The proportion of the world’s population aged 60 years

Aging Healthy

The process of developing and maintaining functional abilities that enable well-being in older age.

The public health response to aging

3 key reasons to act:
- The rights of older persons.
- Foster sustainable development.
- The economic imperative.

Draft global strategy and plan of action on ageing and health defines five priority areas:
- Commitment to action on healthy aging in every country.
- Developing elder-friendly environments.
- Aligning health systems to the needs of older populations.
- Developing sustainable and equitable systems for long-term care.
- Improving measurement, monitoring, and research for healthy aging.

Background

2002
PAHO Member States approved the resolution on Health and Aging.

2009
The Region of the Americas was the first region of WHO to approve a strategy and plan of action on aging and health.

2016
The Organization of American States, approved the Inter-American Convention on Protecting the Human Rights of Older People.

The proportion of adults aged 60 or older in the Americas, by subregion, 2000–2015 and 2015–2030