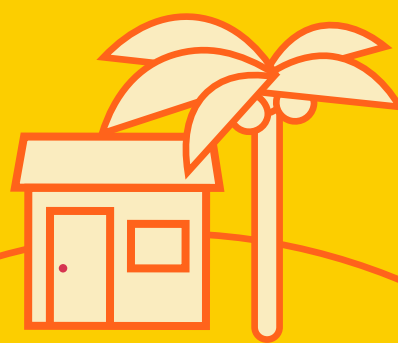


WHETHER YOU LIVE IN A...



Rural village



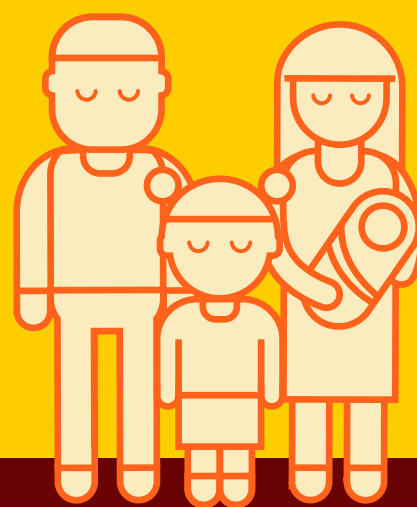
Small island or coastal town



Big city

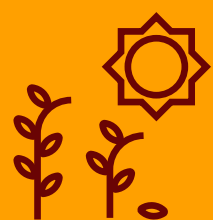
CLIMATE CHANGE THREATENS YOUR HEALTH

Drought, floods and heat waves will increase.



Vector-borne diseases, like malaria and dengue virus will increase with more humidity and heat.

Basic necessities will be disrupted...



FOOD

Hunger and famine will increase as food production is destabilised by drought.



AIR

Pollution and pollen seasons will increase leading to more allergies and asthma.



WATER

Warmer waters and flooding will increase exposures to diseases in drinking and recreational waters.

Between **2030** and **2050** climate change is expected to cause

250 000 ADDITIONAL DEATHS PER YEAR

due to malaria, malnutrition, diarrhoea and heat stress.



WHAT CAN WE DO ABOUT CLIMATE CHANGE?

We can do a lot to protect ourselves, our families, and future generations.

Our transport systems are inefficient, polluting and drive CO2 into the atmosphere, which directly harms the environment and our health.

The same can be said of our energy and food systems. The livestock sector is responsible for significant greenhouse gas emissions.

CLEAN ENERGY
Cleaner, more efficient energy choices will go a long way to reducing emissions.

SUSTAINABLE TRANSPORT
Instead, we should walk, cycle and use public transit. This will clean the air, increase physical activity, and reduce additional diseases like obesity.

SUSTAINABLE FOOD SYSTEMS & HEALTHY DIETS
Cutting down on red and processed meat and increasing fruit and vegetable intake in high-consuming populations will reduce emissions and diseases like cancer and heart disease.

