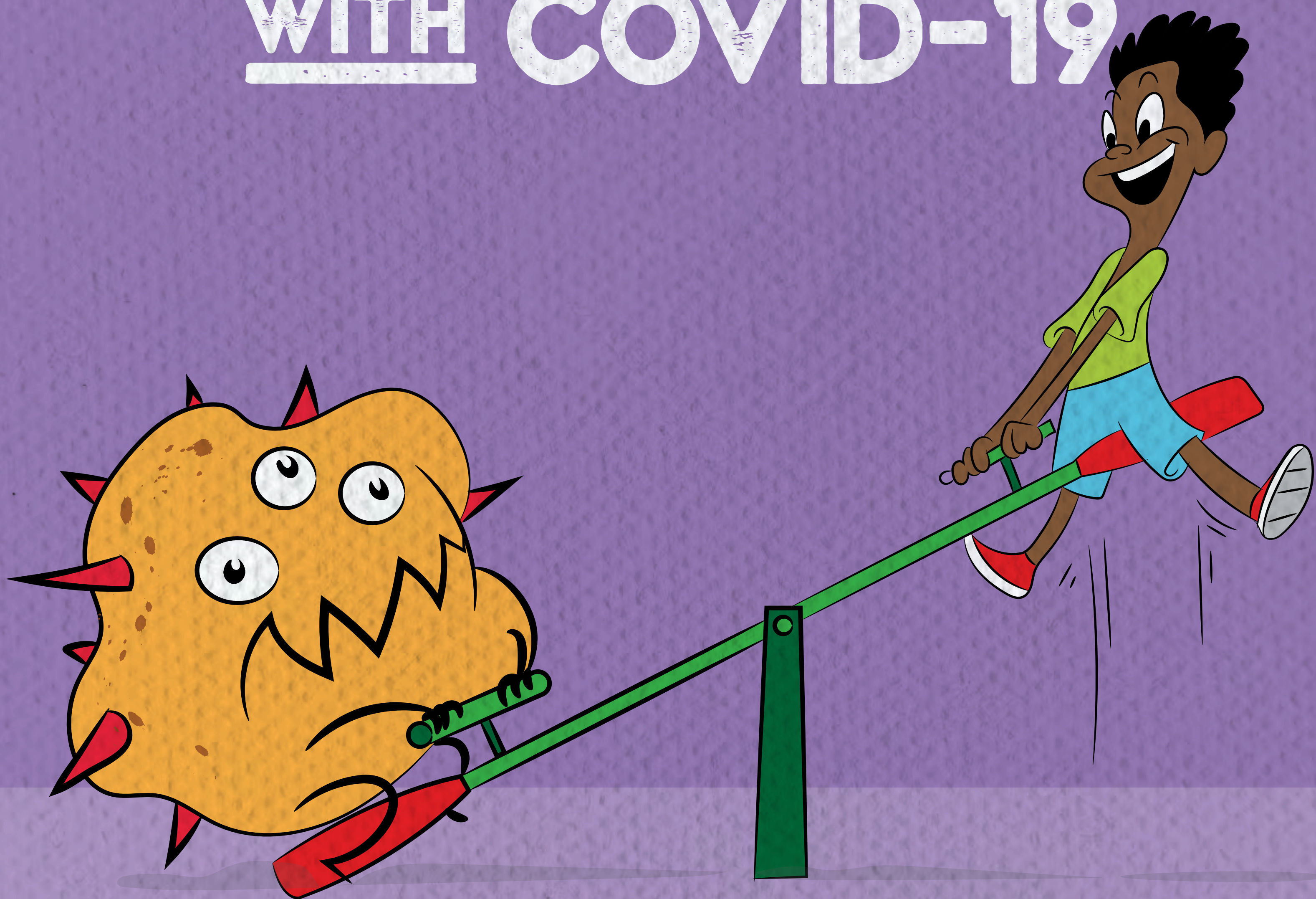# DON'T PLAY
WITH COVID-19

Respiratory infections caused by the COVID-19 or influenza virus can lead to hospitalisation and even death for persons with weak immune systems.

What Can You Do?
- Wash your hands
- Keep a safe distance
- Practice good hand hygiene
- Get vaccinated

PAHO

Pan American Health Organization

World Health Organization
REGIONAL OFFICE FOR THE Americas