

## AGENDA

### Adolescent Health Training of Trainers' Programme

**In-Person Training: 10 July – 14 July, 2023**

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#### Monday, 10 July, 2023

Time	Details	Participation
9:00– 10:00 AM	Coordination Meeting with Facilitators	Facilitators
10:00 AM – 12:00 PM	Review of Trainee presentations	Facilitators/Trainees
12:00 PM - 1:00 PM	LUNCH	
1:00 PM - 3:00 PM	Review of Trainee presentations	Facilitators/Trainees
3:00 PM – 3:30 PM	Wrap Up	Facilitators

#### Tuesday, 11 July, 2023

**8:00-8:30 AM Registration**

**8:30 AM - 9:00 AM Opening Ceremony (Head Table)**

PAHO/WHO	Dr. Karen Lewis Bell	PWR, Pan American Health Organization/World Health Organization
UNICEF	Dr. Allison Parker	Representative, UNICEF Belize
MoHW	Dr. Natalia Beer	Technical Advisor, Maternal Child Health, Ministry of Health and Wellness

**9:00 AM - 9:15 AM Coffee Break and Group Photo**

## Tuesday, 11 July, 2023

Time	Details	Participation
<b>9:15-10:15</b>	Objectives Introductions	PAHO MoHW
<b>10:30-11:00</b>	Belize's Adolescent Health Strategy	Dr. Beer
<b>11:00 AM-12:00 PM</b>	Plenary: Adolescent health care laws & policies, autonomy, consent, and confidentiality <ul style="list-style-type: none"> <li>• Presentation</li> </ul> Q&A	Dr. Beer
<b>12:00-1:00 PM</b>	LUNCH	
<b>1:00-2:00</b>	Plenary: Quality standards for adolescent health services <ul style="list-style-type: none"> <li>• Presentation</li> <li>• Discussion</li> </ul>	Dr. Caffè Ms. Glen Nrs. Casimiro
<b>2:00 -3:00</b>	Group work & plenary discussion: Values clarification: personal values vs. adolescent autonomy and confidentiality	Dr. Caffè Nrs. Rosado Dr. Gonzalez
<b>3:00-4:00</b>	Plenary: Providing quality health services for adolescents at risk and with special needs <ul style="list-style-type: none"> <li>• Who are adolescents at risk and with special needs?</li> <li>• What do we do differently with these adolescents to meet their needs?</li> <li>•</li> </ul>	Dr. Harrison Dr. Canul Nrs. Cabral
<b>4:00-4:30</b>	Daily Wrap Up	

## Wednesday, 12 July 2023

Time	Details	Participation
<b>9:00-9:15AM</b>	Reflection day 1 & Intro to day 2	Trainees
<b>9:15-10:00</b>	Plenary: Puberty: managing normal development & delayed puberty <ul style="list-style-type: none"> <li>• Presentation &amp; Discussion</li> </ul>	Dr. Harrison Nrs. Teul Nrs. Hazel
<b>10:00-10:45</b>	Plenary: Common health conditions during adolescence <ul style="list-style-type: none"> <li>• Which are the common health conditions of adolescents in Belize?</li> <li>• Providing care for the common conditions</li> </ul>	Dr. Harrison Nrs. Singh
<b>10:45-11:00</b>	COFFEE BREAK	
<b>11:00-11:45</b>	Plenary: Supporting mental health, assessment & management of mental health disorders <ul style="list-style-type: none"> <li>• Presentation &amp; Discussion</li> </ul>	Dr. Harrison Dr. Codd Ms. Simplis
<b>11:45 – 12:30</b>	Plenary: Detection of violence and first-line support <ul style="list-style-type: none"> <li>• Presentation &amp; Discussion</li> </ul>	Dr. Caffè Dr. N. Cal Dr. Choc
<b>12:30-1:30</b>	LUNCH	Trainees
<b>1:30-2:30</b>	Plenary: Communicating effectively with adolescents in healthcare settings <ul style="list-style-type: none"> <li>• Presentation &amp; Discussion</li> </ul>	Dr. Caffè Dr. Lambey Nrs. E. Cal
<b>2:30-3:00</b>	Plenary: Introduction to Motivational Interviewing <ul style="list-style-type: none"> <li>• Presentation</li> <li>• Q&amp;A</li> </ul>	Dr. San Roman Dr. Pakeman Ms. Larrieu
<b>3:00-4:00</b>	Role play: Motivational Interviewing <ul style="list-style-type: none"> <li>• Reflection on role play</li> </ul>	Trainees
<b>16:00</b>	Daily Wrap Up	

## Thursday, 13 July 2023

Time	Details	Participation
<b>9:00-9:15 AM</b>	Reflection day 1 & Intro to day 3	Trainees
<b>9:15-10:00</b>	Plenary: Assessment of nutritional status and management of nutrition-related disorders <ul style="list-style-type: none"> <li>• Presentation &amp; Discussion</li> </ul>	Dr. Harrison Nrs. Spencer Nrs. Montejo
<b>10:00-10:45</b>	Plenary: Assessment & management of substance use and abuse disorders in adolescents <ul style="list-style-type: none"> <li>• Presentation &amp; Discussion</li> </ul>	Dr. Harrison
<b>10:45-11:00</b>	COFFEE BREAK	
<b>11:00 AM-12:30 PM</b>	Plenary & group work: <ul style="list-style-type: none"> <li>• Management of male and female adolescent sexual &amp; reproductive health; adolescent pregnancy, HIV/STI</li> </ul>	Dr. San Roman Dr. Rubaine Nrs. Williams
<b>12:30-1:30</b>	LUNCH	
<b>1:30-3:30</b>	Plenary & group work Training others <ul style="list-style-type: none"> <li>• Adult &amp; interactive learning strategies</li> <li>• Organizing and implementing training for others</li> <li>• Maintaining the learning environment over time</li> <li>• Identification of resources and support needs</li> </ul>	Dr. Caffe Trainees
<b>3:00-4:00</b>	Small group and individual work: draft training plan	Trainees
<b>4:00-4:30</b>	Daily Wrap Up	

