Keep yourself and your baby safe during childbirth

- Plan for your birth with your health care team
- Ask questions and raise concerns about you or your baby
- Adopt a healthy lifestyle
- Take care of your mental well-being
- Attend all appointments for you and your baby during pregnancy and after childbirth
- Find out when to seek immediate medical care

Act now for safe & respectful childbirth!

PAHO Pan American Health Organization

World Health Organization Americas

World Patient Safety Day 17 September 2021
Ensure safer pregnancies, childbirths and postnatal periods

work together with your team members: strong teams lead to safer births

follow all safety practices

speak to your supervisor if you have concerns about safety during a childbirth or if a mother or baby is mistreated

build trust and engage women in decision-making during childbirth

Act now for safe & respectful childbirth!

PAHO

World Patient Safety Day 17 September 2021
Safety of mothers and newborns is our top priority. We are committed to:

- establishing an open and safe culture for women and health workers to speak up about their safety concerns
- providing the right infrastructure, equipment and supplies
- ensuring health workers adhere to safety practices
- investing in health workers’ safety and professional development
- ensuring all births are attended by skilled birth personnel
- promoting an environment that includes women in shared decision-making

Act now for safe & respectful childbirth!