach Environment NGOs), AFN, ITK - CMP 3 communications and outreach (e.g., Marketing and distribution of resources to Organisations focussed on children, seniors, and plain language pieces, SAC sub-group on health practitioners youth (e.g., Edutox project) SAC sub-group on communications communications) · Continuing education materials development **Performance Measurement** \*Mandate flows from 2 initiatives: the CMP and the Action Plan to Protect Human Health from Environmental Contaminants

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## How Are We Responding: A New 5-Year Public Outreach Strategy (cont'd)

- Aligned with Government of Canada commitment to increase openness and transparency to build confidence in the regulatory system
- Target audience is the Canadian public, in particular vulnerable populations and those who care for them
- Approach is five-year and collaborative
- Pillars (four) provide focus, starting with research to inform all elements of the strategy
- Ongoing monitoring of effectiveness, reach and behaviour change



## Pillar 1: Conduct Research

## <u>Goal</u>

Understand the information needs of Canadians and identify best practices to inform the strategy and development of key messages/information products/tools, using multiple methods and sources

### **Examples of Products and Activities**

Behaviour Research: Canadian Environmental Health Habits and Behaviours Survey, 2016

On-line panel survey of ~1800 people, by TNS Global, to obtain information on the environmental health habits of Canadians at the household level and their information seeking behaviours

# What household hazards did Canadians identify as an area of interest of interest:

26%	mould/humidity
26%	kitchen/bathroom cleaners
21%	indoor air quality
20%	food safety



# Less than half of Canadians believe they are able to maintain a healthy home:

20%	rent, no control of issue/concern
19%	too expensive/not enough money
8%	not enough time



# Pillar 1: Conduct Research (cont'd)

## **Examples of Products and Activities (cont'd)**

#### Social media analysis:







An in-house analysis of how Canadians are accessing information on chemicals and environmental health and what is of most concern to them

- Most prominent topic identified was harmful chemicals in consumer and household products, including cosmetics, personal care products, and cleaning products
- Many sources of information feature messaging that contradicts that of Health Canada with some providing advice to mitigate risks that may be unrealistic, or even dangerous in some instances (e.g., sunscreen, pesticides)

### **Public Opinion Research (in progress):**

On-line panel survey and focus groups to identify:

- Canadians' preferences for receiving information
- Environmental health issues that Canadians are most concerned about
- Canadians' level of knowledge of environmental health issues
- What motivates Canadians to take action
- What barriers may prevent Canadians from taking action



# **Pillar 2: Informing and Engaging Canadians**

## **Goal**

Strengthen and focus information that is available to Canadians to motivate them to take action to protect their health

### **Example of Products and Activities**

From Scientific Information to Communications for the Public:









# Pillar 3: Educate and Enable Key Influencers

## <u>Goal</u>

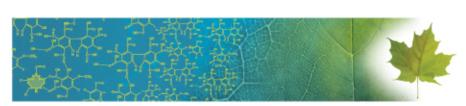
Motivate and enable Canadians to take action to protect their health by supporting key influencers (e.g., health professionals, community outreach workers, bloggers)

## **Example of Products and Activities**

Chemicals Awareness Learning Modules (CALM): designed specifically for the CMP program to educate trusted intermediaries (e.g., early childhood educators, certified respiratory educators, nurses)



News articles on Chemicals and your Health: distributed to news outlets and online portals across Canada



# Pillar 4: Developing and Leveraging Partnerships

## **Goal**

Leverage the reputation, influence, and resources of existing and new partners to expand reach, establish new networks, and increase cross-promotion

### **Examples of Products and Activities**

- CMP Capacity Building partnerships (national indigenous organisations, non-government organisations (NGOs))
- "EduTox" new youth video challenge to educate and motivate youth with NGO and private sector partners
- Seniors Guide promotion Active Living Coalition for Older Adults (ALCOA)
- Stakeholder Advisory Council (SAC) sub-group on CMP communications





## Pillar 4: Developing and Leveraging Partnerships (cont'd)























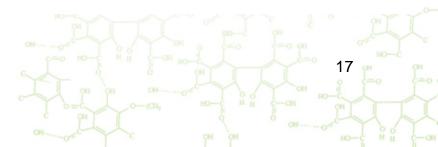




\*Note: only a sampling; not a comprehensive list







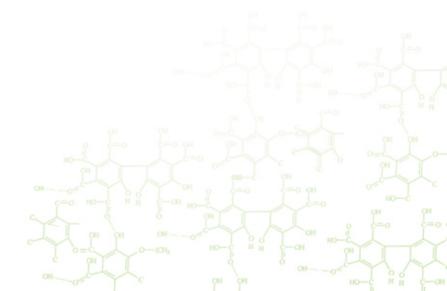
# **Observations from the Canadian Experience**

- Public outreach as a risk management tool
  - Key role for governments in getting science-based information to citizens given multiple and conflicting messages in public domain
  - How can citizens play a role to be their own risk managers? How can the public benefit from program findings?
- Messaging needs to be simple and action oriented
  - Healthy home theme can help knit story together across sources and routes of exposure (e.g., consumer products, air, water, food)
- Plain language explanations about how and why decisions are made aim to build confidence in the regulatory system
- Strategic partnerships (both internal and external to government) can help get messages to the public and influence the narrative



# Appendices for Reference





# **Glossary: Health Canada Internal Partners**

CPSD – Consumer and Product Safety Directorate

ERHSD - Environmental and Radiation Health Sciences Directorate

WAQB – Water and Air Quality Bureau

PMRA – Pest Management Regulatory Agency

HPFB – Health Products and Food Branch

NHPD - Natural Health Products Directorate

PHAC - Public Health Agency of Canada

FNIHB - First Nations and Inuit Health Branch



