



## **Pan American** Health Organization

Regional Office of the World Health Organization

**Global School-based Student Health Survey** (GSHS)

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# GSHS Core Questionnaire Modules

- Respondent demographics
- Alcohol and other drug use
- Dietary behaviors
- Hygiene
- Mental health
- Physical activity
- Protective factors
- Sexual behaviors that contribute to HIV infection, other STI, and unintended pregnancy
- Tobacco use
- Violence & unintentional







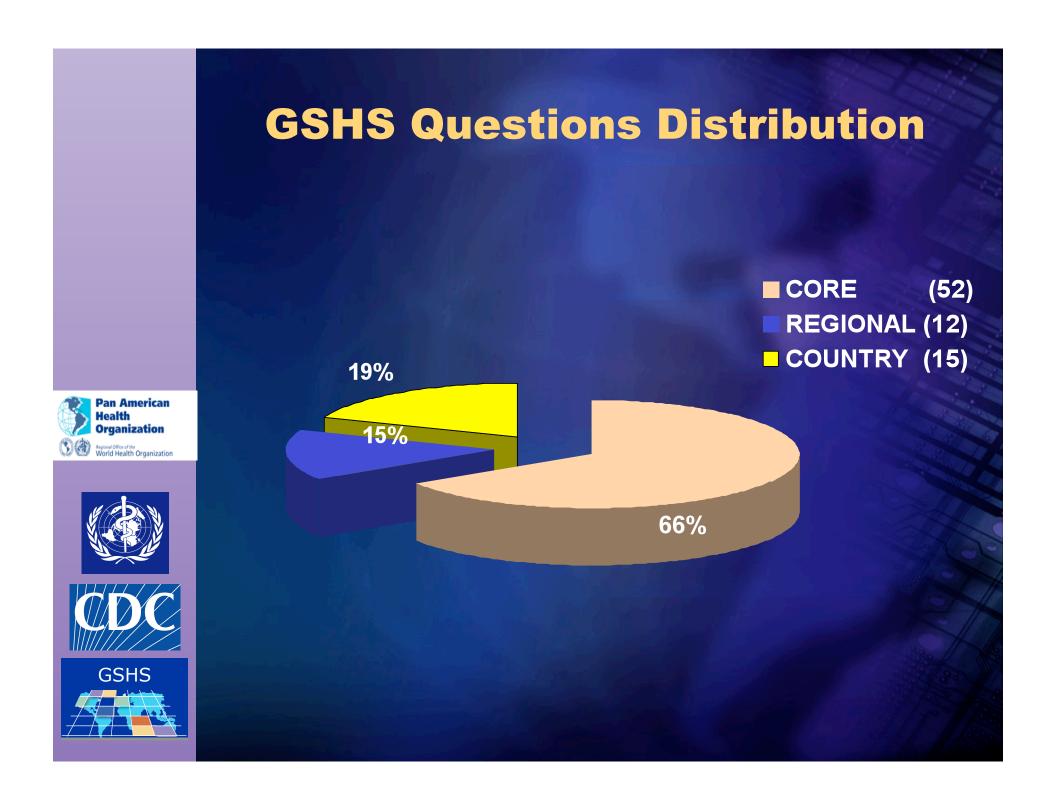
#### **GSHS Purpose**

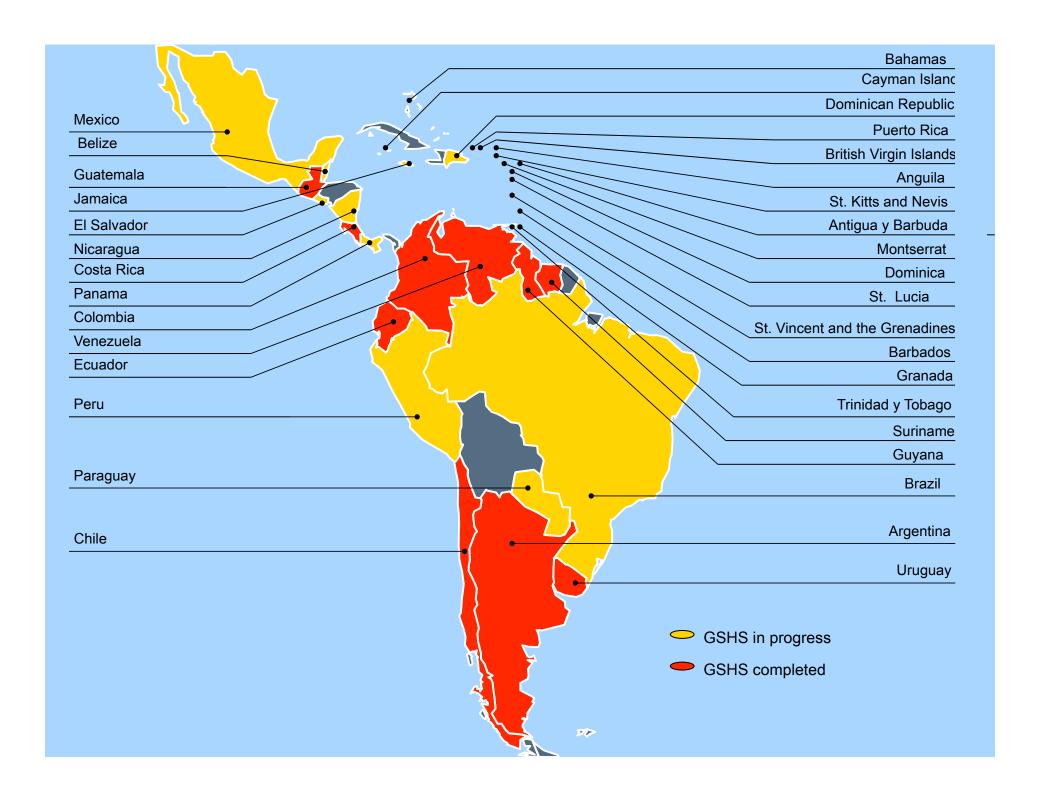
#### To provide accurate data on students to:

- Help countries develop priorities, establish programs, and promote crosssectoral policy dialogue
- Establish trends in the prevalence of health behaviors and protective factors by country
- Allow countries and international agencies to make comparisons across countries



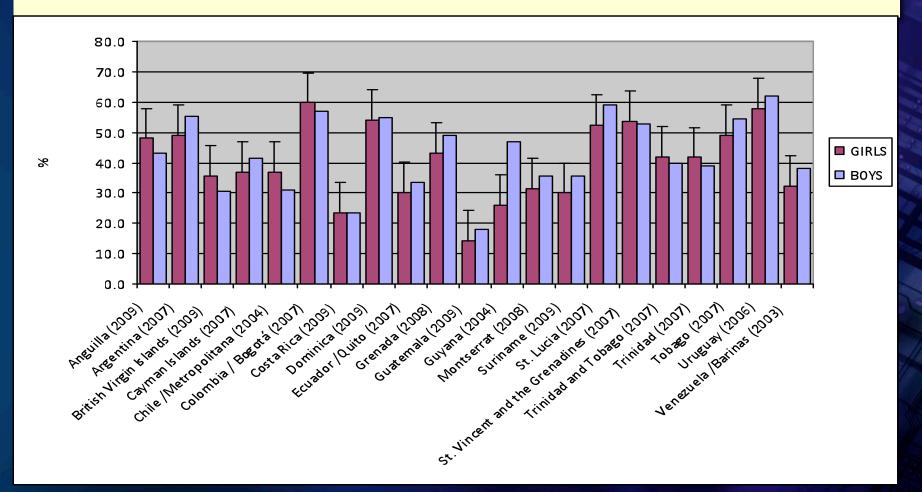






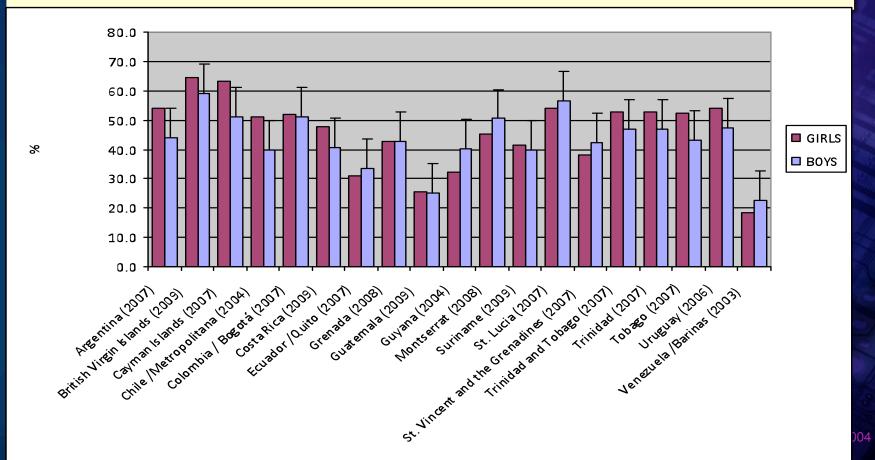
### Alcohol

Percentage who had at least one drink containing alcohol on one or more days during the past 30 days by gender



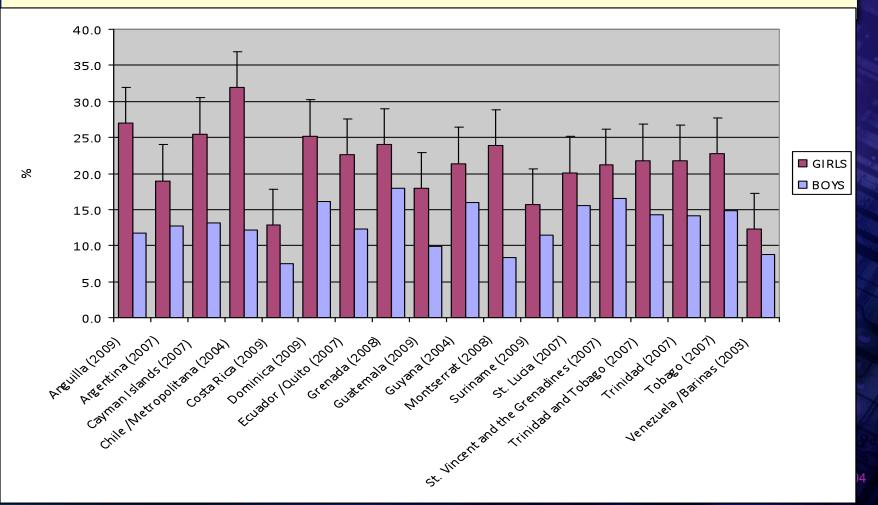
## **Sedentary Behavior**

Percentage who spent three or more hours per day during a typical or usual day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities by gender



#### Mental Health

Percentage who seriously considered attempting suicide within the past year by gender



#### **Conclusions**

- High risk behaviors are likely to occur in clusters
- GSHS provides opportunities for advocacy and intersectoral cooperation in tailoring interventions to target multiple risk and protective factors



