

TWO GREAT PASSIONS OF MY LIFE:

Soccer and breastfeeding!



Breastmilk prepared me...



... to be a champion!

Breastmilk: First food for champions!

For the best start, your baby should receive only breastmilk for the first 6 months of life. After that, breastfeeding should continue with complementary foods for 2 years or more.

www.paho.org/childfeeding



Pan American Health Organization



World Health Organization
REGIONAL OFFICE FOR THE Americas

Soccer World Cup Brazil 2014

Group A

Brazil
Croatia
Mexico
Cameroon

Group B

Spain
Netherlands
Chile
Australia

Group C

Colombia
Greece
Côte d'Ivoire
Japan

Group D

Uruguay
Costa Rica
England
Italy

Group E

Switzerland
Ecuador
France
Honduras

Group F

Argentina
Bosnia-Herz.
Iran
Nigeria

Group G

Germany
Portugal
Ghana
USA

Group H

Belgium
Algeria
Russia
Korea Rep.

Date	Countries	Goals	
12 June	Brazil - Croatia		
13 June	Mexico - Cameroon		
13 June	Spain - Netherlands		
13 June	Chile - Australia		
14 June	Colombia - Greece		
14 June	Côte d'Ivoire - Japan		
14 June	Uruguay - Costa Rica		
14 June	England - Italy		
15 June	Switzerland - Ecuador		
15 June	France - Honduras		
15 June	Argentina - Bosnia-Herzegovina		
16 June	Iran - Nigeria		
16 June	Germany - Portugal		
16 June	Ghana - USA		
17 June	Belgium - Algeria		
17 June	Russia - Korea Rep.		
17 June	Brazil - Mexico		
18 June	Cameroon - Croatia		
18 June	Spain - Chile		
18 June	Australia - Netherlands		
19 June	Colombia - Côte d'Ivoire		
19 June	Japan - Greece		
19 June	Uruguay - England		
20 June	Italy - Costa Rica		
20 June	Switzerland - France		
20 June	Honduras - Ecuador		
21 June	Argentina - Iran		
21 June	Nigeria - Bosnia-Herzegovina		
21 June	Germany - Ghana		
22 June	USA - Portugal		
22 June	Belgium - Russia		
22 June	Korea Rep. - Algeria		
23 June	Cameroon - Brazil		
23 June	Croatia - Mexico		
23 June	Australia - Spain		
23 June	Netherlands - Chile		
24 June	Japan - Colombia		
24 June	Greece - Côte d'Ivoire		
24 June	Italy - Uruguay		
24 June	Costa Rica - England		
25 June	Honduras - Switzerland		
25 June	Ecuador - France		
25 June	Nigeria - Argentina		
25 June	Bosnia-Herzegovina - Iran		
26 June	USA - Germany		
26 June	Portugal - Ghana		
26 June	Korea Rep. - Belgium		
26 June	Algeria - Russia		
28 June	Round of 16		
28 June	Round of 16		
29 June	Round of 16		
29 June	Round of 16		
30 June	Round of 16		
30 June	Round of 16		
1 July	Round of 16		
1 July	Round of 16		
4 July	Quarter-finals		
4 July	Quarter-finals		
5 July	Quarter-finals		
5 July	Quarter-finals		
8 July	Semi-final		
9 July	Semi-final		
12 July	Third place		
13 July	FINAL		

4th Place

3rd Place

2nd Place

Champion

